

Muv Fitness Spokane Valley - Spokane Valley

spokane valley

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MUV Fitness Spokane Valley: Your Premier Health Destination

MUV Fitness in Spokane Valley, Washington, stands out as a premier gym that caters to a diverse range of fitness enthusiasts. This facility is designed with accessibility in mind, featuring a ****wheelchair-accessible entrance**** and ample ****wheelchair-accessible car park**** options. The gym is committed to ensuring all members feel welcome and supported, making it an ideal choice for anyone looking to improve their health.

A Family-Friendly Environment

One of the unique offerings at MUV Fitness is its **child care** service. Parents can focus on their workouts while knowing their children are in a safe, supervised environment. The staff members within the child care area are praised for their genuine care, remembering children's names and providing a comforting atmosphere. For instance, **Ms. Nora** and **Ms. Britney** have been highlighted for their exceptional service, emphasizing the gym's commitment to family-friendly amenities.

State-of-the-Art Amenities

The gym provides an impressive array of **amenities** including: - A **basketball court** for those looking to engage in some fun and competitive gameplay. - **Sauna** facilities that enhance post-workout recovery and relaxation. - Clean shower facilities that ensure a refreshing experience after your workout. With great equipment options and a clean facility, MUV Fitness has earned praise for its top-notch quality. Members appreciate the variety of machines and classes offered, ensuring everyone can find something that suits their fitness needs.

Accessibility and Inclusiveness

MUV Fitness goes above and beyond to ensure inclusivity. The facility features a **wheelchair-accessible toilet**, allowing all members to enjoy a comfortable experience. Testimonials from members note how the staff is always willing to accommodate and assist, showcasing the welcoming **atmosphere** that makes this gym feel like home.

On-Site Services and Support

The gym offers multiple **on-site services**, including personal trainers who are highly regarded for their knowledge and encouragement. Members have shared experiences of how trainers like **Alicia** and **Olito** have transformed their fitness journeys, helping them achieve personal goals and build confidence. Additionally, the staff's customer service receives notable commendation. Several reviews highlight the supportive team, with specific mentions of the manager, **Andrew**, who goes out of his way to ensure member satisfaction—whether it's sorting out billing issues or providing guidance on fitness plans.

The MUV Fitness Experience

Overall, MUV Fitness Spokane Valley delivers an energetic and supportive environment that encourages members to reach their health and fitness goals. With a focus on **service options**, flexibility, and inclusivity, it's no wonder many choose this gym as their fitness home. Whether you're new to working out or a seasoned athlete, MUV Fitness offers the perfect mix of community,

support, and world-class facilities to help you stay motivated and on track. In conclusion, if you're in Spokane Valley and looking for a space that prioritizes both fitness and comfort, MUV Fitness is definitely worth checking out. It combines excellent facilities with outstanding staff, ensuring every visit leaves you feeling accomplished and welcomed.

We are situated in

14927 E Sprague Ave, 99216 Spokane Valley, Washington - United States (US)

The phone of said **Gym** is +1509-926-1241

And if you want to send a WhatsApp, you can do so at +1509-926-1241

Our business hours are:

Day Hours
Monday
5?AM–11?PM
Tuesday
5?AM–11?PM
Wednesday
5?AM–10?PM
Thursday
6?AM–8?PM
Friday
6?AM–8?PM
Saturday
5?AM–11?PM
Sunday
5?AM–11?PM

The website is MUV Fitness Spokane Valley

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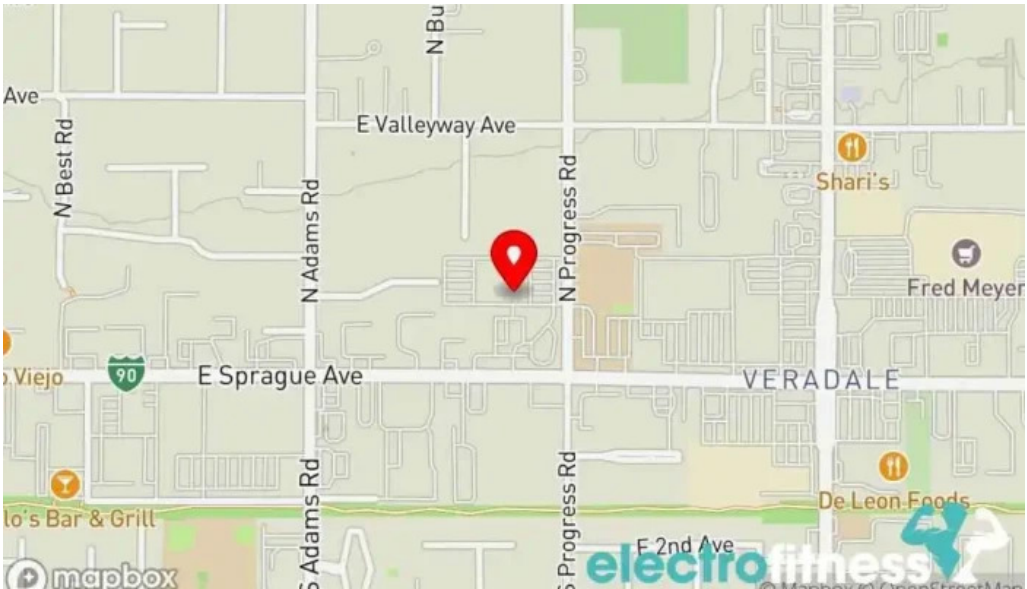
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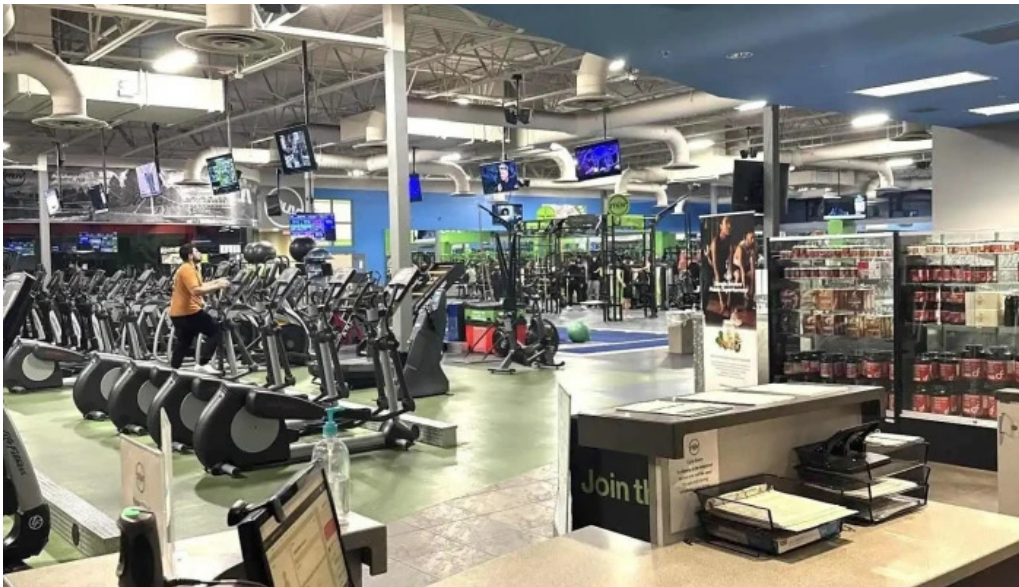
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Tags

Basketball court, Wheelchair-accessible toilet, On-site services, Atmosphere, Sauna, Membership required, Accessibility, Shower, Planning, Wheelchair-accessible car park, Wheelchair-accessible entrance, Child care, Amenities, Service options

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gym
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