

## La Fitness - Silver Spring

silver spring



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*silver spring*

## *La Fitness - Silver Spring*

### Exploring LA Fitness in Silver Spring, Maryland

If you are considering a new gym in the Silver Spring area, LA Fitness is one location that often comes to mind. This article provides an overview of the facility, its amenities, and the general atmosphere based on member feedback.

### Planning Your Visit

Before heading to LA Fitness, it's essential to plan your visit, especially if you're going during peak hours when the gym tends to get crowded. Members have reported struggling to find available or clean machines during these times,

which can turn a quick workout into a lengthy ordeal.

## **Accessibility Features**

LA Fitness takes accessibility seriously. The gym includes a **\*\*wheelchair-accessible entrance\*\*** and **\*\*toilets\*\***, making it easier for everyone to enjoy the facilities. Additionally, there is a **\*\*wheelchair-accessible car park\*\*** available for those who need it. These features are vital for ensuring that all members feel welcome and comfortable.

## **Amenities at LA Fitness**

This branch offers several amenities that cater to different interests: - **\*\*Basketball Court\*\***: If you enjoy playing basketball, the court is available for games. However, be prepared for competition as it can get busy. - **\*\*Swimming Pool\*\***: Many members utilize the pool, particularly for water aerobics classes, making it a popular spot. The condition and maintenance of the pool have come under scrutiny, though. - **\*\*Shower Facilities\*\***: Convenient showers are available after workouts, but cleanliness has been noted as a concern by several members.

## **Cleanliness and Maintenance Issues**

The overall cleanliness of the gym has drawn mixed reviews. Some members appreciate the efforts of the cleaning staff, while others have expressed frustration over broken machines and insufficient supplies like paper towels in the bathroom. Issues such as these can detract from the overall experience, leading some to reconsider their membership.

## **Atmosphere and Member Experience**

The atmosphere at LA Fitness is described as energetic, with a mix of serious fitness enthusiasts and casual gym-goers. Some members enjoy the lively environment, while others feel uncomfortable due to overcrowding and noise levels. Reports of loud music and unorganized weights contribute to a less than ideal experience for some visitors.

## **Membership Insights**

Most individuals wishing to join LA Fitness must obtain a **\*\*membership\*\***. While many find value in the diverse range of classes and equipment, others report experiences with pressured sales tactics for personal training services. Members are advised to read contracts carefully to avoid unexpected charges.

## **Conclusion**

In conclusion, LA Fitness in Silver Spring, Maryland, offers a variety of amenities and an accessible environment for its members. However, concerns regarding maintenance, cleanliness, and customer service should be taken into account. Whether you're drawn to the swimming pool or the basketball court, a

visit during off-peak hours might enhance your experience. Always remember to plan ahead and consider your workout needs before committing to a membership.

**The address of our establishment is**

2219 Bel Pre Rd, 20906 Silver Spring, Maryland - United States (US)

The phone of said **Gym** is +1301-348-3650

And if you want to send a WhatsApp, you can do so at +1301-348-3650

**Our opening hours are:**

Day	Hours
Monday	8?AM–8?PM
Tuesday	8?AM–8?PM
Wednesday	5?AM–11?PM
Thursday	5?AM–11?PM
Friday	5?AM–11?PM
Saturday	5?AM–11?PM
Sunday	5?AM–10?PM

The website is LA Fitness

If you need to update any detail that you feel is not accurate about this page, we kindly request deliver a message so we can we will correct it at the earliest convenience. Thank you in advance thank you very much.

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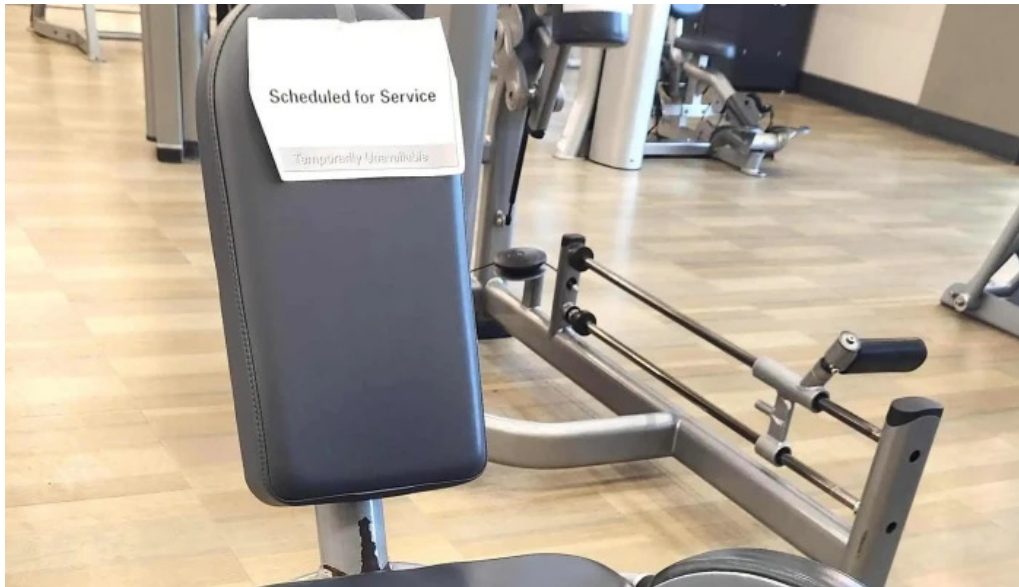




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## Tags

*Accessibility, Amenities, Planning, Basketball court, Atmosphere, Wheelchair-accessible toilet, Wheelchair-accessible entrance, Toilet, Wheelchair-accessible car park, Shower, Membership required, Swimming pool*

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karate club
karate school
kennel
kickboxing school
kinesiologist
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