

## Gold's Gym San Antonio Alamo Heights - San Antonio

san antonio

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## *Gold's Gym San Antonio Alamo Heights - San Antonio*

### **Gold's Gym Alamo Heights: A Premier Fitness Destination in San Antonio, Texas**

Nestled in the heart of San Antonio, Gold's Gym Alamo Heights stands out for its array of amenities and welcoming atmosphere. This gym has garnered attention not only for its comprehensive fitness offerings but also for its commitment to member satisfaction.

## Amenities That Enhance Your Fitness Journey

**Swimming Pool:** The indoor lap pool is a coveted feature, providing members with ample opportunities for aquatic workouts. However, some users have noted that the water temperature can be on the colder side, impacting the overall swimming experience. **Shower Facilities:** Clean showers equipped with essential hygiene products make it convenient for members to freshen up after workouts. **Sauna and Steam Room:** Relaxation awaits in the sauna and steam room, although some feedback indicates intermittent availability issues. **Wheelchair-Accessible Amenities:** With designated wheelchair-accessible entrances and a car park, Gold's Gym ensures accessibility for all members. **Wi-Fi Connectivity:** Stay connected while you work out with complimentary Wi-Fi access throughout the facility.

## The Importance of Customer Service

Gold's Gym Alamo Heights prides itself on delivering outstanding customer service. Members have frequently praised staff members such as Michael at the front desk for their welcoming demeanor and attentiveness. His ability to remember personal preferences, like towel requests, showcases the gym's dedication to making members feel valued.

## Planning Your Workouts

Whether you're focusing on strength training, group classes, or solo workouts, Gold's Gym offers a variety of options tailored to different fitness levels. The friendly atmosphere fosters camaraderie among members, enhancing motivation and accountability.

## Conclusion: Why Choose Gold's Gym Alamo Heights?

Gold's Gym Alamo Heights embodies a community-centric approach to fitness, making it a premier choice for anyone looking to improve their health and well-being. With a diverse range of amenities including a swimming pool, sauna, and clean shower facilities, it caters to the needs of a broad audience. Make sure to consider membership if you're seeking an inclusive environment where your fitness journey is supported every step of the way.

### The location of our business is in

1246 Austin Hwy, 78209 San Antonio, Texas - United States (US)

The contact line of the respective **Gym** is +1210-822-4742

And if you want to send a WhatsApp, you can do so at +1210-822-4742

## **We are available at these times:**

Day Hours  
Monday  
5?AM–11?PM  
Tuesday  
5?AM–11?PM  
Wednesday  
5?AM–11?PM  
Thursday  
7?AM–9?PM  
Friday  
7?AM–9?PM  
Saturday  
5?AM–11?PM  
Sunday  
5?AM–11?PM

The website is [Gold's Gym San Antonio Alamo Heights](#)

If you require to modify any detail that you consider is not precise concerning this page, we kindly request deliver a message so that we will correct it as soon as possible. In advance thanks for your cooperation.

## **Images**



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*Golds gym san antonio alamo heights videos*



