

## 24 Hour Fitness - Sacramento

sacramento



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*sacramento*

## 24 Hour Fitness - Sacramento

### Explore 24 Hour Fitness in Sacramento, California

If you're looking for a gym that offers a variety of amenities, a welcoming atmosphere, and excellent service, look no further than **\*\*24 Hour Fitness\*\*** in downtown Sacramento. This gym has become a favorite among locals for its comprehensive **\*\*offerings\*\*** and community-centered approach.

### Amenities That Elevate Your Experience

At 24 Hour Fitness, you'll find a range of **\*\*amenities\*\*** designed to enhance your workout experience. The facility features a **\*\*swimming pool\*\***, **\*\*sauna\*\***,

and even a **“basketball court”**, making it perfect for both fitness enthusiasts and those seeking some recreational fun. Additionally, members can enjoy a **“wheelchair-accessible entrance”** and **“car park”**, ensuring everyone has the opportunity to stay active. The gym provides seamless **“Wi-Fi”** access throughout the facility, allowing you to stay connected while working out or catching up on your favorite shows during cardio.

## **Community Atmosphere and Supportive Staff**

One of the standout features of this location is its positive **“atmosphere”** fostered by the staff. Members consistently praise their friendly demeanor and willingness to assist with any inquiries. The cleaning crew works diligently to maintain cleanliness, ensuring that the locker rooms and gym floor are in pristine condition. In particular, staff members like Ashley and Manny have received accolades for their dedication to member satisfaction and proactive service options. “I appreciate how the gym floor is always stocked with cleaning supplies,” says one satisfied member. “If you want a gym that challenges you while making you feel comfortable, this is your place!”

## **Membership Required for Access**

It's important to note that a **“membership is required”** to access all of the incredible amenities at 24 Hour Fitness. However, many members feel that the investment is well worth it, particularly considering the upgraded equipment and ongoing improvements made to the gym.

## **Focus on Accessibility and Planning**

Accessibility is a core principle at 24 Hour Fitness. The gym ensures that its facilities are inclusive, with **“wheelchair-accessible”** features available for all members. This reflects the gym's commitment to supporting individuals at every fitness level and ensuring a welcoming environment. As part of your workout planning, consider utilizing personal training services offered at the gym. Trainers work with you to create customized plans tailored to your fitness goals, making it easier to stay motivated and on track.

## **On-Site Services for Convenience**

In addition to impressive workout facilities, 24 Hour Fitness also boasts on-site services such as a Nutrishop, providing easy access to supplements and health products that can further support your fitness journey. Despite some feedback regarding cleanliness and equipment maintenance, management has shown a commitment to improvement. Continuous upgrades and the presence of attentive team members contribute to creating a well-rounded gym experience.

## **Final Thoughts**

Overall, 24 Hour Fitness in Sacramento is a fantastic choice for anyone seeking a fully-equipped gym with a vibrant **“community atmosphere”**. The

combination of excellent **\*\*service options\*\***, diverse **\*\*offerings\*\***, and a focus on accessibility makes it a standout facility. Whether you're using the swimming pool, taking advantage of the sauna, or enjoying a game of basketball, you'll find everything you need to achieve your fitness goals at this 24 Hour Fitness location. So why wait? Join this supportive community and embark on your fitness journey today!

### **We are positioned at**

1020 7th St, 95814 Sacramento, California - United States (US)

The contact line of this **Gym** is +1916-658-1626

And if you want to send a WhatsApp, you can do so at +1916-658-1626

### **Our service hours are:**

Day	Hours
Monday	5?AM–11?PM
Tuesday	5?AM–11?PM
Wednesday	5?AM–11?PM
Thursday	5?AM–11?PM
Friday	5?AM–11?PM
Saturday	5?AM–11?PM
Sunday	5?AM–11?PM

The website is 24 Hour Fitness

If you require to change any information that you feel is not accurate concerning this web, we ask forward a message so we can we will fix it promptly. In advance we appreciate it.

