

Crunch Fitness - Burlington - South Burlington

south burlington

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south burlington

Crunch Fitness - Burlington - South Burlington

Crunch Fitness - Burlington: Your Ultimate Gym Experience in South Burlington, Vermont

If you're on the lookout for a gym that combines a vibrant **atmosphere**, ample amenities, and excellent service, then look no further than **Crunch Fitness** in South Burlington, Vermont. This location has quickly become a favorite among fitness enthusiasts, offering everything from personal training to group classes, backed by a team dedicated to your wellness journey.

A Welcoming Atmosphere

The first thing you'll notice upon entering Crunch Fitness is its warm and inviting **atmosphere**. Members consistently praise the friendly staff who go above and beyond to make everyone feel welcome, especially with the effective leadership of Christina, the new manager. Her personable approach and professional greeting create a community where members of all backgrounds can thrive.

Accessibility and Amenities

One significant feature of Crunch Fitness is its commitment to **accessibility**. The gym boasts a **wheelchair-accessible entrance** and a convenient **wheelchair-accessible car park**, ensuring that everyone can enjoy their workouts without barriers. Additionally, the facility includes modern showers, which are frequently mentioned by members for their spaciousness and cleanliness—a refreshing aspect after an intense workout.

Top-notch Services

Besides its equipment, Crunch offers free **Wi-Fi** throughout the gym, making it easy for members to stay connected or stream workouts during their training sessions. The diverse range of **amenities** includes various cardio machines, weights, and a selection of fitness classes catering to all fitness levels—from beginners to seasoned athletes.

Personal Training: Tailored Support for Everyone

Members have highly recommended personal trainers like Noah, Molly, and Mary Ellen, praising their ability to customize training plans according to individual needs. Noah, in particular, has been noted for creating a supportive environment where clients can push their limits while still enjoying their workouts. The team's expertise in crafting personalized routines ensures you have the guidance to reach your fitness goals.

Membership Requirements and Planning Your Visit

While a **membership is required** to access Crunch Fitness facilities, many members find the value well worth the cost. Newcomers are encouraged to plan their visits to avoid peak hours, as the gym can get busy, particularly during evenings. However, the spacious layout typically allows for enough equipment availability even at busy times.

The Need for Improvement

Despite the overall positive feedback, some reviews have highlighted issues regarding cleanliness in locker rooms and maintenance of certain areas, indicating room for improvement. Members are encouraged to take part in maintaining the hygiene of shared spaces, such as cleaning equipment after use. Addressing these concerns will only enhance the experience at Crunch Fitness.

Conclusion

Overall, Crunch Fitness in Burlington stands out as an excellent option for those seeking a motivating and supportive gym environment. With a focus on accessibility, personalized training, and a welcoming atmosphere, it's clear why so many have made it their fitness home. Whether you're just beginning your fitness journey or looking to elevate your routine, this gym has something for everyone. Don't miss out on the chance to be a part of the Crunch community—plan your visit today!

We are at

937 Shelburne Rd, 05403 South Burlington, Vermont - United States (US)

The contact phone of the mentioned **Gym** is +1802-735-0064

And if you want to send a WhatsApp, you can do so at +1802-735-0064

We open at the following schedule:

Day	Hours
Monday	7?AM–5?PM
Tuesday	7?AM–5?PM
Wednesday	5?AM–11?PM
Thursday	5?AM–11?PM
Friday	5?AM–11?PM
Saturday	5?AM–11?PM
Sunday	5?AM–9?PM

The website is [Crunch Fitness - Burlington](#)

If you need to alter any information that you think is not correct concerning this portal, please forward a message and we will adjust it quickly. With anticipation thanks for your cooperation.

Images



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Crunch fitness burlington street view 360deg



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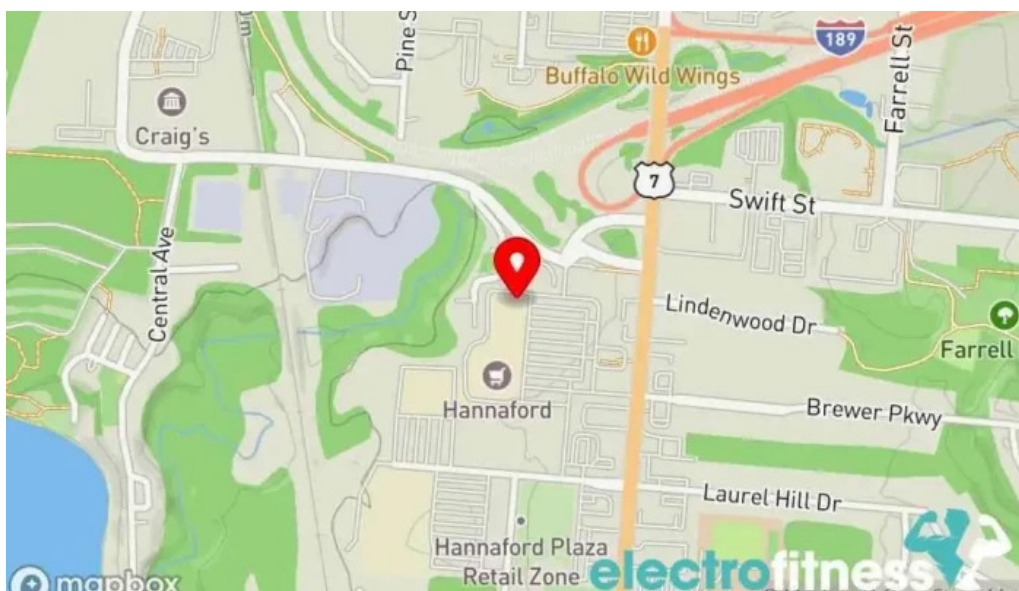
Member Name: JOSEPH GARGANO	Agreement #: 2012404139	Employee Name: kiran
Change Type: Cancellation	Cancel/Freeze Effective Date: 11/13/2024	Unfreeze Effective
Reason for Change: not using		

*** Freeze and Cancellation Rules:** Freezing your membership does NOT freeze your annual maintenance fee. Your current Annual Fee will still be applied on the applicable date according to the terms of your membership. Your monthly dues must be current in order to freeze your membership.

Crunch fitness burlington reviews



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Tags

Accessibility, Membership required, Amenities, Planning, Wheelchair-accessible entrance, Shower, Wheelchair-accessible car park, Wi-Fi, Atmosphere

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