*Golds gym san antonio alamo heights street view 360deg*





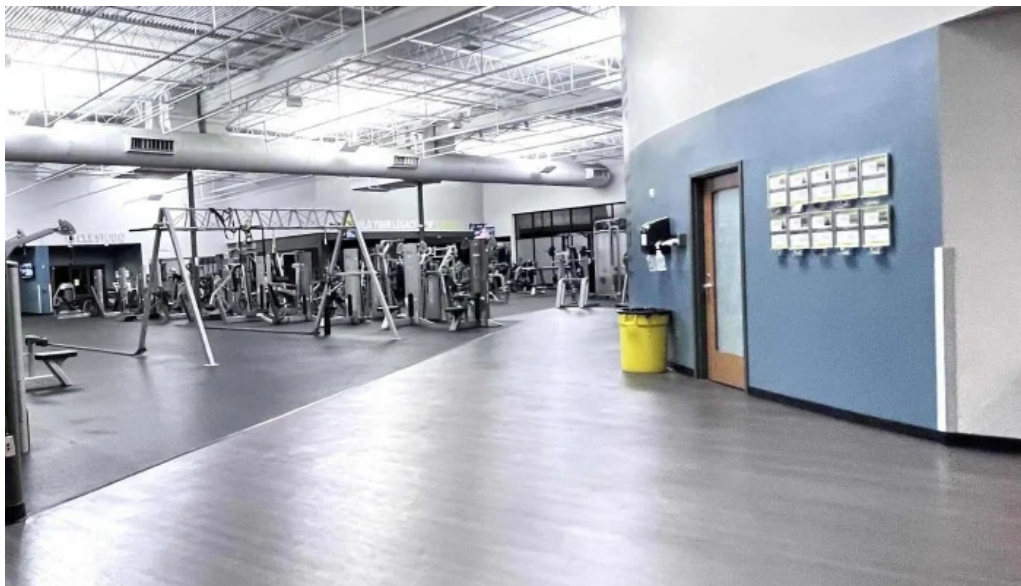
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*Golds gym san antonio alamo heights schedule*



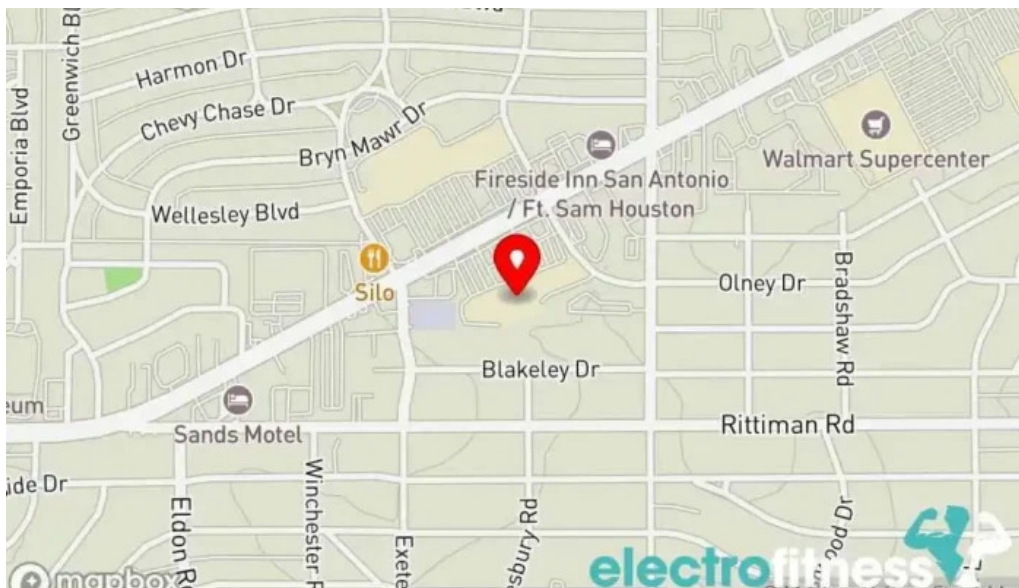
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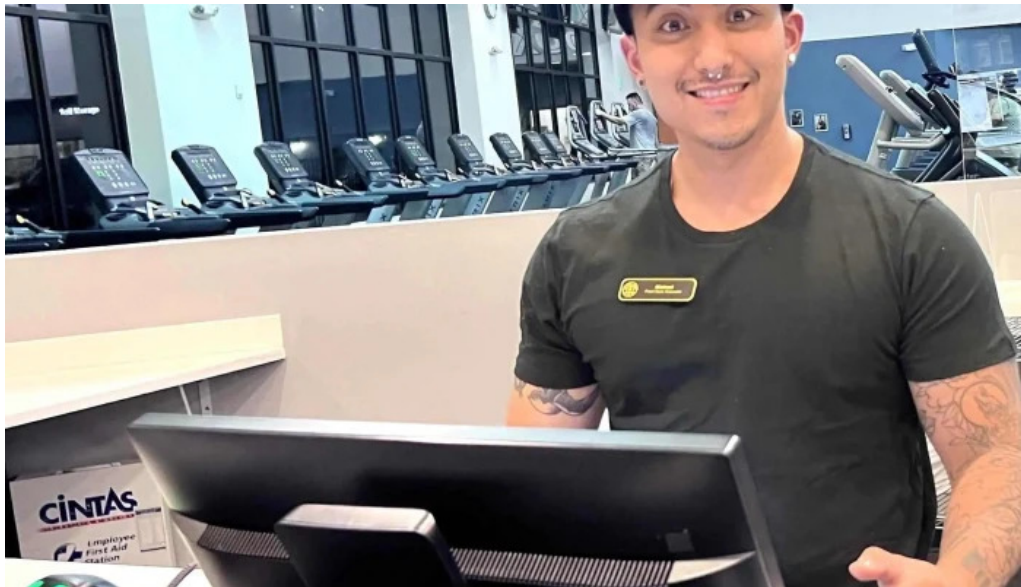


