

Onelife Fitness - Pike & Rose - Rockville

rockville



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rockville

Onelife Fitness - Pike & Rose - Rockville

Discover OneLife Fitness - Pike & Rose in Rockville, Maryland

OneLife Fitness - Pike & Rose stands out as one of the premier gym facilities in the Rockville area, offering an extensive range of amenities designed to enhance your fitness journey. Whether you are a seasoned athlete or just starting on your fitness path, this facility meets diverse needs with its modern offerings.

Child Care Services

A significant advantage of OneLife Fitness is its ****child care services****.

Parents can enjoy their workouts knowing that their children are being cared for in a fun and engaging environment. Staff members are experienced and ensure a welcoming atmosphere, allowing parents to focus on their fitness goals without worry.

Amenities That Enhance Your Workout Experience

OneLife Fitness provides several **amenities** that contribute to an enjoyable workout experience: - **Sauna:** Perfect for relaxation and muscle recovery after an intense workout. - **Showers:** Clean and spacious, equipped with essential toiletries for convenience. - **Massage Chairs:** For post-workout relaxation, helping you unwind and de-stress. These additional features create a more enjoyable and comprehensive approach to fitness.

Outdoor Services and Atmosphere

The gym also boasts **outdoor services**, including a turf area for boot camp-style workouts, allowing members to take advantage of nice weather while staying active. The overall **atmosphere** at OneLife Fitness is inviting, fostering a friendly and respectful environment where everyone feels comfortable exercising.

Accessibility Features

Conveniently located, the gym offers a **wheelchair-accessible entrance** and **car park**, ensuring that all members can access the facilities with ease. This commitment to **accessibility** showcases OneLife Fitness's dedication to creating an inclusive space for everyone.

Wi-Fi and Service Options

Stay connected while you work out with complimentary **Wi-Fi** available throughout the facility. OneLife Fitness also offers various **service options**, including personal training sessions and a wide range of group classes, appealing to members of all fitness levels.

Membership Requirements and Planning

In order to utilize the full offerings of OneLife Fitness - Pike & Rose, a **membership** is required. While there may be higher cancellation fees associated with contracts, many members find value in the supportive community and quality services provided. It is advisable to approach your **planning** by thoroughly reading membership terms to avoid any surprises.

Final Thoughts

Overall, OneLife Fitness - Pike & Rose emerges as an excellent choice for those looking to improve their fitness in Rockville, Maryland. With its comprehensive amenities, child care services, accessibility features, and welcoming atmosphere, it caters to a diverse clientele. If you're searching for a

fitness hub that prioritizes member satisfaction and community values, OneLife Fitness is worth considering.

Our business is at

11594 Old Georgetown Rd, 20852 Rockville, Maryland - United States (US)

The phone of the respective **Gym** is +1301-245-3908

And if you want to send a WhatsApp, you can do so at +1301-245-3908

We are open during the following hours:

Day	Hours
Monday	7?AM–6?PM
Tuesday	8?AM–6?PM
Wednesday	5?AM–11?PM
Thursday	5?AM–11?PM
Friday	5?AM–11?PM
Saturday	5?AM–11?PM
Sunday	5?AM–9?PM

