

24 Hour Fitness - Sacramento

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24 Hour Fitness: A Comprehensive Review of Accessibility and Amenities in Sacramento, California

Located in the heart of Sacramento, **24 Hour Fitness** has become a popular choice for fitness enthusiasts seeking a convenient workout experience around the clock. The facility offers a variety of **amenities** designed to cater to diverse training needs and preferences, but recent reviews highlight areas that require attention.

Accessibility Features

This gym boasts a **wheelchair-accessible entrance** and **wheelchair-accessible toilet** facilities, making it accommodating for members with disabilities. Additionally, the **wheelchair-accessible car park** ensures that all patrons can navigate the space comfortably. However, some visitors have reported issues with maintenance that could hinder overall accessibility.

Sporting Facilities

The inclusion of a **basketball court** as part of the offerings is a significant draw for many members. Despite its appeal, there have been complaints regarding the frequent closure of this facility, which impacts those who primarily join for access to basketball. Members have expressed frustration that the gym does not always operate as implied by its name, especially when certain amenities are not available for use.

Additional Amenities

In addition to the basketball court, 24 Hour Fitness features a **swimming pool**, a **sauna**, and various **on-site services** such as personal training sessions. Despite these appealing options, numerous reviews indicate a decline in the cleanliness and maintenance of several facilities, including the bathrooms and equipment.

Cleanliness and Maintenance Concerns

Feedback from patrons reveals a concerning trend in the upkeep of the gym. Reports of dirty equipment, moldy showers, and unkempt locker rooms have surfaced. Several members specifically cited the need for thorough cleaning, especially in the **toilet** areas and **shower** facilities. The lack of regular sanitization appears to detract from the overall atmosphere of the gym.

Community and Atmosphere

While many reviews highlight the enthusiastic instructors and friendly staff, other patrons emphasize a disconnect in customer service. Positive experiences often mention staff members who are helpful and knowledgeable, enhancing the welcoming vibe. However, experiences can vary greatly depending on the time of day and the current staffing levels.

Membership Requirements

A **membership** is required to access 24 Hour Fitness, and potential new

members are encouraged to explore their options thoroughly. Some visitors praised the customer service they received during the sign-up process, noting helpful representatives who were eager to provide tours of the facilities.

Future Improvements Needed

The recurring theme in many reviews is a call for urgent improvements. Patrons suggest that management needs to prioritize maintaining equipment, ensuring cleanliness, and providing an inviting environment for all users. Upgrading machines and renovating facilities could significantly enhance the user experience.

Conclusion

In summary, while **24 Hour Fitness** in Sacramento offers a range of amenities suited for various fitness goals, ongoing issues related to cleanliness and maintenance pose significant drawbacks for members. For those seeking a reliable gym experience, potential patrons should weigh these factors before committing to a membership.

You can visit us at the address:

8785 Center Pkwy, 95823 Sacramento, California - United States (US)

The contact line of said **Gym** is +1916-688-8733

And if you want to send a WhatsApp, you can do so at +1916-688-8733

We are available at these times:

Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours

Sunday
Open 24 hours

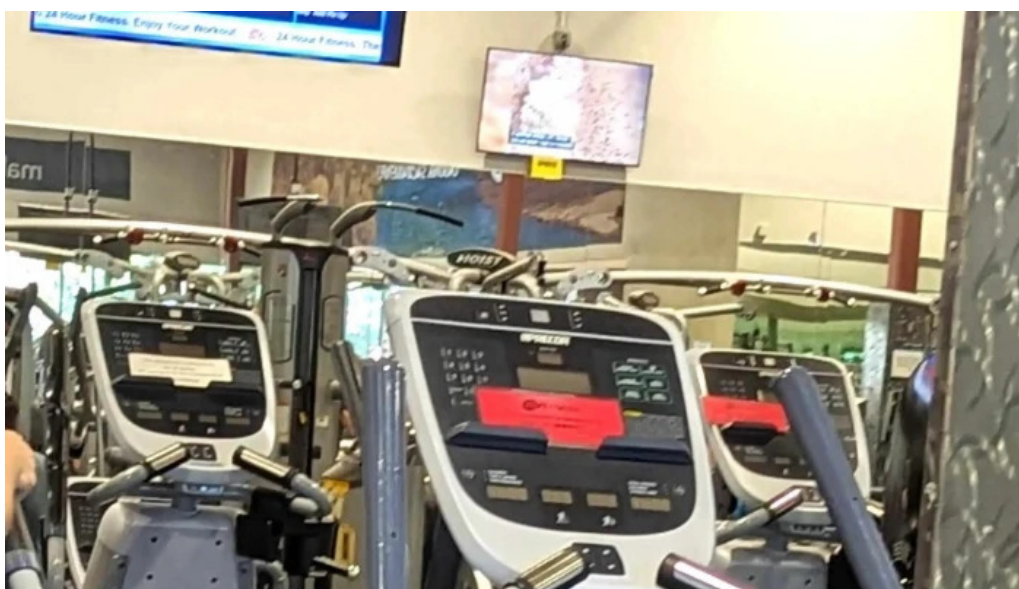
The website is [24 Hour Fitness](#)

If you need to update any information that you believe is not correct about this web, we kindly request forward a message so we can we will fix it at the earliest convenience. Thank you in advance thank you very much.

