

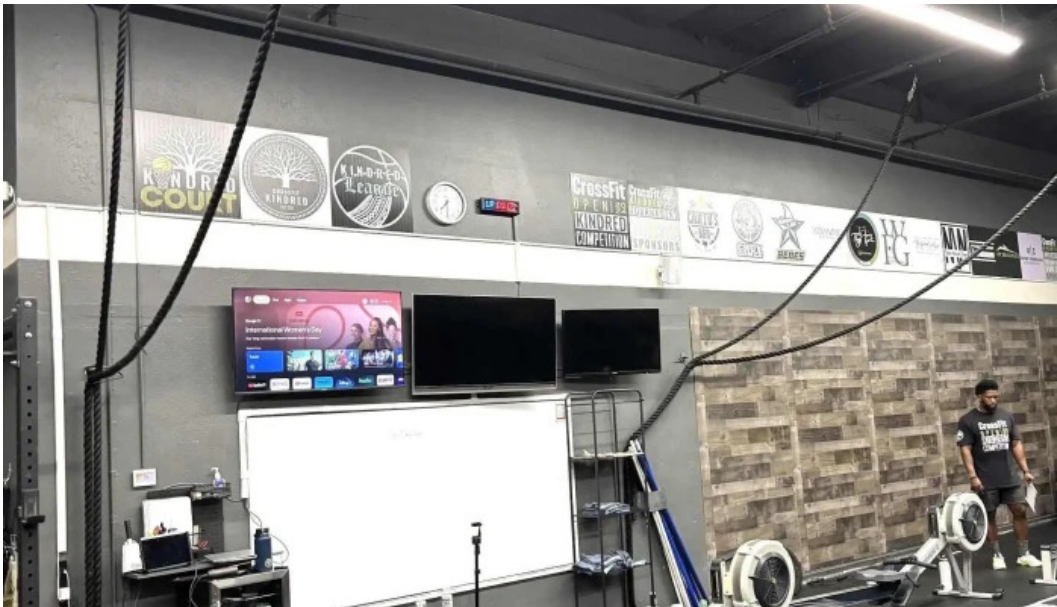
CrossFit Kindred Kindred Fitness - San Jose

san jose

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CrossFit Kindred Kindred Fitness - San Jose

Welcome to CrossFit Kindred Fitness in San Jose, California

Are you looking for a fitness community that feels like family? At **CrossFit Kindred Fitness**, you can find just that! Located in the heart of San Jose, this vibrant, women-owned gym offers more than just a place to work out; it provides a supportive environment that fosters growth, strength, and friendships.

A Unique Approach to Fitness

At Kindred, **membership is required** to ensure that each member feels a sense of belonging. The community at CrossFit Kindred is unmatched; everyone from beginners to seasoned athletes will find their place here. The dedicated coaches, especially **Leonie** and **Vanna**, are committed to helping you reach your fitness goals while ensuring that workouts are safe and enjoyable.

Online Classes and Flexible Scheduling

In addition to in-person training, Kindred offers **online classes** so you can stay active from the comfort of your home. With a variety of class times available, you can easily fit workouts into your busy schedule. This flexibility is perfect for those balancing work and personal life.

Amenities That Cater to Everyone

At CrossFit Kindred, you'll find an array of amenities that enhance your workout experience:

Free parking lot for easy access **Gender-neutral toilets** and **wheelchair-accessible facilities** for inclusivity A clean lobby with cubbies and lockers A **basketball court** for additional recreational activities

Community Focused Environment

What sets Kindred apart is its emphasis on community. Member testimonials highlight how welcoming the atmosphere is, making it a great choice for everyone, regardless of fitness level. From the moment you walk in, you'll feel the positive energy and support from fellow members who cheer you on throughout your journey.

Accessibility and Inclusivity

The facility is designed with accessibility in mind, including **wheelchair-accessible entrance** and **wheelchair-accessible toilets**. Whether you're coming in for a workout or attending a special event, you can expect a fully accommodating environment.

Join the Kindred Family Today!

If you're ready to transform your life—both physically and mentally—CrossFit Kindred Fitness is the perfect place to start. With its community-driven approach, expert coaching, and a variety of service options, you won't just be joining a gym; you'll be joining a family.

So why wait? **Planning** to improve your health and fitness? Visit CrossFit Kindred today and discover the difference a supportive community can make. Don't hesitate to book your trial class and experience the unique vibe of Kindred

firsthand!

