

## Planet Fitness - Portland

portland

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*portland*

## *Planet Fitness - Portland*

### Exploring Planet Fitness in Portland, Tennessee

Planet Fitness, located in Portland, Tennessee, offers a welcoming and clean environment for fitness enthusiasts of all levels. Let's dive into some of the essential features and experiences that define this gym.

#### Accessibility Features

One of the notable aspects of Planet Fitness Portland is its **\*\*wheelchair-accessible entrance\*\*** and **\*\*car park\*\***, ensuring that everyone can access the facilities comfortably. This commitment to **\*\*accessibility\*\*** allows

individuals with mobility challenges to enjoy their workout experience without barriers.

## **Facility Overview**

The gym boasts a **\*\*shower\*\*** area and locker rooms that are well-maintained, providing members with the necessary amenities to freshen up post-workout. Many reviews highlight the cleanliness of these facilities, which adds to the overall positive atmosphere of the gym.

## **Membership Requirements**

A **\*\*membership is required\*\*** to utilize the gym's facilities, and many patrons find that the prices are reasonable compared to other gyms in the area. Members can opt for different plans, including options that provide access to additional services like tanning and hydromassage. Many reviews express satisfaction with the affordability of memberships, particularly the **\*\*\$10 a month\*\*** plan for basic access.

## **Atmosphere and Energy**

The **\*\*atmosphere\*\*** at Planet Fitness is generally described as friendly and non-intimidating, making it a great spot for beginners and experienced gym-goers alike. Reviews often praise the staff for being professional, polite, and knowledgeable. However, some visitors have noted issues with overcrowding during peak hours, which can lead to waiting times for popular machines.

## **Planning Your Visit**

If you're planning a visit to Planet Fitness Portland, it's advisable to choose times when the gym is less busy. While many appreciate the gym's cleanliness and equipment availability, some reviews mention that limited machines can lead to wait times during peak hours. Many members recommend going at off-peak times for a smoother experience. Although the gym used to offer 24/7 access, it is no longer open around the clock, which has disappointed some members who preferred that convenience.

## **Conclusion**

Overall, Planet Fitness in Portland, Tennessee, presents a solid choice for those seeking a clean, accessible, and non-judgmental environment for fitness. With a friendly staff and essential amenities, it's a great place to work on your physical health while feeling supported. Just remember to plan your visits accordingly to avoid crowds and make the most of your membership experience!

**The location of our business is in**

112 W Knight St, 37148 Portland, Tennessee - United States (US)

The contact line of the respective **Gym** is +1615-802-1515  
And if you want to send a WhatsApp, you can do so at +1615-802-1515

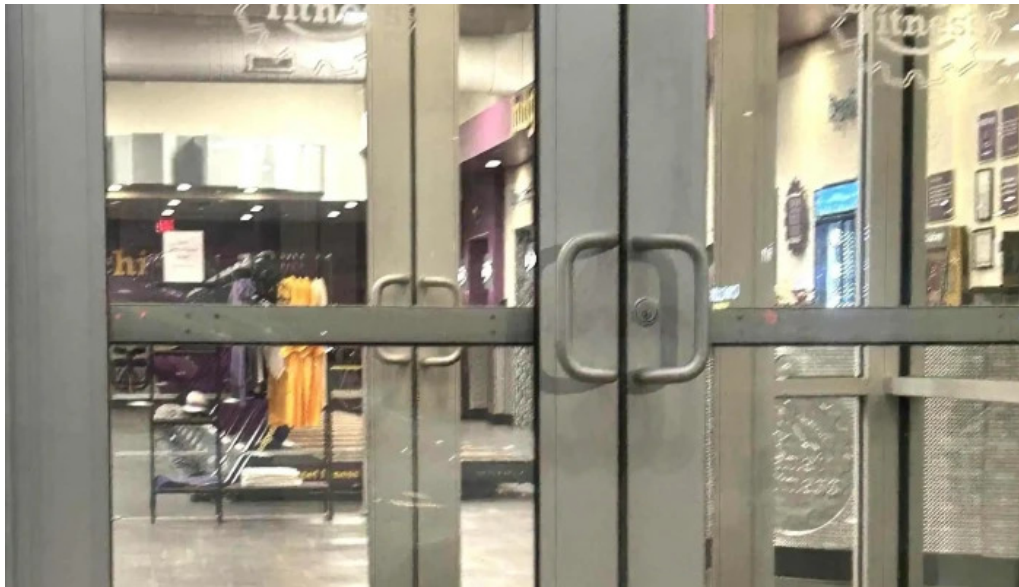
## **We look forward to seeing you at:**

Day	Hours
Monday	Open 24 hours
Tuesday	Open 24 hours
Wednesday	Open 24 hours
Thursday	12?AM–10?PM
Friday	6?AM–9?PM
Saturday	6?AM–9?PM
Sunday	5?AM–12?AM

The website is Planet Fitness

If you wish to alter any element that you feel is not precise regarding this web, we ask send us a message so that we will fix it at the earliest convenience. Thank you in advance thanks.

## **Images**



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## Tags

*Atmosphere, Accessibility, Planning, Shower, Membership required, Wheelchair-accessible car park, Wheelchair-accessible entrance*

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academic department
acupuncture clinic
after school program
amusement center
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apartment building
apartment complex
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
college
community center



convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school

kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club

software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
tanning salon
tennis club
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