

## Gold's Gym - Rockville (Town Square) - Rockville

rockville

☐ I'm not a robot
 

Published on: 23/04/25	Hits: 1710
Comments: 0	See comments
Votes: 171	Score: 3.4

[https://www.electrofitness.com/gym/rockville/gold-s-gym-rockville-town-square-rockville\\_219978.php](https://www.electrofitness.com/gym/rockville/gold-s-gym-rockville-town-square-rockville_219978.php)



rockville

## Gold's Gym - Rockville (Town Square) - Rockville

### Gold's Gym - Rockville (Town Square): A Comprehensive Overview

Gold's Gym located in Rockville, Maryland, is a notable fitness establishment situated in the vibrant Town Square area. This article will explore various aspects of the gym including its **amenities**, accessibility features, and overall atmosphere based on user experiences.

### Accessibility and Amenities

Gold's Gym provides a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, ensuring that all members and guests can enjoy the facilities without hindrance. The gym also offers complimentary **Wi-Fi**, allowing users to stay connected during their workouts. However, it's essential to note that **membership is required** to access the facilities.

## Facilities and Equipment

The gym is equipped with a variety of workout equipment, although some users have mentioned that the gear is older and shows signs of wear. While there are essential amenities such as a **sauna** and **showers**, the conditions of these facilities have raised concerns among some members. In particular, the sauna has been noted to reach only 160 degrees, which some find less than ideal compared to other gyms offering higher temperatures.

## Customer Experience and Atmosphere

The atmosphere at Gold's Gym - Rockville can vary significantly based on individual experiences. While some reviews highlight friendly and helpful staff, others point to a lack of enthusiasm and professionalism among certain employees. For instance, one customer shared a frustrating encounter with front desk staff who appeared unhelpful and dismissive. This inconsistency affects the overall **atmosphere** of the gym, which should ideally be welcoming and encouraging for all members.

## Maintaining Cleanliness and Comfort

Maintenance issues have been mentioned frequently, particularly regarding the gym's HVAC system, which reportedly has failed to function during hot summer months. Users have expressed discomfort due to high temperatures, making workouts challenging. Additionally, some locker room facilities have not met cleanliness standards, contributing to an overall unsatisfactory experience for some members. To improve the situation, management could prioritize addressing these **accessibility** and maintenance concerns.

## Conclusion

In summary, Gold's Gym - Rockville offers essential facilities and a range of amenities for fitness enthusiasts. However, inconsistencies in equipment quality, customer service, and overall cleanliness may deter potential members. To maintain its reputation, it is crucial for the gym to address these concerns and foster a more welcoming environment for all clients.

**The address of our establishment is**

26 Maryland Ave, 20850 Rockville, Maryland - United States (US)

The phone of the mentioned **Gym** is +1301-637-0030

And if you want to send a WhatsApp, you can do so at +1301-637-0030

### **We open at the following schedule:**

Day	Hours
Monday	7?AM–7?PM
Tuesday	7?AM–7?PM
Wednesday	5?AM–11?PM
Thursday	5?AM–11?PM
Friday	5?AM–11?PM
Saturday	5?AM–11?PM
Sunday	5?AM–10?PM

The website is Gold's Gym - Rockville (Town Square)

If necessary to alter any element that you consider is not correct concerning this site, we urge you to send a message so that we will fix it as soon as possible. Thanks beforehand thank you very much.