## **Images**

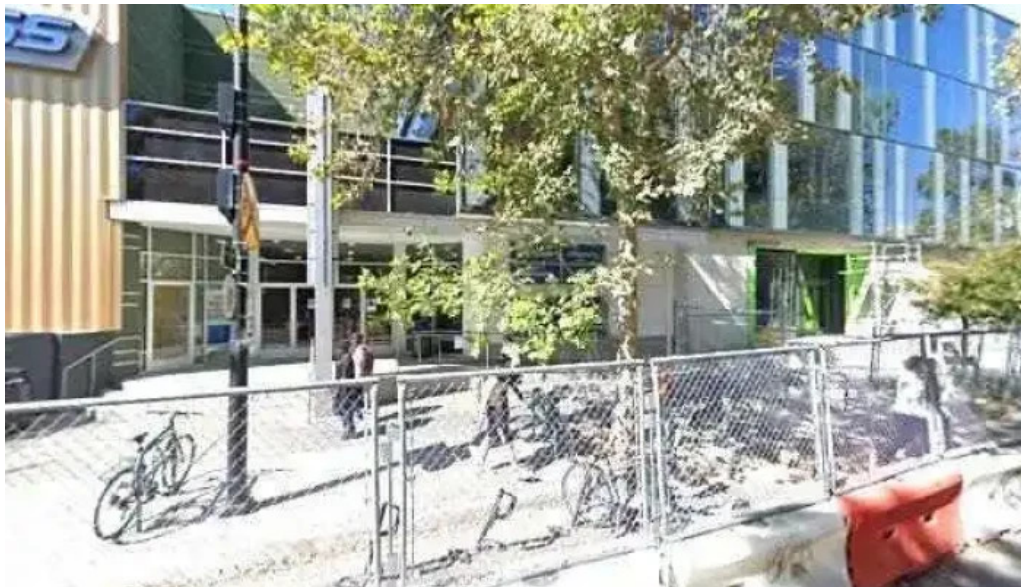


*24 hour fitness website*



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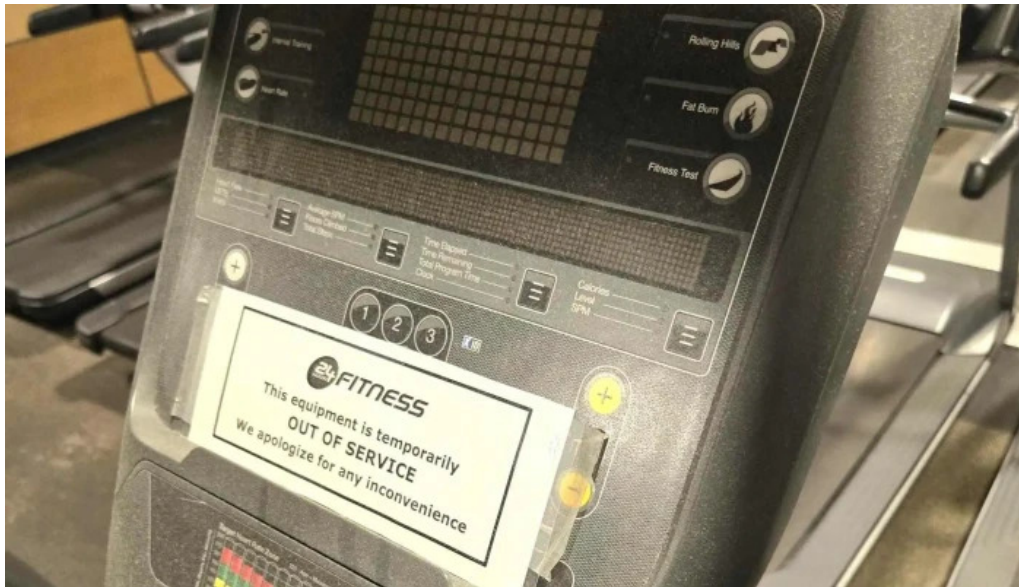




*24 hour fitness street view 360deg*



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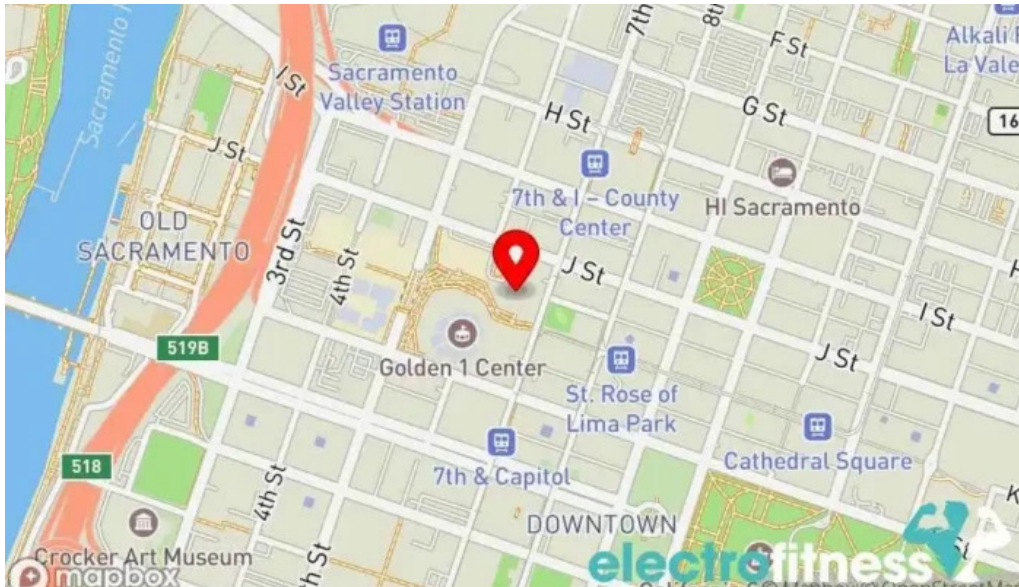