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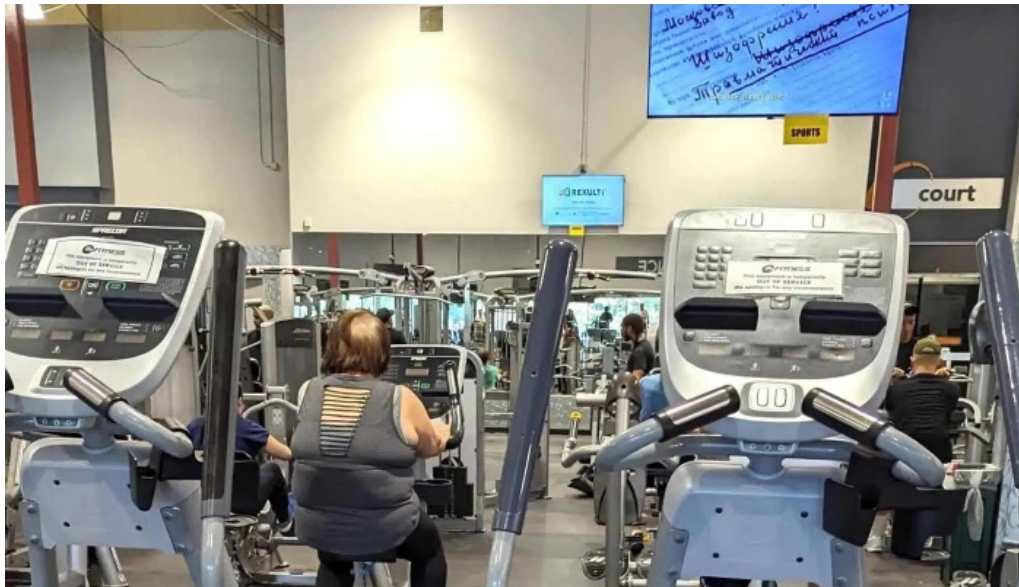
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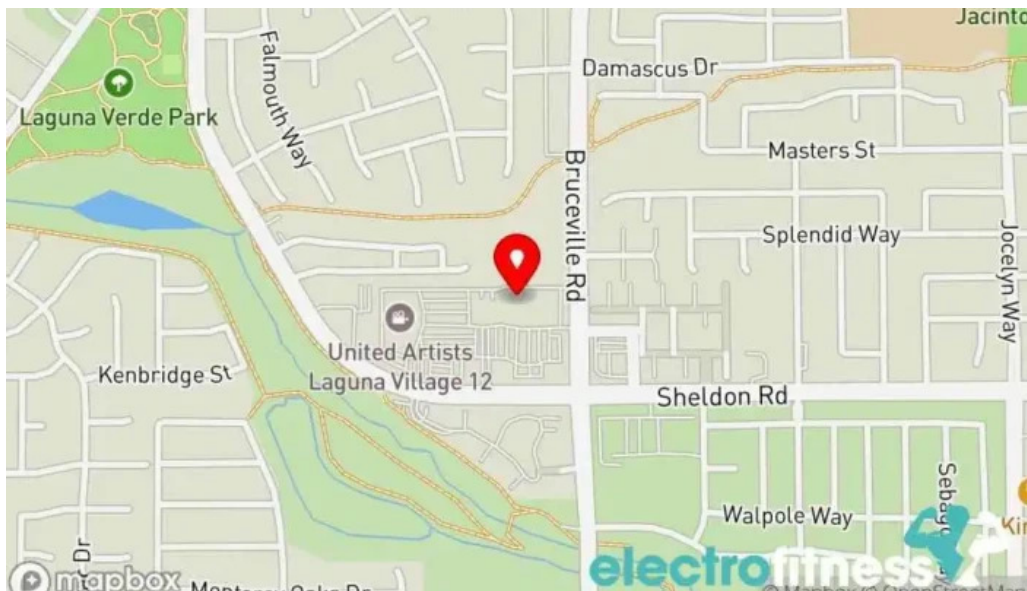
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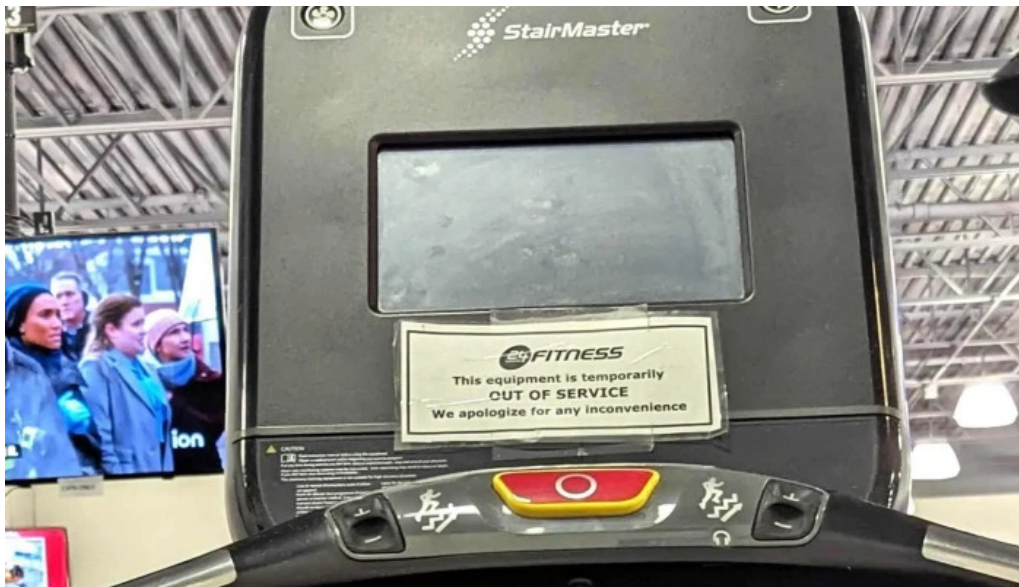
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Tags

Shower, Amenities, Planning, Sauna, Accessibility, Swimming pool, Wheelchair-accessible entrance, Basketball court, Wheelchair-accessible toilet, Atmosphere, Wheelchair-accessible car park, Service options, Membership required, On-site services, Toilet, Offerings

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