

Brick House Fitness - San Jose

san jose

☐ I'm not a robot
 

Published on: 23/05/25	Hits: 790
Comments: 0	See comments
Votes: 79	Score: 4.9

https://www.electrofitness.com/gym/san-jose/brick-house-fitness-san-jose_328326.php



san jose

Brick House Fitness - San Jose

Discover Brick House Fitness in San Jose, California

If you are looking for a gym that truly embodies community and support, **Brick House Fitness** in San Jose, California, is the place for you. This gym is renowned for its warm atmosphere, expert coaching, and transformative fitness experiences.

Membership Required: Join the Family

At Brick House Fitness, membership is required to access all the fantastic programs and classes offered. Joining this gym means becoming part of a

supportive family that encourages everyone to achieve their fitness goals. With various membership options, you can choose the one that best fits your lifestyle and fitness journey.

Planning Your Fitness Journey

Planning is crucial when embarking on your fitness journey, and at Brick House Fitness, the coaches meticulously design each class to cater to various fitness levels. Whether you are a beginner or an experienced athlete, you will find classes that challenge you while keeping you motivated. The well-planned programming ensures that you are constantly being pushed to new heights, helping you reach your personal best.

Accessibility Features

Brick House Fitness also takes into consideration the needs of all its members. They provide a wheelchair-accessible car park and a wheelchair-accessible entrance, ensuring that everyone feels welcome and has the opportunity to participate in fitness activities. This commitment to accessibility reflects the gym's core values of inclusivity and support.

Community Engagement and Support

The sense of community at Brick House Fitness sets it apart from typical gyms. Members often express their gratitude for the incredible support system available. From the first day, newcomers are welcomed with open arms, making it easy to feel at home. Coaches like Jorge, Diego, and Joe are known for their dedication to each member, focusing on proper form and offering modifications for every workout. Many members have shared their life-changing experiences, indicating how the supportive environment has motivated them to commit to their health. One member noted, "Brickhouse gave me the tools, support, and challenge I needed to make the change I've wanted to make for a long time."

Final Thoughts: Why Choose Brick House Fitness?

In conclusion, if you're ready to embark on a journey to better health, look no further than Brick House Fitness in San Jose. With a strong focus on community, personalized training, and accessibility, this gym offers everything you need to succeed in your fitness journey. Don't miss the opportunity to be part of a welcoming atmosphere where everyone is striving for the same goal: to become healthier and stronger together. Join today and see the transformation for yourself!

Our business is located at

1886 W San Carlos St, 95128 San Jose, California - United States (US)

The contact phone of this **Gym** is +1669-330-2828

And if you want to send a WhatsApp, you can do so at [+1669-330-2828](https://www.whatsapp.com/business/profile/brick-house-fitness)

Our public attention hours are:

Day Hours
Monday
6?AM–8?PM
Tuesday
6?AM–8?PM
Wednesday
6?AM–8?PM
Thursday
Closed
Friday
6?AM–8?PM
Saturday
6?AM–8?PM
Sunday
6?AM–8?PM

The website is [Brick House Fitness](https://www.brickhousefitness.com)

If you wish to adjust any detail that you believe is not precise regarding this web, please deliver a message so we can we will handle it promptly. In advance thanks for your cooperation.

Images



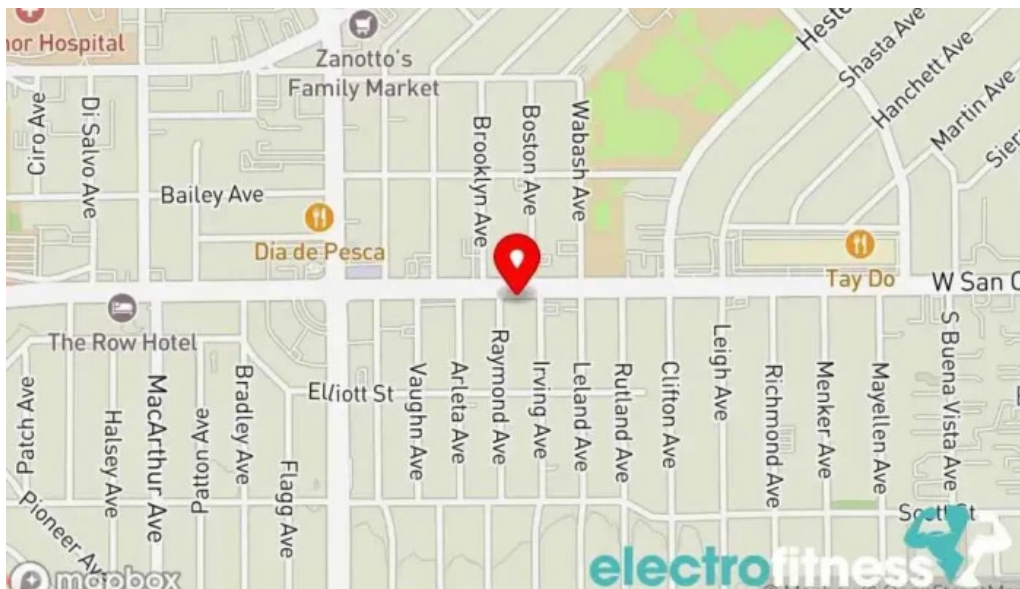
Brick house fitness where



Brick house fitness street view 360deg



Brick house fitness san jose



Brick house fitness map



Brick house fitness gym



Brick house fitness by owner



Brick house fitness area



Brick house fitness all

Tags

Membership required, Planning, Accessibility, Wheelchair-accessible car park, Wheelchair-accessible entrance

Related content

5.0 *	<i>The Brick Shithouse Gym - Ticonderoga</i>
4.9 *	<i>Iron House Strength & Conditioning - Hermitage</i>
5.0 *	<i>Row House Fitness Highlands Ranch - Highlands Ranch</i>
4.9 *	<i>Sweat House Oc - Mission Viejo</i>
4.9 *	<i>CrossFit San Leandro - San Leandro</i>
4.9 *	<i>The Fusion House Fitness - White Plains</i>
5.0 *	<i>Row House Fitness Westlake Village - Westlake Village</i>
4.9 *	<i>Muscle House and Fitness - Indian Head</i>
4.9 *	<i>San Diego Barbell Club - San Diego</i>
5.0 *	<i>Tca Field House - Addison</i>

Categories

academic department

acupuncture clinic
after school program
aikido school
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe
children's party service
chiropractor
church
club
coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school

day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course

indoor lodging
jujitsu school
karate club
karate school
kenel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public library
public swimming pool
recreation center
rehabilitation center
resort hotel
restaurant

rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school

yoga instructor
yoga studio
youth center
youth organization