

Orangetheory Fitness - San Jose

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Orangetheory Fitness - San Jose

Discover Orangetheory Fitness in San Jose, California

Orangetheory Fitness (OTF) located in San Jose, California, stands out as a premier fitness destination that merges community spirit with effective workout regimes. This gym is designed with a unique approach to fitness that focuses on high-intensity interval training to maximize results while ensuring a supportive and engaging environment.

Amenities That Enhance Your Workout Experience

At Orangetheory, you'll find a range of ****amenities**** designed to enhance your

fitness experience. The studio is equipped with a ****swimming pool****, providing additional options for cardiovascular workouts and recovery. Moreover, the facility boasts a ****wheelchair-accessible car park**** and an accessible ****entrance****, ensuring that everyone can enjoy their fitness journey regardless of mobility challenges.

Comfortable and Accessible Facilities

The gym features ****wheelchair-accessible toilets****, which enhance inclusivity for all members. The cleanliness and organization of the studio contribute to a welcoming atmosphere. Members often praise the tidy environment, making it a comfortable place to work out.

Membership Required for an Elevated Experience

To join the OTF family, a ****membership is required****. However, many find that the investment pays off through personalized attention from enthusiastic trainers and a well-planned variety of workouts. The community vibe encourages members to return regularly, creating a motivating atmosphere for all fitness levels.

High-Intensity Workouts Tailored for Everyone

Orangetheory offers a unique workout format that combines cardio, strength training, and rowing. Members love the fact that each class is different, which keeps workouts fresh and exciting. The coaches at OTF Comm Hill are known for being exceptionally supportive, ensuring that every participant feels welcomed and encouraged. Many reviews highlight how trainers help in correcting postures and provide motivation to achieve personal bests.

A Strong Community Focus

One of the standout features of OTF is its vibrant community. Members often mention the positive vibes and camaraderie shared among participants. This sense of belonging elevates the overall workout experience, making it more than just a fitness class; it's a shared journey towards health and wellness.

Conclusion: Join the OTF Family Today

With its excellent amenities, committed staff, and inclusive environment, Orangetheory Fitness in San Jose is more than just a gym; it's a place where everyone can strive to improve their fitness in a supportive setting. If you're looking for a place that encourages growth and community connection, OTF is undoubtedly worth considering. Whether you're already a fitness enthusiast or just starting your journey, OTF's unique approach will keep you engaged and motivated.

We are based in

551 W Capitol Expy, 95136 San Jose, California - United States (US)

The contact line of this **Gym** is +1408-680-2048

And if you want to send a WhatsApp, you can do so at +1408-680-2048

We are available at these times:

Day Hours
Monday

5?AM–8?PM

Tuesday

5?AM–6:30?PM

Wednesday

7:30?AM–12:30?PM

Thursday

7:30?AM–12?PM

Friday

6:30?AM–8?PM

Saturday

5?AM–8?PM

Sunday

5?AM–8?PM

The website is Orangetheory Fitness

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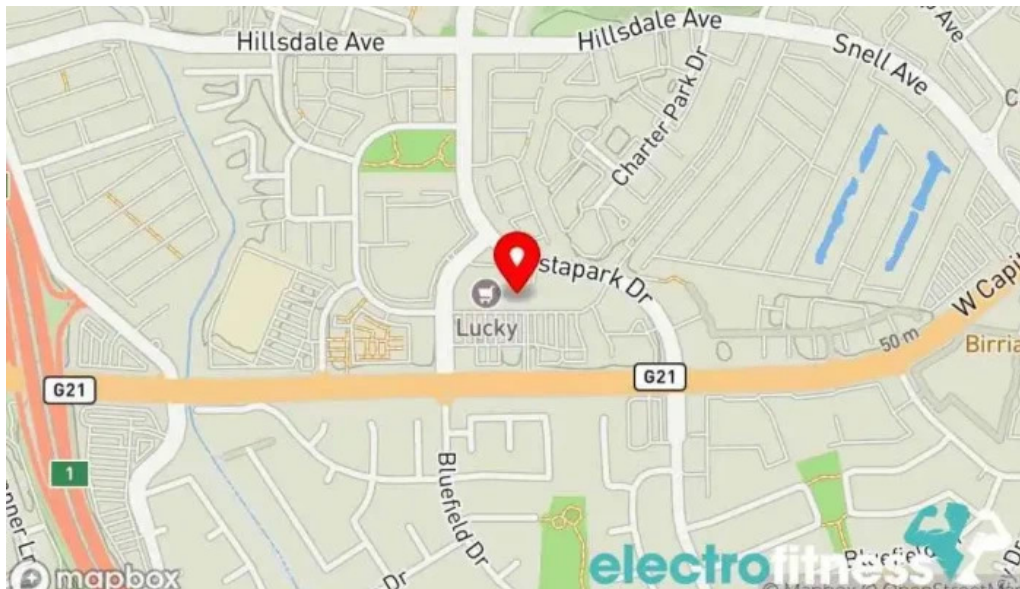
Images



Orangetheory fitness street view 360deg



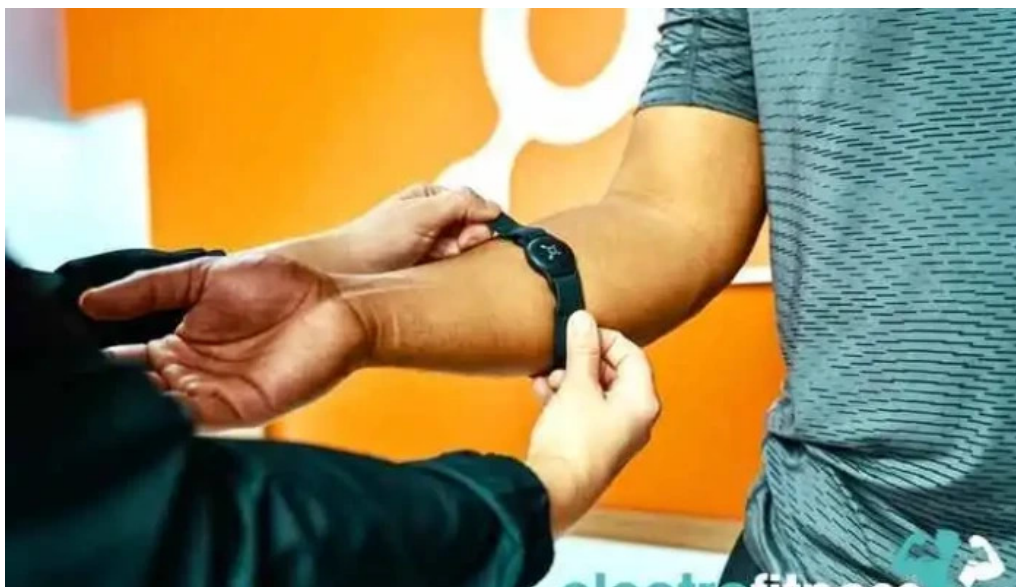
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Orangetheory fitness gym



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Tags

Accessibility, Wheelchair-accessible entrance, Toilet, Wheelchair-accessible toilet, Swimming pool, Wheelchair-accessible car park, Membership required, Planning, Amenities

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