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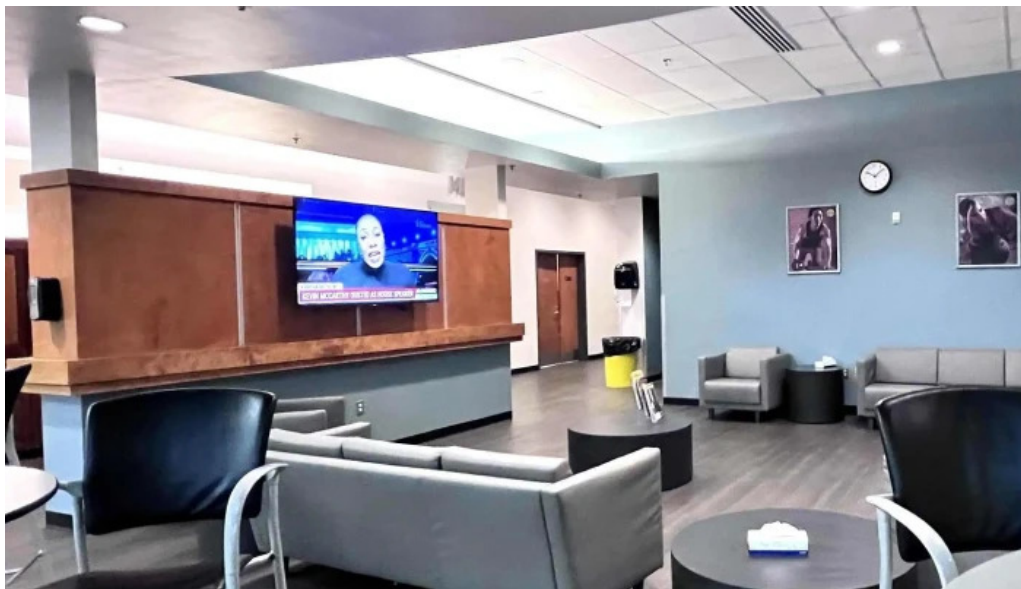


*Golds gym san antonio alamo heights map*





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## Tags

*Wi-Fi, Sauna, Wheelchair-accessible entrance, Amenities, Shower, Membership required, Atmosphere, Wheelchair-accessible car park, Swimming pool, Planning, Accessibility*

## Related content

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**4.1 \*** *Gold's Gym - Capitol Heights*

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**4.4 \*** *Alamo Fitness Center - Alamo*

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**4.1 \*** *Gold's Gym - Crofton*

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**3.8 \*** *Gold's Gym Valencia - Valencia*

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**3.6 \*** *Gold's Gym - NoMa Center - Washington*

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**4.9 \*** *F45 Training Columbia Heights - Washington*

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**3.6 \*** *Gold's Gym - Riverdale Park - Riverdale*

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**3.9 \*** *Gold's Gym - Burlington*

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**3.5 \*** *Gold's Gym - Frederick - Frederick*

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**4.0 \*** *Gold's Gym - Pharr*

## Categories

academic department
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acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment complex
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness



fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
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hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
parkour spot
personal trainer
pharmacy

physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area

wellness center
wellness program
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization