

9Round - Spokane Valley - Spokane Valley

spokane valley

☐ I'm not a robot



Published on: 03/05/25	Hits: 810
Comments: 0	See comments
Votes: 81	Score: 4.9

https://www.electrofitness.com/gym/spokane-valley/9round-spokane-valley-spokane-valley_258134.p

hp



spokane valley

9Round - Spokane Valley - Spokane Valley

Discover 9Round Spokane Valley: An Inclusive Gym Experience

If you are looking for a unique and invigorating workout experience in Spokane Valley, Washington, ****9Round**** is the place to be. This gym stands out not only for its effective training programs but also for its commitment to accessibility and member support.

A Welcoming Environment

At ****9Round****, everyone finds a supportive community. Many members have

expressed how they have made friendships that enhance their workout experience. The environment is friendly, encouraging, and inclusive, making it easy for newcomers to feel right at home.

Accessible Amenities

One of the highlights of **9Round Spokane Valley** is its **wheelchair-accessible entrance** and **toilet** facilities, ensuring that everyone can enjoy their workouts without barriers. The gym boasts a **wheelchair-accessible car park** that adds further convenience for members with mobility challenges.

Flexible Service Options

With **no scheduled class times**, 9Round offers a truly flexible workout routine. Members appreciate the ability to join the circuit without needing to plan their workouts in advance. Just walk in, and you're ready to start a **30-minute session** that changes daily.

On-Site Services and Support

Trainers at **9Round** provide **on-site services** that cater to individual fitness needs. From guiding beginners through exercises to offering modifications for those with injuries, the staff ensures everyone can participate fully. Members have praised trainers like Jacquelin, who bring high energy and personal touch to each session.

Membership Requirements

While a **membership is required**, many find it well worth the investment. The gym emphasizes value, offering a variety of workouts that promise results in just half an hour. Some members even mention that signing up felt like a natural decision because of the supportive atmosphere.

Gender-Neutral Facilities

The gym promotes inclusivity through its **gender-neutral toilets**, making it a safe space for everyone. This consideration for all members' needs reflects the gym's dedication to creating an environment where everyone can thrive without feeling out of place.

The 9Round Advantage

Members rave about the **effective workouts** that burn significant calories within a short timeframe. Many have highlighted how it fits perfectly into their busy schedules, proving that a quick but intense workout can make a difference. With heart rate monitors provided, you can track your progress and stay motivated throughout your fitness journey.

Community and Engagement

The friendly and warm atmosphere is frequently mentioned in reviews.

Members often describe their experience as fun and engaging, with trainers who motivate and encourage them. The diverse group of individuals training together creates a sense of camaraderie that enhances the overall experience.

Conclusion

****9Round Spokane Valley**** isn't just a gym; it's a community that prioritizes accessibility, support, and effective workouts. With its welcoming environment, flexible workout options, and commitment to inclusivity, it's no wonder that many members call it the best gym around. Whether you're a seasoned athlete or a beginner, you'll find everything you need to meet your fitness goals at 9Round.

We are located at

13220 E Sprague Ave, 99216 Spokane Valley, Washington - United States (US)

The contact line of the respective **Gym** is +1509-241-3736

And if you want to send a WhatsApp, you can do so at +1509-241-3736

We are available at these times:

Day	Hours
Monday	Open 24 hours
Tuesday	Open 24 hours
Wednesday	Open 24 hours
Thursday	Open 24 hours
Friday	Open 24 hours
Saturday	Open 24 hours
Sunday	Open 24 hours

The website is 9Round - Spokane Valley

If you require to adjust any information that you think is incorrect regarding this site, we urge you to deliver a message so we can we will fix it at the earliest convenience. With anticipation thanks for your cooperation.

Images



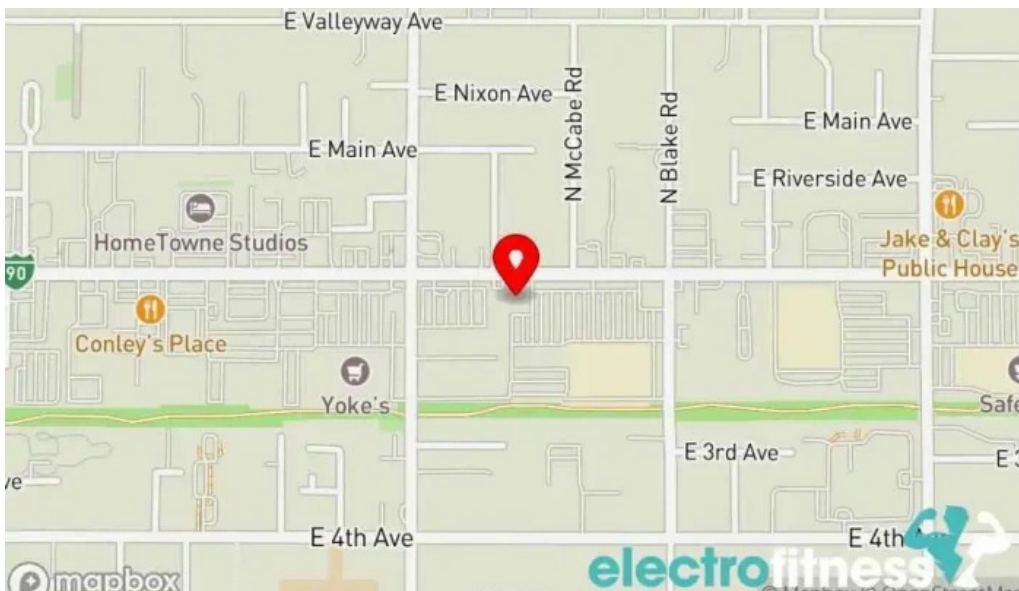
9round spokane valley spokane valley



9round spokane valley street view 360deg



9round spokane valley spokane valley



9round spokane valley map



9round spokane valley gym



9round spokane valley by owner



9round spokane valley all

Tags

Membership required, Accessibility, Wheelchair-accessible car park, Planning, Service options, Amenities, Gender-neutral toilets, Toilet, On-site services, Wheelchair-accessible toilet, Wheelchair-accessible entrance

Related content

5.0 *	9Round Kickboxing Fitness - Martinez
4.9 *	9Round Silver Spring - Silver Spring
4.7 *	9Round Kickbox Fitness - Laurel
4.9 *	9Round Kickboxing Fitness - Waldorf
4.7 *	9Round - Valencia - Valencia
4.8 *	9Round Fitness - Lafayette
5.0 *	9Round Kickboxing Fitness - Greenwood Village
4.5 *	River valley fitness - Redfield
4.1 *	Crunch Fitness - Simi Valley - Simi Valley
4.1 *	Gold's Gym Simi Valley - Simi Valley

Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment complex
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness

fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
personal trainer
pharmacy
physical fitness program

physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer

wrestling school
yoga instructor
yoga studio
youth organization