

24 Hour Fitness - San Jose

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Discover 24 Hour Fitness at Parkmoor: A Comprehensive Review

Nestled in San Jose, California, **24 Hour Fitness at Parkmoor** offers a variety of amenities designed to cater to fitness enthusiasts of all levels. Below, we explore the key features and atmosphere of this location based on customer experiences.

Amenities Available

The gym is equipped with a range of facilities that make it a popular choice among locals. Although it lacks a **swimming pool**, it compensates with a variety of strength training and cardio equipment. Members can take advantage of multiple squat racks, power lifting platforms, and a dedicated area for free weights. For those requiring accessibility, there is a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, ensuring that everyone can access the gym without hassle.

Atmosphere and Accessibility

The **atmosphere** at 24 Hour Fitness Parkmoor is generally welcoming. Many members rave about the friendly staff who greet them by name and create a community-oriented environment. However, some users note that the gym can become crowded, particularly during peak hours, leading to wait times for popular equipment.

Accessibility to the gym has come under scrutiny due to inconsistent opening hours, particularly for early birds seeking a workout before heading to work. Members have expressed frustration with the gym occasionally not opening on time.

Cleanliness and Maintenance Issues

One of the major concerns voiced by gym-goers is the cleanliness and maintenance of the facilities. Issues such as clogged shower drains, unpleasant odors from restrooms, and outdated equipment have been highlighted in reviews. It seems that while **Jerry**, the General Manager, is committed to maintaining a clean space, inconsistencies in facility upkeep remain a challenge. Many members have reported seeing staff cleaning frequently, but others express disappointment over unaddressed issues.

Membership Requirements

As with many gyms, a **membership is required** to access the facilities. This means that potential new members should consider their commitment level and fitness goals before signing up. Feedback suggests that while the gym has its drawbacks, the overall experience, especially with personal trainers available on-site, can be beneficial for those serious about their fitness journeys.

Final Thoughts

In summary, 24 Hour Fitness at Parkmoor offers a mix of strengths and weaknesses. With a solid array of **amenities**, a friendly atmosphere, and a commitment to accessibility, it caters well to many fitness enthusiasts. However, the ongoing challenges with maintenance and cleanliness highlight areas

needing improvement. Members looking for a community-focused gym may find this location appealing, provided they can overlook some of the existing issues.

The location of our business is in

1531 Parkmoor Ave, 95128 San Jose, California - United States (US)

The contact line of said **Gym** is +1408-295-6666

And if you want to send a WhatsApp, you can do so at +1408-295-6666

Our business hours are:

Day	Hours
Monday	5?AM–10?PM
Tuesday	5?AM–8?PM
Wednesday	8?AM–8?PM
Thursday	8?AM–8?PM
Friday	5?AM–10?PM
Saturday	5?AM–10?PM
Sunday	5?AM–10?PM

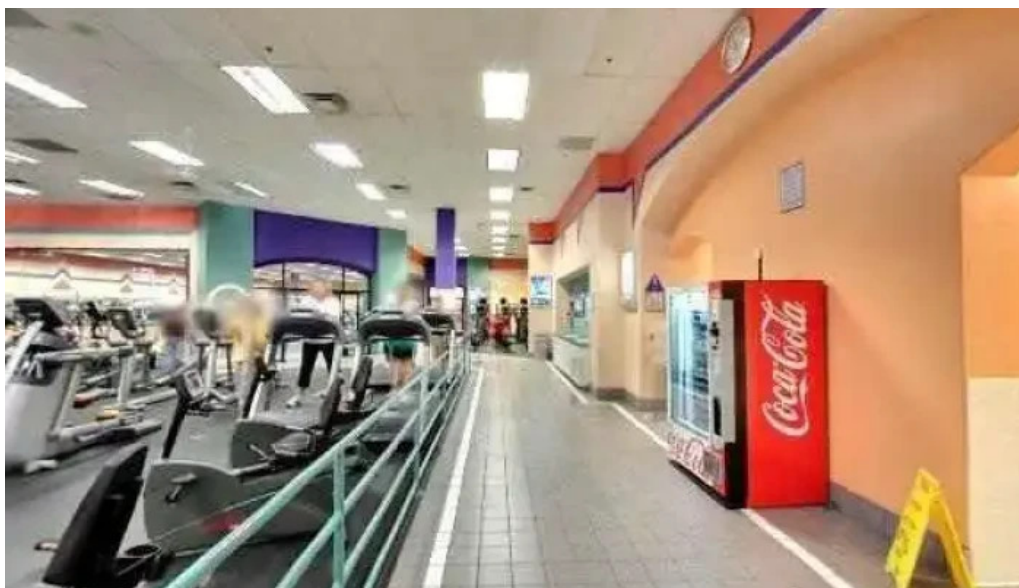
The website is 24 Hour Fitness

In case you want to modify any element that you consider is not accurate related to this page, we urge you to send a message and we will handle it at the earliest convenience. In advance thanks for your cooperation.