We are found at

2282 Quimby Rd, 95122 San Jose, California - United States (US)

The phone of the mentioned **Gym** is +1669-258-1544

And if you want to send a WhatsApp, you can do so at +1669-258-1544

We are available at these times:

Day Hours
Monday

4:30–7:30?PM

Tuesday

9–10?AM 5–7?PM

Wednesday

9:30–11:30?AM

Thursday

Closed

Friday

4:30–7:30?PM

Saturday

9–10?AM 4:30–7:30?PM

Sunday

9–10?AM 4:30–7:30?PM

The website is CrossFit Kindred Kindred Fitness

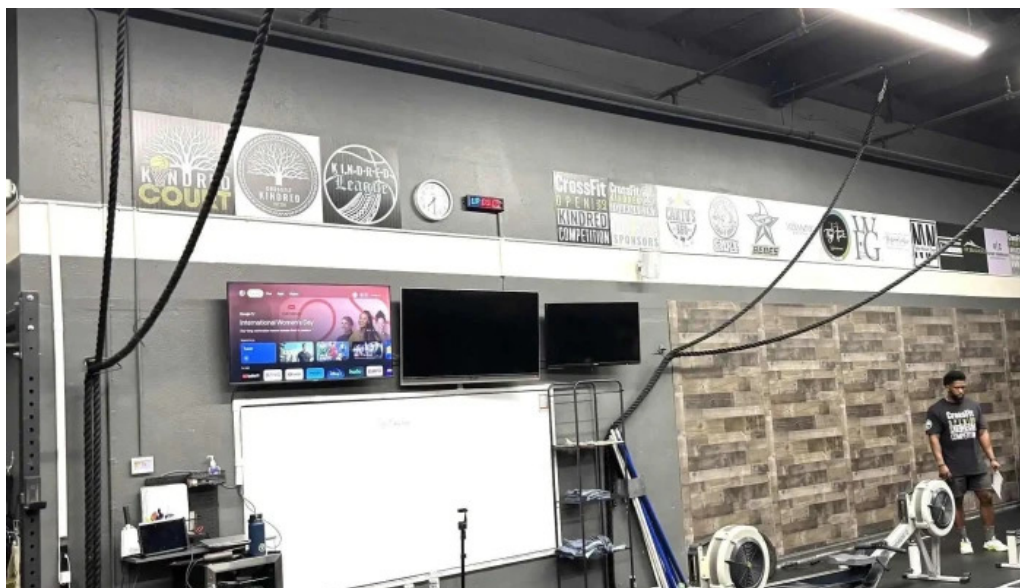
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Thanks beforehand thank you very much.