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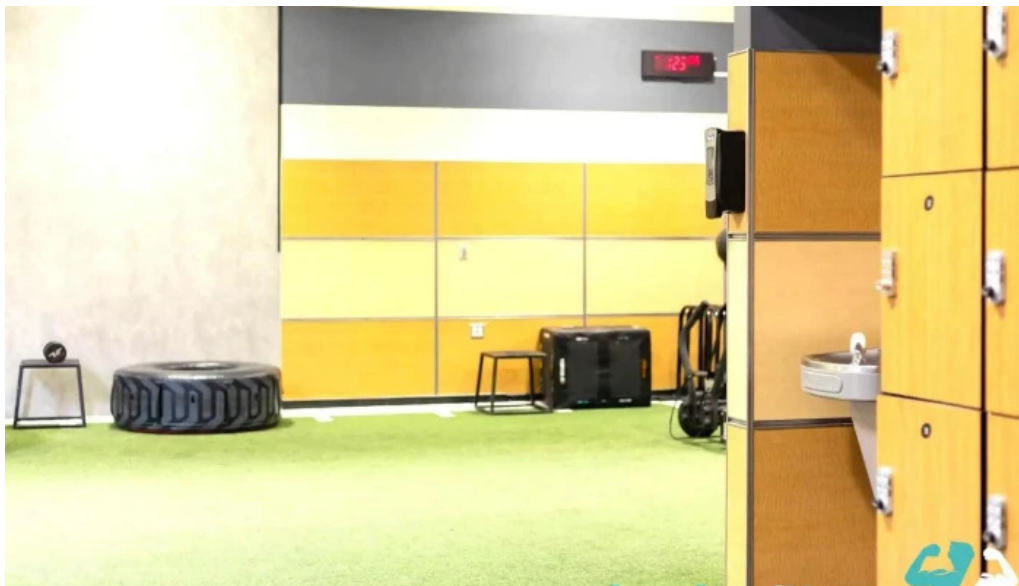


*24 hour fitness gym*





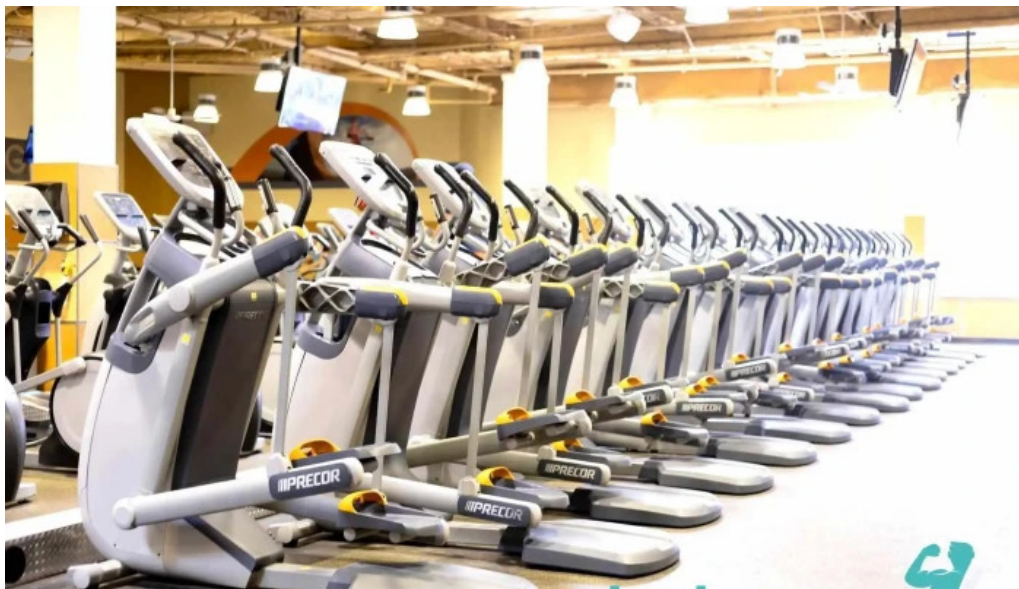
*24 hour fitness exercise machine*



*24 hour fitness by owner*



*24 hour fitness area*



*24 hour fitness all*

## Tags

*Atmosphere, Shower, Swimming pool, Wi-Fi, Wheelchair-accessible car park, Service options, Accessibility, Amenities, Basketball court, Wheelchair-accessible entrance, Planning, Offerings, On-site services, Sauna, Membership required*

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