Images



24 hour fitness videos



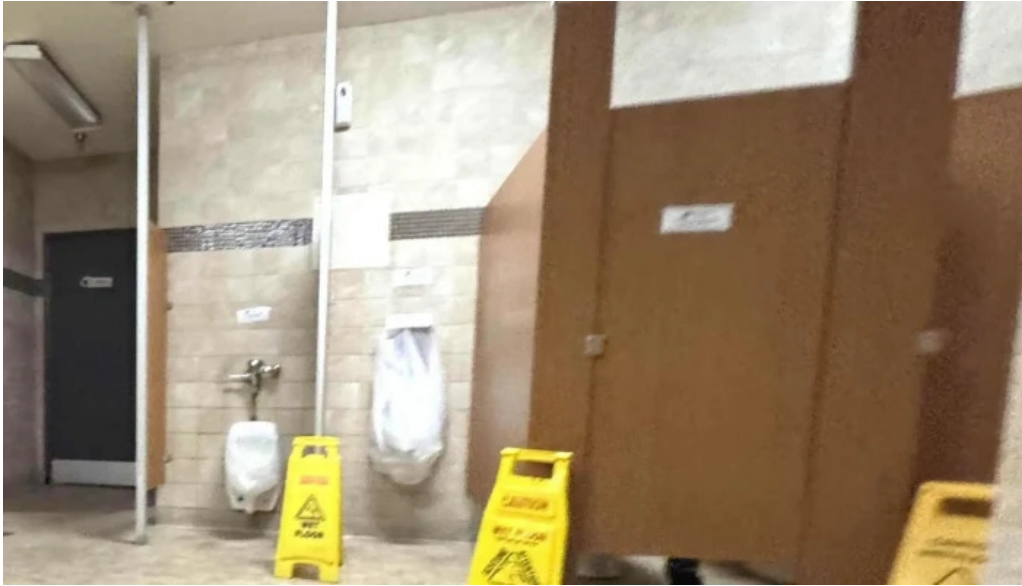
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24 hour fitness promotion



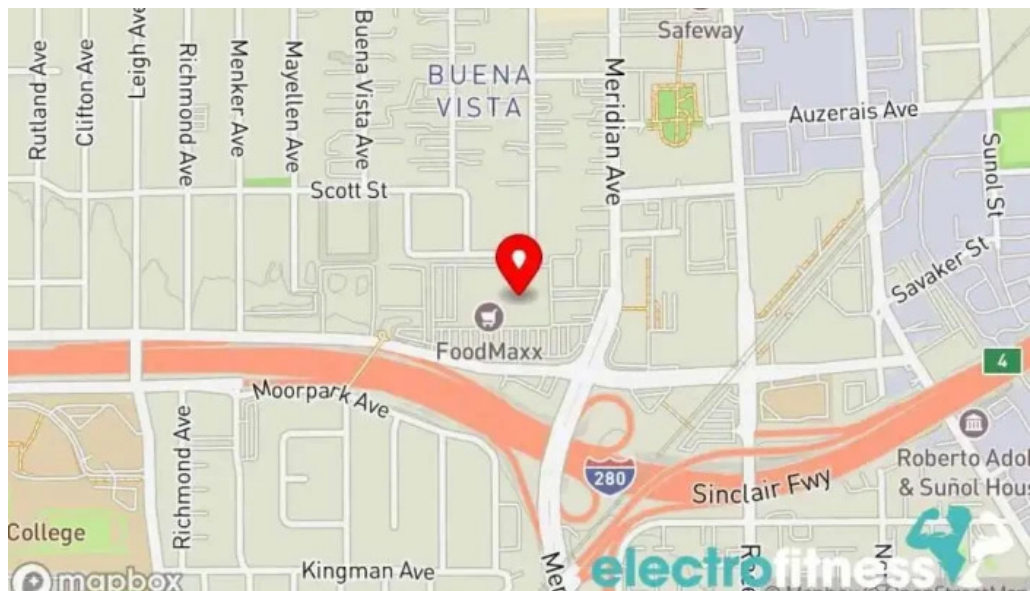
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Tags

Swimming pool, Membership required, Wheelchair-accessible car park, Shower, Atmosphere, Amenities, Wheelchair-accessible entrance, Accessibility, Planning

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