

Fitness Forever Pahoa - P?hoa

p?hoa

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p?hoa

Fitness Forever Pahoa - P?hoa

Fitness Forever Pahoa: A Premier Gym Experience in P?hoa, Hawaii

Fitness Forever Pahoa stands out as a ****women-owned**** gym that caters to all fitness enthusiasts in the community. With its welcoming atmosphere and extensive amenities, this gym has become a favorite for many locals and visitors alike.

Accessibility and Parking

For those planning their visit, Fitness Forever offers ****on-site parking**** with a ****wheelchair-accessible car park****, ensuring that everyone can easily access

the facility. The gym features a ****wheelchair-accessible entrance****, making it convenient for all members of the community.

A Range of Amenities

The gym is equipped with a variety of amenities that enhance the workout experience. Members can enjoy clean showers, a sauna, and a steam room—perfect for unwinding after an intense workout. The gym also provides ****private bathrooms**** and organized studio spaces for classes. Customers appreciate the cleanliness and maintenance of the equipment and shared spaces, ensuring a pleasant environment.

Classes and Training Options

Fitness Forever Pahoia requires membership for access, which includes a diverse range of ****online classes**** and personal training options. Members highlight the positive experiences they have had with trainers, particularly Tuck, whose enthusiasm and expertise make workouts enjoyable and effective. For those who prefer group settings, various fitness classes are offered throughout the week, allowing members to engage with the community.

A Welcoming Atmosphere

One of the standout features of Fitness Forever is its friendly and supportive staff. Many patrons express their appreciation for the staff's ability to create a positive atmosphere where everyone feels welcome. The gym is known for being ****LGBTQ+ friendly**** and fostering a sense of community among its members. Reviews mention that the gym tends to be less crowded compared to others on the island, providing a comfortable space for workouts.

Membership and Pricing

While some members find the membership prices on the higher side, the value provided—such as access to unlimited use of saunas and steam rooms, as well as included classes—make it worthwhile for many. Visitors can purchase a day pass, costing \$21, which allows them to experience the facilities without committing to a membership immediately.

Conclusion: Your Home for Fitness in P?hoa

In conclusion, Fitness Forever Pahoia is more than just a gym; it is a community hub for health and wellness. With its commitment to cleanliness, a supportive environment, and a wide array of amenities, it truly represents a ****happy place**** for fitness enthusiasts in P?hoa. Whether you're looking to lift weights, join a class, or relax in the sauna, Fitness Forever welcomes everyone to embark on their fitness journey together.

The business is situated at

15-2714 Pahoia Village Rd Sute K2, 96778 P?hoa, Hawaii - United States (US)

The phone of the mentioned **Gym** is +1808-965-5490

And if you want to send a WhatsApp, you can do so at +1808-965-5490

Our service hours are:

Day	Hours
Monday	4?AM–11?PM
Tuesday	4?AM–11?PM
Wednesday	4?AM–11?PM
Thursday	6?AM–8?PM
Friday	6?AM–8?PM
Saturday	4?AM–11?PM
Sunday	4?AM–11?PM

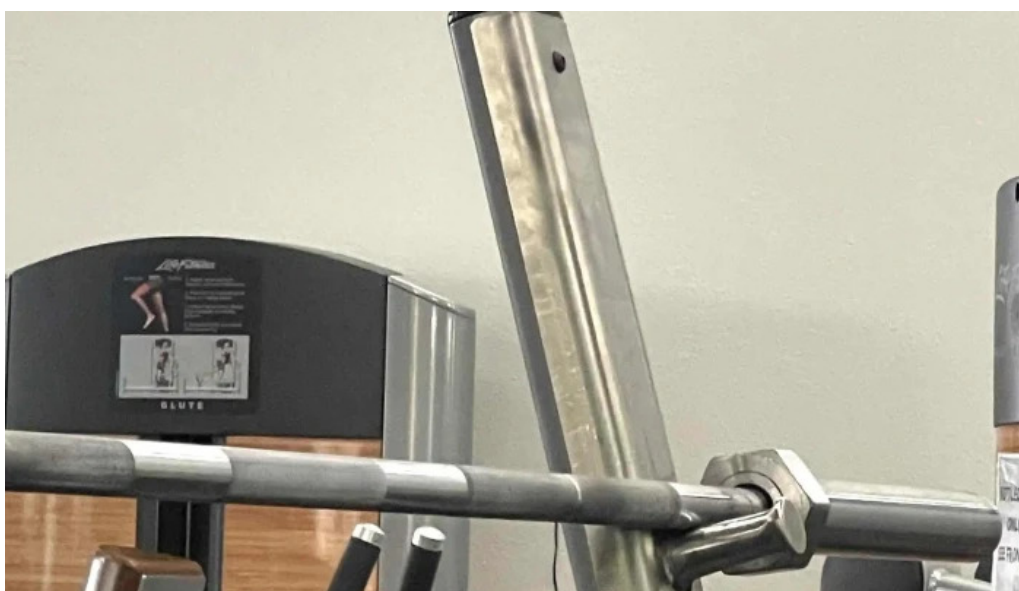
The website is Fitness Forever Paho

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Tags

Accessibility, Sauna, Wheelchair-accessible entrance, Service options, On-site parking, Atmosphere, Online classes, Membership required, LGBTQ+ friendly, Crowd, Parking, Wheelchair-accessible car park, Identifies as women-owned, On-site services, From the business, Shower, Planning, Amenities

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