

Crunch Fitness - Market Square - Sacramento

sacramento

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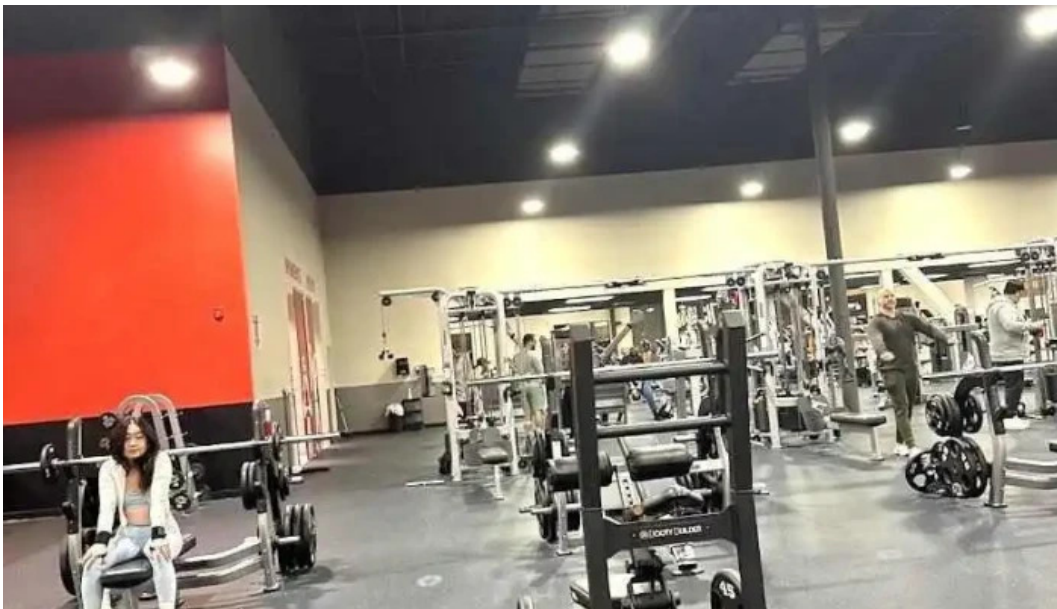


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https://www.electrofitness.com/gym/sacramento/crunch-fitness-market-square-sacramento_339564.p

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sacramento

Crunch Fitness - Market Square - Sacramento

Crisp and Energetic Vibes at Crunch Fitness - Market Square

Crunch Fitness at Market Square in Sacramento, California, is quickly becoming a favorite among fitness enthusiasts for several reasons. With its exceptional ****amenities****, friendly staff, and commitment to cleanliness, it stands out as a prime location for both workout veterans and newcomers alike.

Accessibility and Entry Options

One of the highlights of Crunch Fitness Market Square is its ****accessibility****.

The gym features a **“wheelchair-accessible entrance”** and ample **“wheelchair-accessible car park”** spaces, ensuring everyone can enjoy a comfortable workout experience. Members can choose from various entry options: a convenient palm scan, mobile app check-in, or traditional ID scans, making access seamless for all.

Modern Amenities for Every Workout

The gym offers an impressive array of **“amenities”** tailored to enhance your fitness journey. Members will discover a spacious layout filled with top-of-the-line equipment, including free weights, machines, and a dedicated area for classes. Notably, the facility includes an infrared sauna—a perfect retreat after an intense workout. Additionally, the inclusion of multiple large TVs throughout the gym keeps everyone entertained while they sweat it out.

Wi-Fi Connectivity for Modern Fitness

In our increasingly connected world, Crunch Fitness ensures members have uninterrupted access to **“Wi-Fi”**, allowing them to stream workout classes, follow along with playlists, or catch up on social media during their downtime. This connectivity enhances the overall gym experience, making workouts more enjoyable.

A Membership That Fits Your Needs

While a **“membership is required”** to use the facility, Crunch Fitness offers various plans catering to different workout styles and budgets. The transparent pricing structure is a significant advantage, though potential members should be aware of the 30-day cancellation notice policy. Many reviews indicate a strong appreciation for the team’s support, particularly from staff members like Jennifer, who consistently deliver excellent customer service.

Planning Your Visit

Planning your visit around peak hours is essential for maximizing your gym experience. Many have noted that during busy times, access to machines can be limited. To avoid this, consider working out during off-peak hours for a more relaxed atmosphere.

Conclusion

Overall, Crunch Fitness at Market Square provides a comprehensive fitness experience with notable **“accessibility”**, an abundance of **“amenities”**, and a friendly environment. Whether you're looking for a place to start your fitness journey or a new spot to elevate your routine, this gym has something to offer. However, keep in mind the importance of planning your visits and reviewing membership terms to ensure a smooth experience. Whether you’re a seasoned pro or just starting, Crunch Market Square welcomes you to work towards your fitness goals in a supportive environment.