## **Images**



*Golds gym rockville town square videos*



*Golds gym rockville town square street view 360deg*





*Golds gym rockville town square rockville*



*Golds gym rockville town square rockville town square*

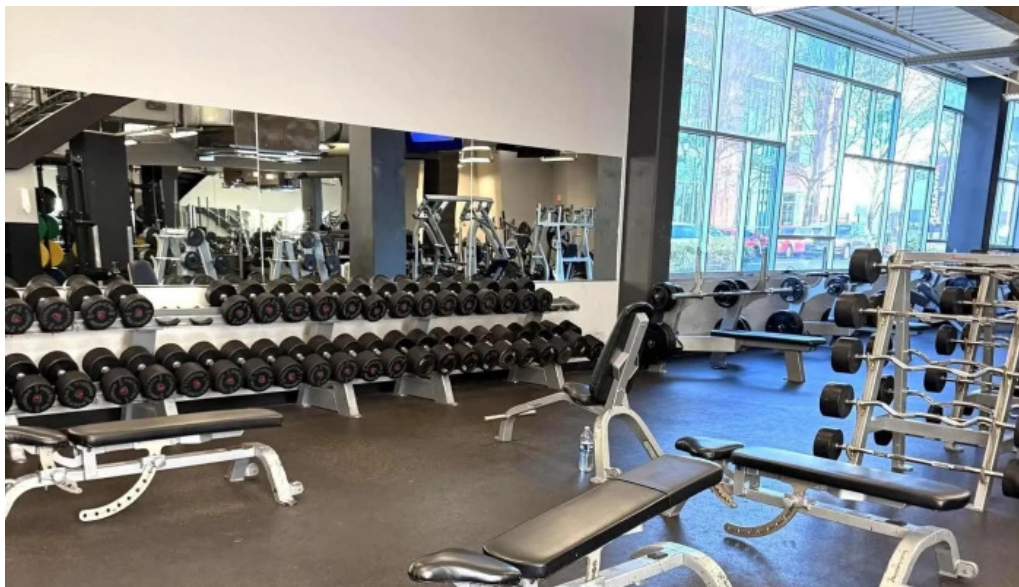


*Golds gym rockville town square promotion*

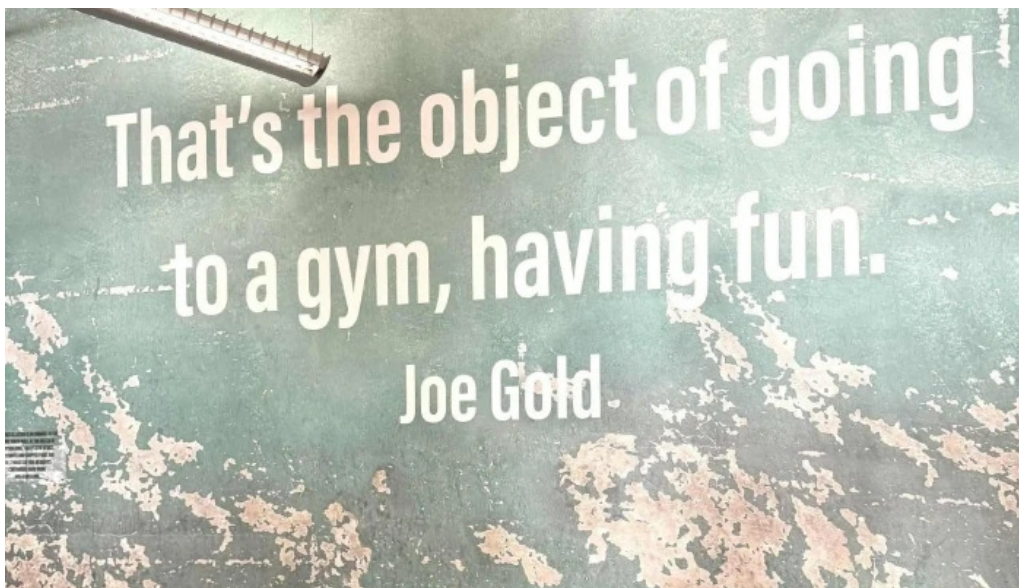


*Golds gym rockville town square prices*

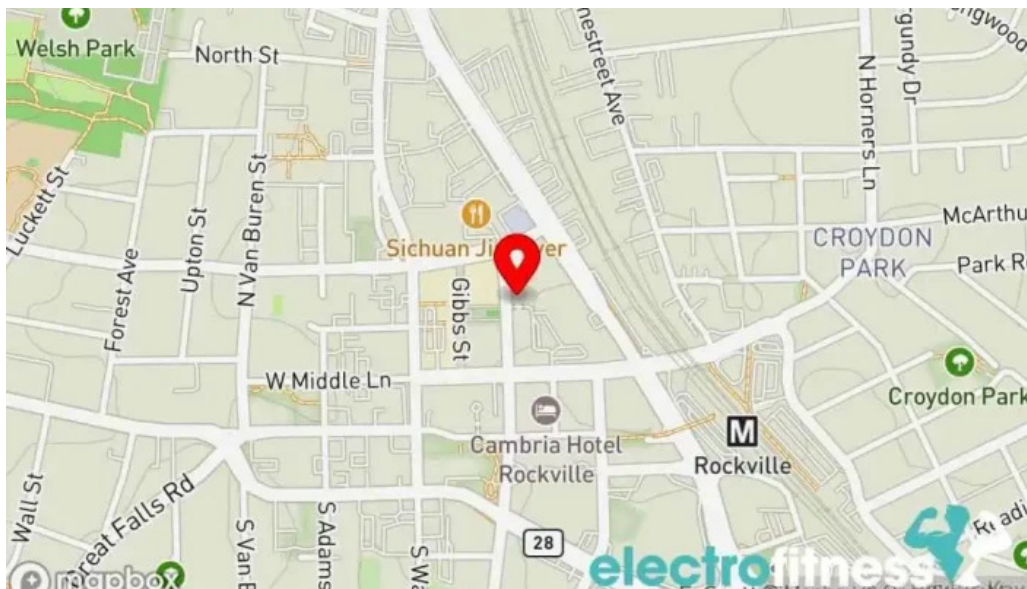




*Golds gym rockville town square phone*



*Golds gym rockville town square open now*



*Golds gym rockville town square map*



*Golds gym rockville town square gym*

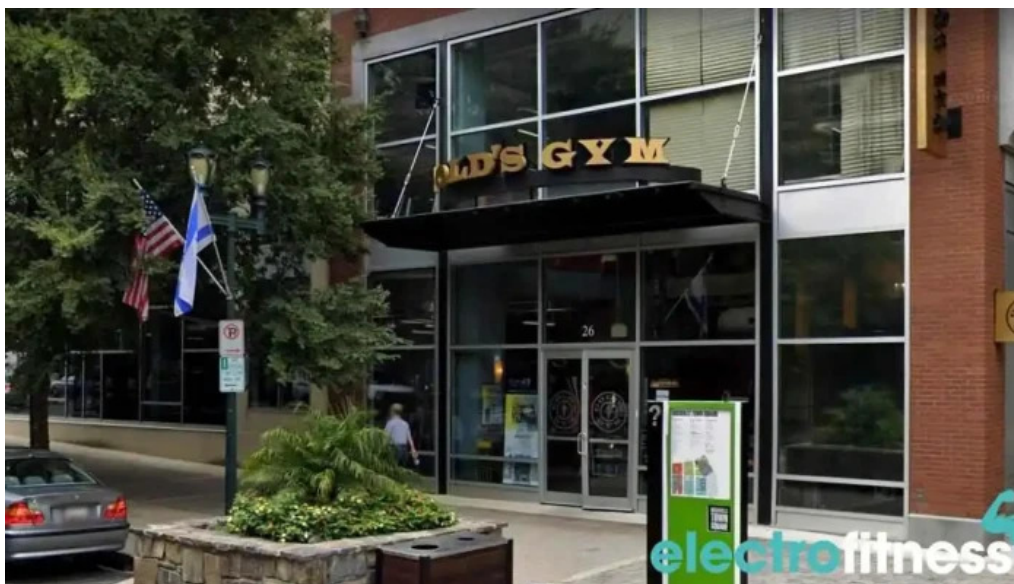




*Golds gym rockville town square by owner*



*Golds gym rockville town square all*



*Gold s gym rockville town square rockville*

## Tags

*Shower, Planning, Atmosphere, Wi-Fi, Sauna, Amenities, Wheelchair-accessible car park, Wheelchair-accessible entrance, Accessibility, Membership required*

## Related content

---

**4.1 \*** *Gold's Gym - Capitol Heights*

---

**4.0 \*** *Gold's Gym - Pharr*

---

**5.0 \*** *Troybuilt Fitness - Town Of Pines*

---

**4.4 \*** *Hotworx - Highlands Ranch, Co - Highlands Ranch Town Center - Highlands Ranch*

---

**4.4 \*** *Planet Fitness - Amsterdam*

---

**3.4 \*** *24 Hour Fitness - Walnut Creek*

---

**4.1 \*** *In-Shape Fitness - Antioch*

---

**4.3 \*** *Georgia Fitness Acworth - Acworth*

---

**4.2 \*** *In-Shape Fitness - Concord*

---

**3.7 \*** *One More Gym - Kokomo*

## Categories

academic department
acupuncture clinic
amusement park ride
animal feed store
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor
country club
coworking space
dance school
day spa
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
food producer
golf club
golf course
golf instructor
grocery store
gym
gymnastics center
hair salon



health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex

sports medicine clinic
sports school
summer camp organizer
supermarket
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
yoga studio
youth organization