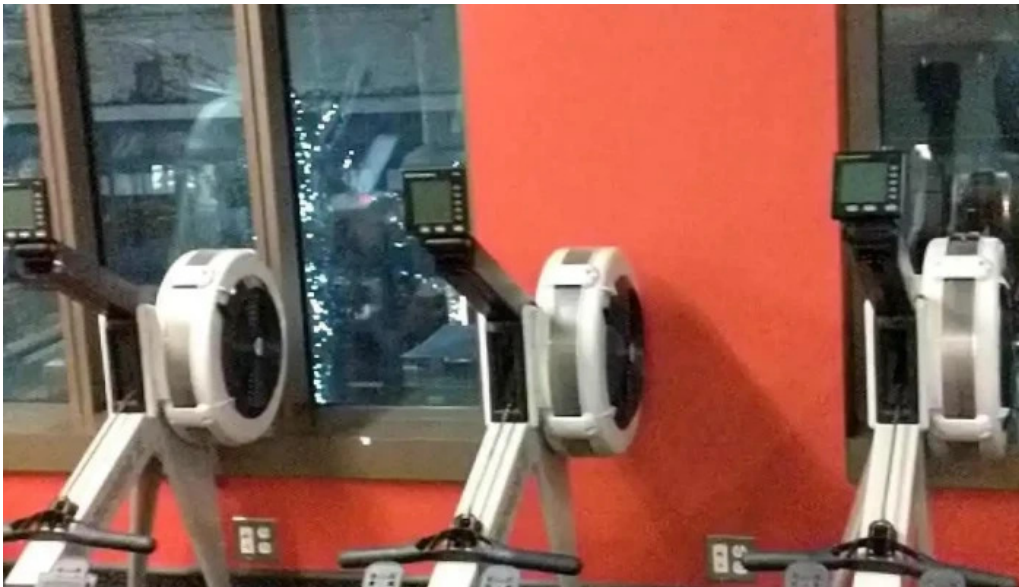
The website is Onelife Fitness - Pike & Rose

If you wish to alter any data that you feel is not accurate concerning this page, please forward a message and we will adjust it at the earliest convenience. With anticipation thank you very much.

