

Orangetheory Fitness - Simi Valley

simi valley



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simi valley

Orangetheory Fitness - Simi Valley

Orangetheory Fitness in Simi Valley, California

Orangetheory Fitness offers a unique workout experience that combines strength and cardio into a single efficient hour. With its focus on high-intensity interval training (HIIT), it has become a popular choice for fitness enthusiasts in Simi Valley. However, potential members should be aware of some **membership required** considerations and accessibility features that cater to diverse needs.

Membership and Accessibility

At Orangetheory Fitness, a **membership required** structure ensures that all members have access to expertly designed workouts and facilities. However, some users have reported challenges with the cancellation process, indicating that it can be complex and frustrating. One individual mentioned being charged monthly for nearly a year, despite their attempts to cancel immediately after signing up.

Nonetheless, many members appreciate the inclusive environment that the studio provides. The location in Simi Valley features a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, making it accessible for everyone. Additionally, the facilities include clean amenities, including toilets suitable for individuals with disabilities.

Planning Your Workout

When planning a visit to Orangetheory Fitness, it is essential to consider the class schedule. While many appreciate the variety of classes available, some have found the scheduling to be incompatible with a standard work-life balance. Therefore, it's advisable to check the class timings and plan accordingly to ensure you can participate without any issues.

Amenities and Member Experiences

The studio offers top-notch amenities that enhance the overall workout experience. Feedback from members highlights the cleanliness of the facility and the quality of the equipment. One participant noted the “phenomenal workout” that balances cardio and strength training within just an hour, ensuring that no two workouts are ever the same.

Members also express appreciation for the supportive coaching staff who motivate and guide participants through each class. The use of heart rate monitors allows individuals to track their performance and stay accountable, fostering a sense of community among participants. Comments reflect a positive atmosphere, with many enjoying the energy and encouragement from both peers and instructors alike.

Conclusion

Orangetheory Fitness in Simi Valley stands out as an effective workout space with various programs designed to meet different fitness levels and goals. Despite some complications related to membership and customer service experiences, the benefits of the structured workouts and supportive staff make it a noteworthy option for those seeking an engaging fitness journey. For anyone

considering joining, it is recommended to visit the studio, explore the **amenities**, and engage with the welcoming community to see if it aligns with your personal fitness needs.

Our business is at

2975 Cochran St # D, 93065 Simi Valley, California - United States (US)

The contact phone of the mentioned **Gym** is +1805-864-2626

And if you want to send a WhatsApp, you can do so at +1805-864-2626

We open at the following schedule:

Day	Hours
Monday	7:15–10:45?AM
Tuesday	7:15–10:45?AM
Wednesday	5?AM–8?PM
Thursday	5?AM–8?PM
Friday	5?AM–8?PM
Saturday	5?AM–8?PM
Sunday	5?AM–8?PM

The website is Orangetheory Fitness

In case you want to update any detail that you consider is not precise about this site, please send us a message so that we will adjust it quickly. With anticipation we appreciate it.

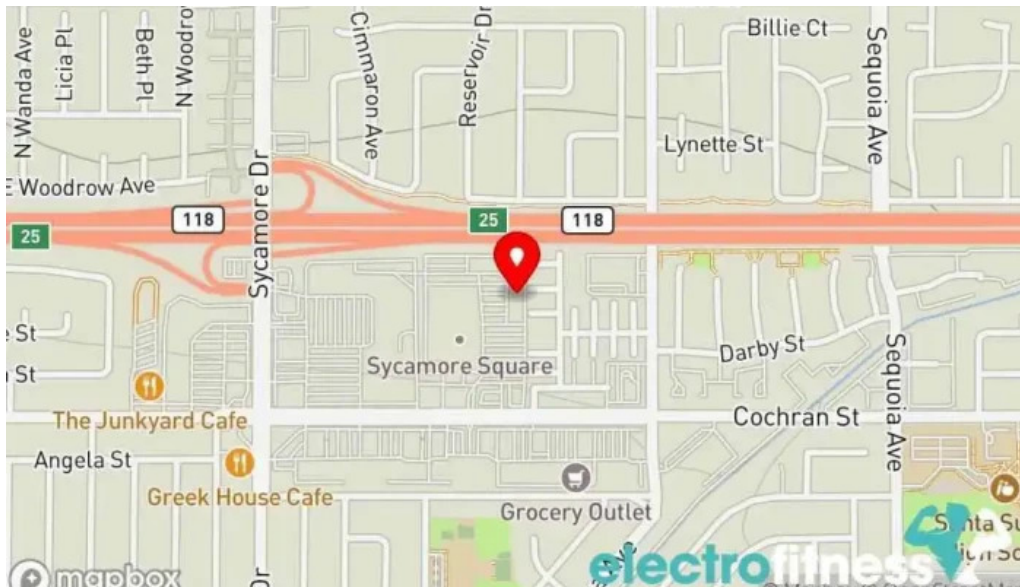
Images



Orangetheory fitness street view 360deg



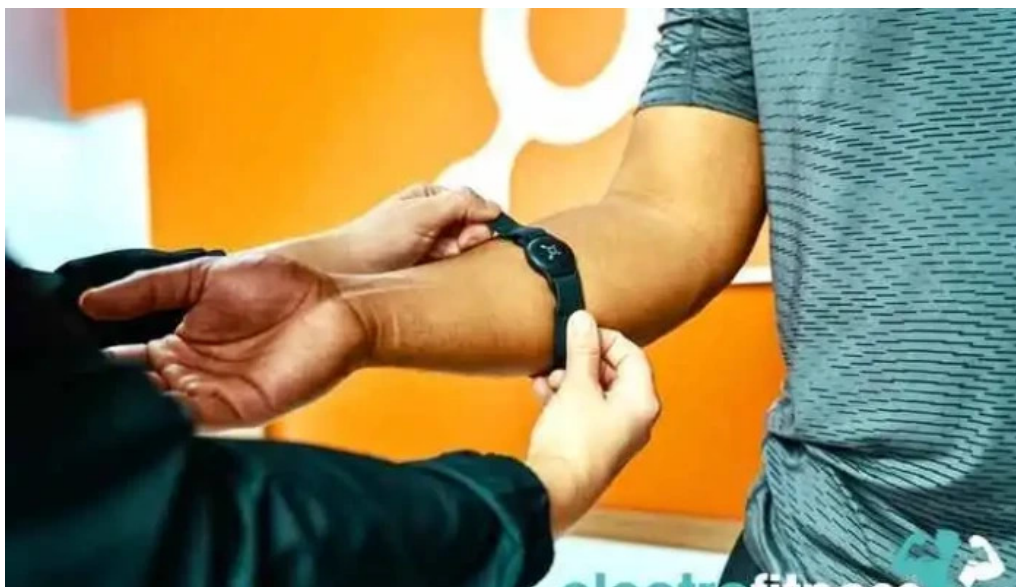
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Tags

Wheelchair-accessible car park, Planning, Wheelchair-accessible entrance, Membership required, Amenities, Toilet, Accessibility

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