

Electro Fitness: Best Electro Fitness

### **Empire Fitness - Spokane**

spokane



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https://www.electrofitness.com/gym/spokane/empire-fitness-spokane\_257920.php



spokane

# Empire Fitness - Spokane

## Discover Gym Empire Fitness in Spokane, Washington

If you are looking for a fitness center that combines \*\*top-notch equipment\*\* with a welcoming atmosphere, Gym Empire Fitness may be the place for you. Located in Spokane, this gym offers various amenities, but it's important to consider aspects such as \*\*accessibility\*\* and scheduling when deciding if it's the right fit for your fitness journey.

## **Accessibility Matters**

One of the key features of Gym Empire Fitness is its commitment to

accessibility. The gym boasts a \*\*wheelchair-accessible entrance\*\* and a \*\*wheelchair-accessible car park\*\*, ensuring that all members of the community can access their facilities comfortably. This focus on inclusivity allows individuals with mobility challenges to participate in the wide range of classes available.

## **Class Schedule and Booking Requirements**

While Gym Empire Fitness provides \*\*excellent classes\*\* led by knowledgeable coaches who accommodate injuries, the gym does have some operational constraints. Many users have expressed that the gym closes early and lacks classes during the middle of the day. For those with busy schedules, this can be a significant drawback. Furthermore, classes need to be booked in advance; if attendance is low, classes may be canceled, and last-minute changes could lead to a \$15 fee if members cannot make it.

### **Atmosphere and Environment**

Feedback about Gym Empire Fitness highlights its clean and inviting environment. Members have noted the \*\*pristine condition\*\* of the facility, which contributes to a positive workout experience. Many describe the staff as friendly, helpful, and accommodating, catering to individuals at all fitness levels. Positive interactions with the staff can enhance motivation and overall satisfaction at the gym.

## Conclusion: Is Gym Empire Fitness Right for You?

Whether Gym Empire Fitness is the right choice for you largely depends on your personal schedule and fitness needs. While it offers incredible equipment and dedicated staff, the early closing times and strict class policies may not suit everyone. If you value a structured environment and are willing to plan ahead for your workouts, you may find this gym to be a great fit. For individuals seeking more flexible options, exploring other facilities might be beneficial.

#### The location of our business is in

1028 N Hamilton St, 99202 Spokane, Washington - United States (US)

The contact phone of the mentioned **Gym** is <u>+1509-474-0401</u> And if you want to send a WhatsApp, you can do so at<u>+1509-474-0401</u>

## Visit us during the following hours:



6?AM-8?PM
Tuesday
6?AM-8?PM
Wednesday
6?AM-2?PM
Thursday
8?AM-2?PM
Eriday
Closed
Saturday
6?AM-8?PM
Sunday
6?AM-8?PM

## The website is **Empire Fitness**

If you require to alter any information that you believe is not precise about this web, we urge you to send us a message so we can we will fix it at the earliest convenience. Thank you in advance thanks.



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Empire fitness spokane



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# **Tags**

Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible car park

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basketball court
body shaping class
boot camp
boxing club
boxing gym
boxing ring
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club
coffee shop
community center
convenience store
counselor
country club

coworking space
coworking space cultural center
dance company
dance school
day spa
dollar store
educational institution
elementary school
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metaphysical supply store
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nutritionist
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physical fitness program
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rehabilitation center
resort hotel
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket

swimming facility
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
wrestling school
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