You can reach us at

1739 Arden Wy, 95815 Sacramento, California - United States (US)

The contact line of said **Gym** is +1916-913-2260

And if you want to send a WhatsApp, you can do so at +1916-913-2260

You can visit us at the following hours:

Day Hours
Monday

7?AM–7?PM

Tuesday

7?AM–7?PM

Wednesday

5?AM–11?PM

Thursday

5?AM–11?PM

Friday

5?AM–11?PM

Saturday

5?AM–11?PM

Sunday

5?AM–10?PM

The website is Crunch Fitness - Market Square

In case you want to alter any data that you consider is not correct about this page, we kindly request deliver a message so we can we will adjust it promptly. In advance thanks for your cooperation.

Images



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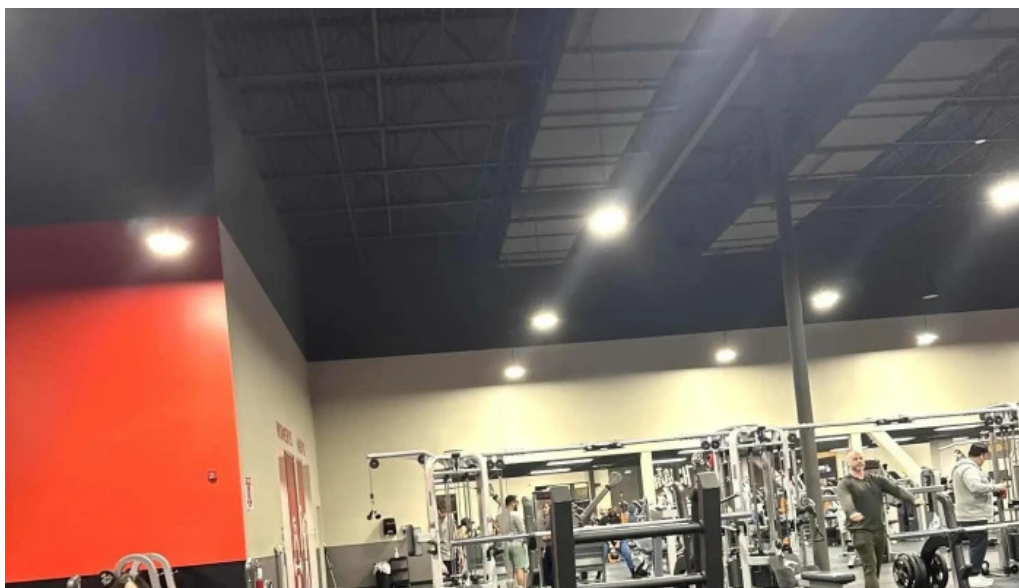
Crunch fitness market square website



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Date: June 30, 2024 at 09:53:33 PDT
To: manager@crunchfitness.com
Subject: Cancel membership

Hello,

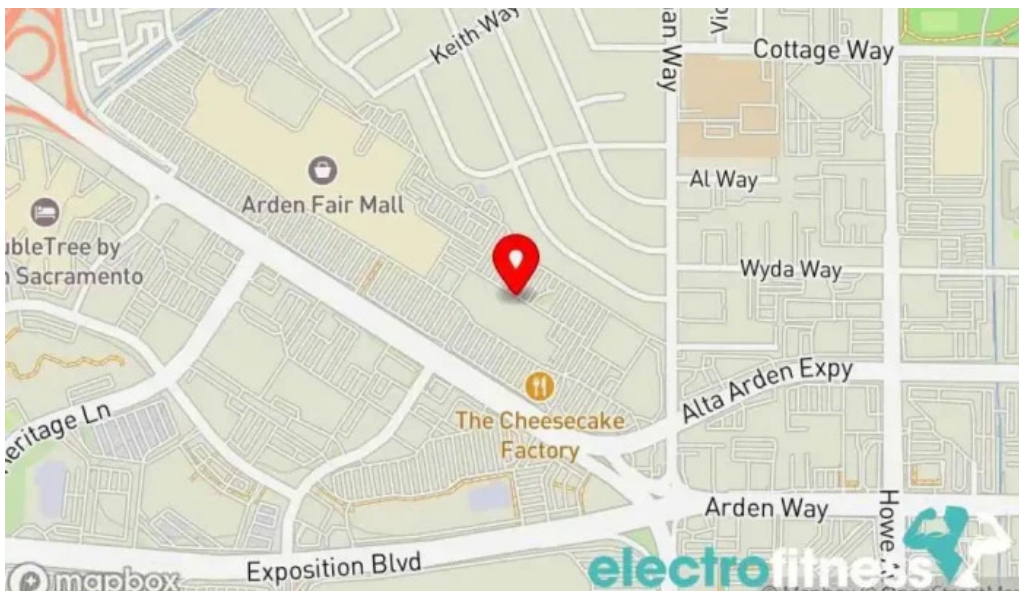
My name is ~~Christina [redacted]~~ I can be reached via cell phone at ~~[redacted]~~

My brother, ~~Kevin [redacted]~~ has an active gym membership with you. Unfortunately, a few days ago Kevin suffered a severe stroke. He is currently hospitalized and in patient rehabilitation. Per my brother's request, he would like to cancel his gym membership so his account can stop being charged the monthly payment.

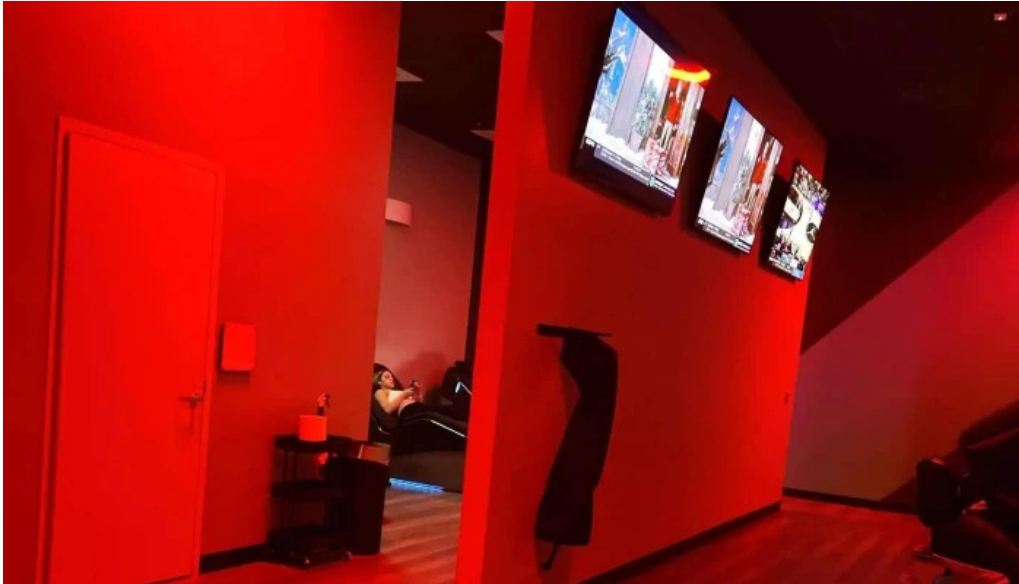
Crunch fitness market square photos



Crunch fitness market square open now



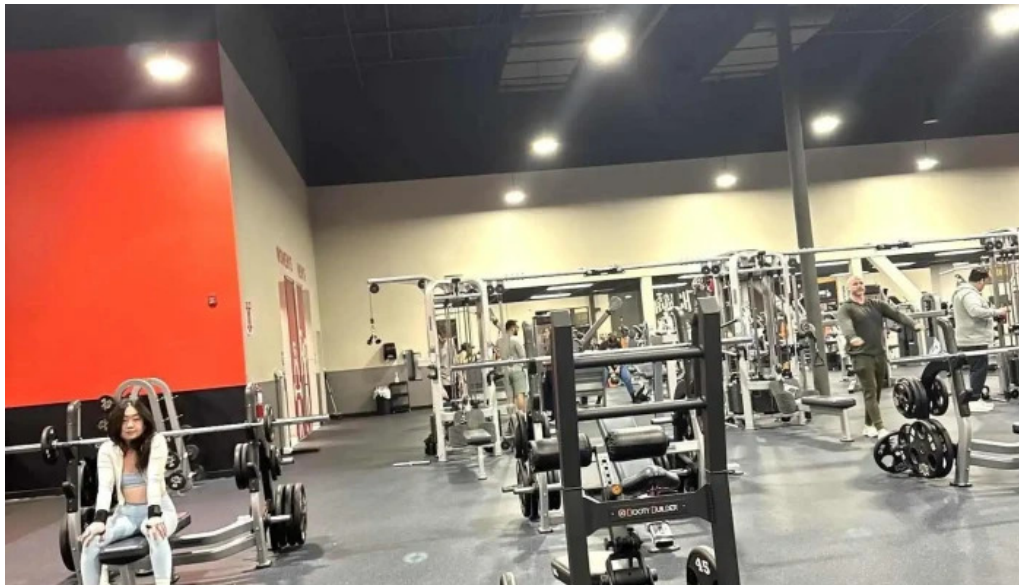
Crunch fitness market square map



Crunch fitness market square gym



Crunch fitness market square area



Crunch fitness market square all

Tags

Wheelchair-accessible car park, Planning, Wheelchair-accessible entrance, Wi-Fi, Accessibility, Amenities, Membership required

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