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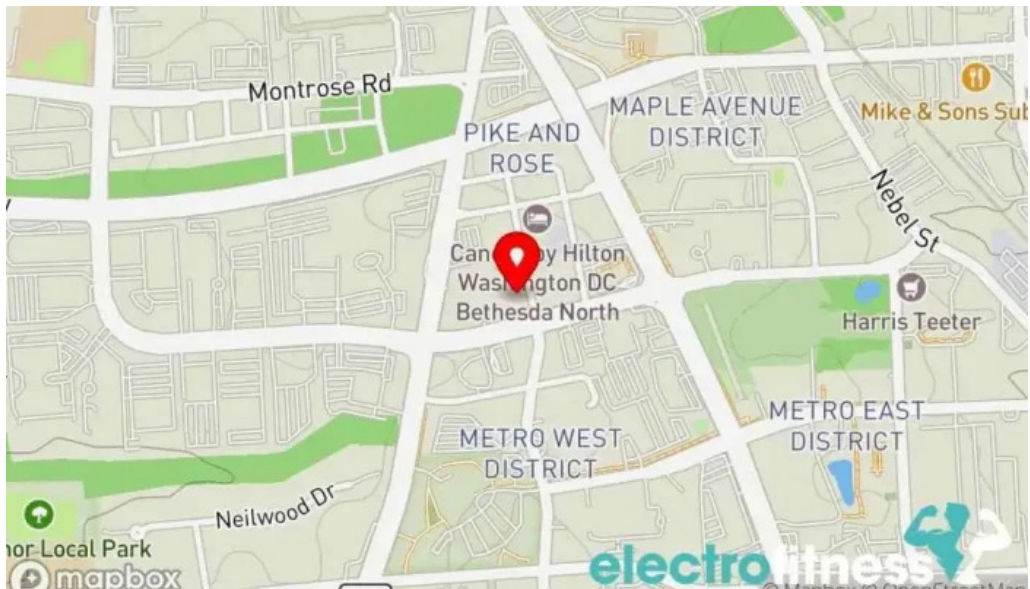
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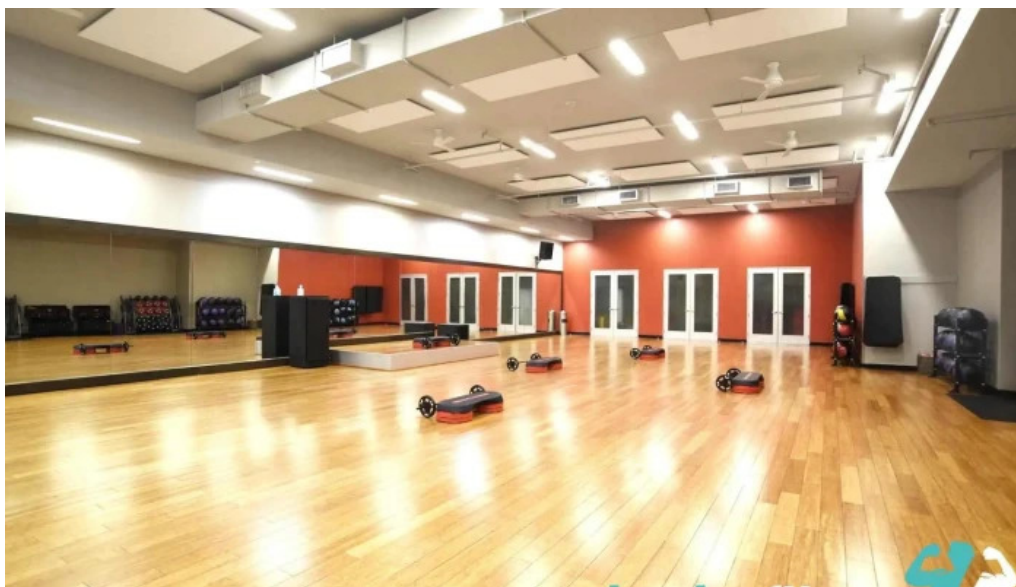
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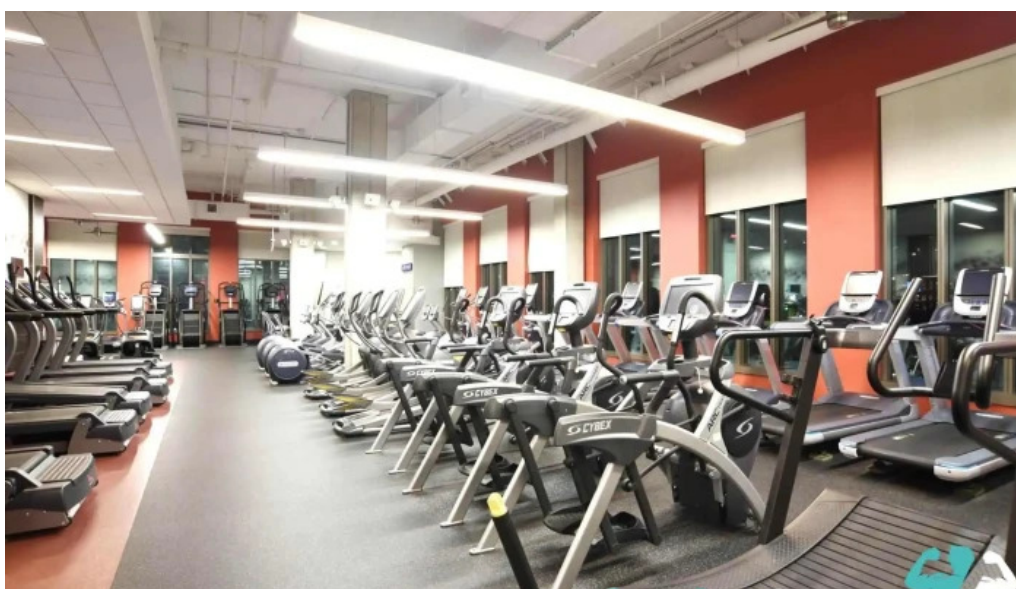
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Onelife fitness pike rose gym



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Tags

Wheelchair-accessible car park, Planning, Atmosphere, Sauna, Accessibility, Wi-Fi, Service options, Membership required, Outdoor services, Wheelchair-accessible entrance, Child care, Amenities, Shower

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