

Electro Fitness: Best Electro Fitness

### Gold's Gym - Riverdale Park - Riverdale

riverdale



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## riverdale

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## Gold's Gym - Riverdale Park: A Comprehensive Overview

If you're considering Gold's Gym located in Riverdale Park, Maryland, this article aims to provide an insightful look into the facilities, atmosphere, and overall experience based on various member reviews.

## **Planning Your Visit**

Before heading over to Gold's Gym, it's essential to understand their policies, especially regarding membership changes. \*\*Membership required\*\* at this gym can be a bit complex; members have reported that changing your membership tier requires cancellation of your current plan, leading to additional activation fees. This procedure has been a source of frustration for many, prompting some to suggest looking into other gyms in the area.

#### **Amenities Galore**

Gold's Gym - Riverdale Park boasts an array of \*\*amenities\*\* designed to enhance your workout experience: - \*\*Wi-Fi Connectivity\*\*: Stay connected during your workouts. - \*\*Showers\*\*: Freshen up post-workout with clean shower facilities. - \*\*Sauna\*\*: Unwind after an intense workout in their sauna, although some members have suggested it could be hotter. - \*\*Wheelchair-accessible car park & entrance\*\*: The gym is committed to \*\*accessibility\*\*, ensuring facilities are available for everyone, including those requiring wheelchair access.

### **Atmosphere and Community**

The atmosphere at Gold's Gym is often described as friendly and welcoming. Many reviews highlight the positive interactions among staff and members, contributing to a supportive community feel. However, there are mixed feelings about the professionalism of the staff. Some individuals praised the manager's engagement while others cited issues with rudeness and lack of respect from certain team members.

## **Customer Service Challenges**

Many users have expressed their concerns about customer service. Complaints include difficulties in managing memberships and unexpected charges appearing on statements. It's crucial to be sharp about what you're signing up for to avoid complications down the line. This is particularly important because you must manage cancellations and holds in person, which can be inconvenient.

## Member Experiences

Positive experiences at Gold's Gym often center around the equipment and the professional trainers. Users rave about the high-quality machines, effective workout sessions, and the cleanliness of the gym. Personal trainers like Duriel Chandler have garnered rave reviews, showcasing their ability to transform fitness journeys. However, several negative reviews highlight billing issues and the complexity of the contract terms. Members have reported unauthorized charges and difficulties in canceling memberships. It's essential to scrutinize all terms carefully and stay informed about any changes to your account.

#### Conclusion

Gold's Gym - Riverdale Park presents a blend of excellent facilities, a supportive atmosphere, and experienced trainers. Yet, prospective members should approach their \*\*planning\*\* with caution, particularly concerning billing practices and membership policies. Whether you're drawn by the extensive amenities or the vibrant community, it's advisable to stay vigilant about your membership terms to ensure a smooth fitness journey.

#### Our premises are located at

4595 Woodberry St, 20737 Riverdale, Maryland - United States (US)

The contact phone of the mentioned **Gym** is <u>+1240-238-3875</u> And if you want to send a WhatsApp, you can do so at<u>+1240-238-3875</u>

### We are open during the following hours:

Day Hours
Monday
7?AM-7?PM
Tuesday
7?AM-7?PM
Wednesday
5?AM-11?PM
Thursday
5?AM-11?PM
Eriday
5?AM-11?PM
Saturday
5?AM-11?PM
Sunday
5?AM-10?PM

The website is Gold's Gym - Riverdale Park

In case you want to adjust any data that you feel is not accurate concerning this site, we ask send a message and we will correct it promptly. In advance thanks.

## **Images**

\$ 20.00

Late/Svc Fees:

\$

.00

Cancellation fee:

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Planning, Shower, Sauna, Accessibility, Wi-Fi, Amenities, Wheelchair-accessible car park, Membership required, Wheelchair-accessible entrance, Atmosphere

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