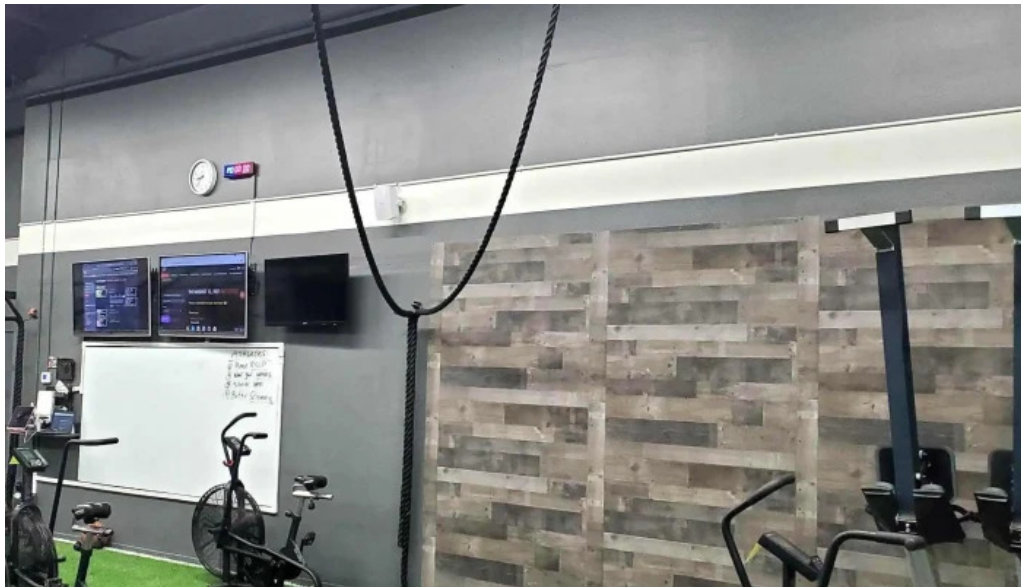
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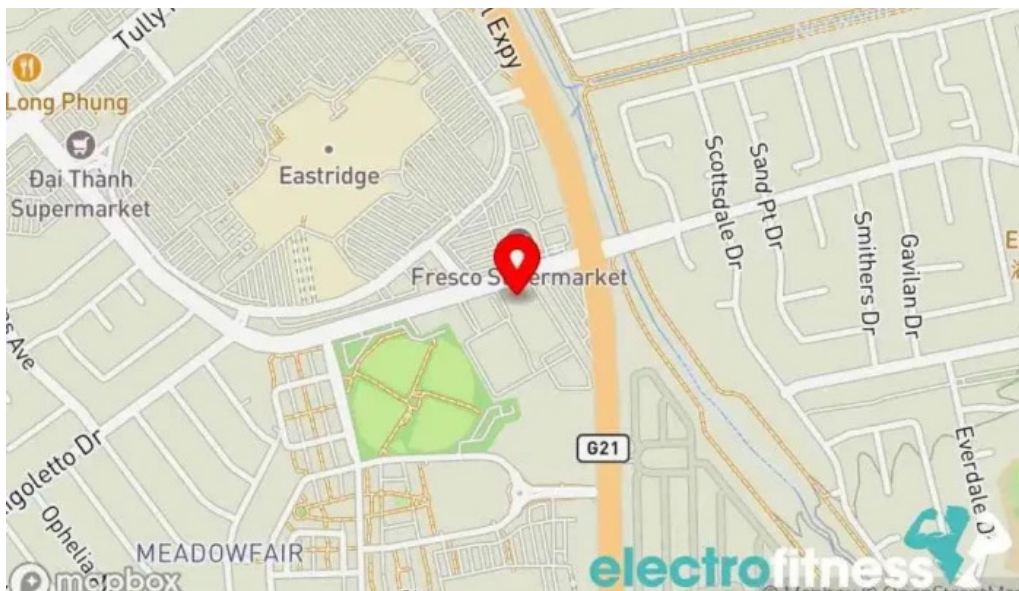
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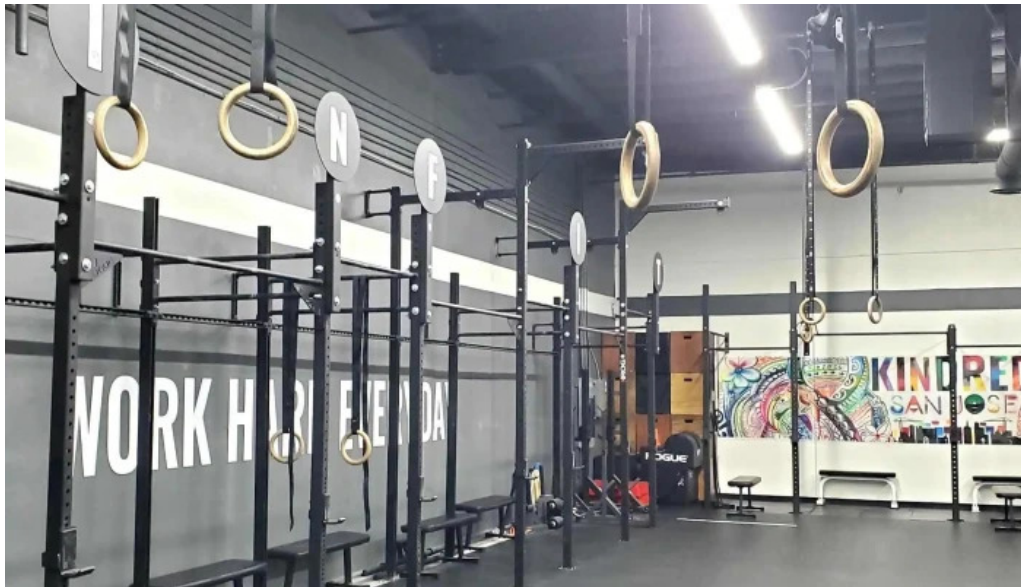
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Tags

Gender-neutral toilets, Toilet, Wheelchair-accessible car park, Identifies as women-owned, Membership required, Outdoor services, Basketball court, Amenities, Online classes, From the business, Wheelchair-accessible toilet, Service options, Accessibility, Parking, Planning, On-site services, Free parking lot, Wheelchair-accessible entrance

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