

## Kermit M. Rudolf Fitness Center - Spokane

spokane

☐ I'm not a robot

  
RECAPTCHA

Published on: 02/05/25	Hits: 126
Comments: 0	See comments
Votes: 14	Score: 3.7

[https://www.electrofitness.com/gym/spokane/kermit-m-rudolf-fitness-center-spokane\\_258122.php](https://www.electrofitness.com/gym/spokane/kermit-m-rudolf-fitness-center-spokane_258122.php)



spokane

### *Kermit M. Rudolf Fitness Center - Spokane*

#### **Welcome to Kermit M. Rudolf Fitness Center**

Located in Spokane, Washington, the **\*\*Kermit M. Rudolf Fitness Center\*\*** is designed to cater to the needs of students and faculty alike at Gonzaga University. With a capacity for a community of 5,000 students, this gym offers a range of **\*\*amenities\*\*** that aim to enhance your fitness journey.

#### **Amenities Offered**

One of the key features of Kermit M. Rudolf Fitness Center is its diverse selection of equipment. While many users appreciate the variety, some have

expressed concerns about the **older dumbbell designs** and the spacing between machines. A balanced approach to equipment choices, particularly with **stair masters** and treadmills, could significantly enhance the user experience.

## Planning Your Visits

To make the most of your workout, it's essential to plan your visits during less busy hours. Many visitors report that the gym can become quite **crowded**, especially during peak times. This influx of users has led to calls for additional space to accommodate everyone comfortably.

## Accessibility Features

Kermit M. Rudolf Fitness Center prioritizes **accessibility** for all its members. The facility features a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that everyone can participate in fitness activities without barriers.

## Activities and Facilities

The gym is equipped with a **swimming pool**, a **basketball court**, and a **volleyball court**, making it a versatile space for a variety of sports. These facilities help foster a sense of community, although some users feel that the gym requires a **membership** for better management of resources.

## Community Feedback

Reviews highlight a mix of experiences at the Kermit M. Rudolf Fitness Center. While many appreciate the **cleanliness** and **friendly staff**, there are concerns about equipment maintenance, with broken machines reportedly left unattended for extended periods. Some users feel the environment could be improved, citing issues with unfriendly interactions among gym-goers.

## Final Thoughts

In conclusion, while the Kermit M. Rudolf Fitness Center provides valuable services and facilities to the Gonzaga University community, there are noticeable areas for improvement. Addressing equipment issues, enhancing space during peak hours, and maintaining a welcoming atmosphere could significantly elevate the overall gym experience for all members.

## The address of our establishment is

Martin Centre (Fitness), Lower Kennedy Dr, 99258 Spokane, Washington - United States (US)

The contact phone of the mentioned **Gym** is +1509-313-3974

And if you want to send a WhatsApp, you can do so at +1509-313-3974

## Our opening hours are:

Day Hours  
Monday

6?AM–11?PM

Tuesday

6?AM–11?PM

Wednesday

6?AM–10?PM

Thursday

9?AM–6?PM

Friday

9?AM–10?PM

Saturday

6?AM–11?PM

Sunday

6?AM–11?PM

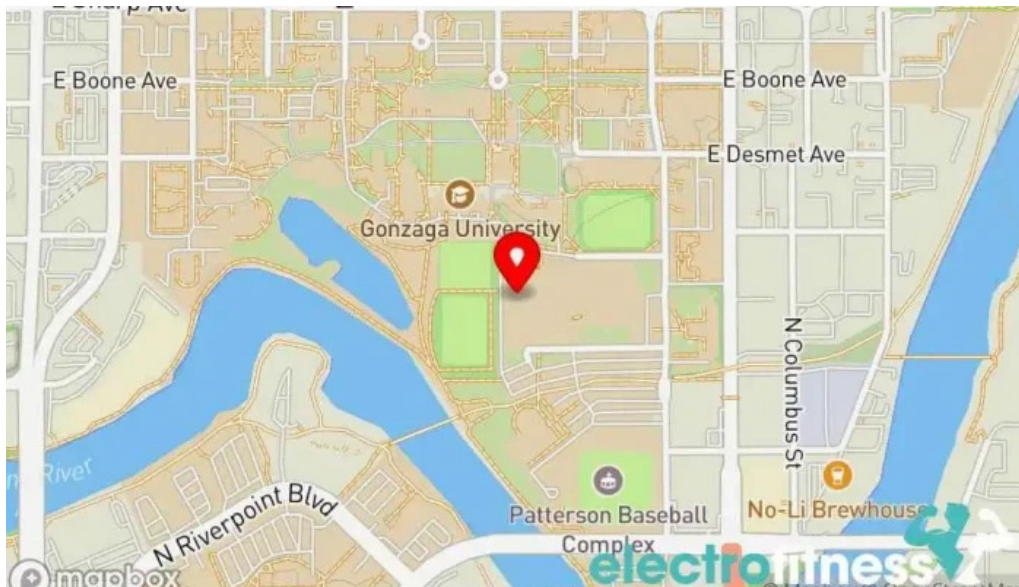
The website is [Kermit M. Rudolf Fitness Center](#)

If you require to update any element that you think is not accurate regarding this web, we kindly request forward a message so that we will adjust it quickly. In advance thanks.

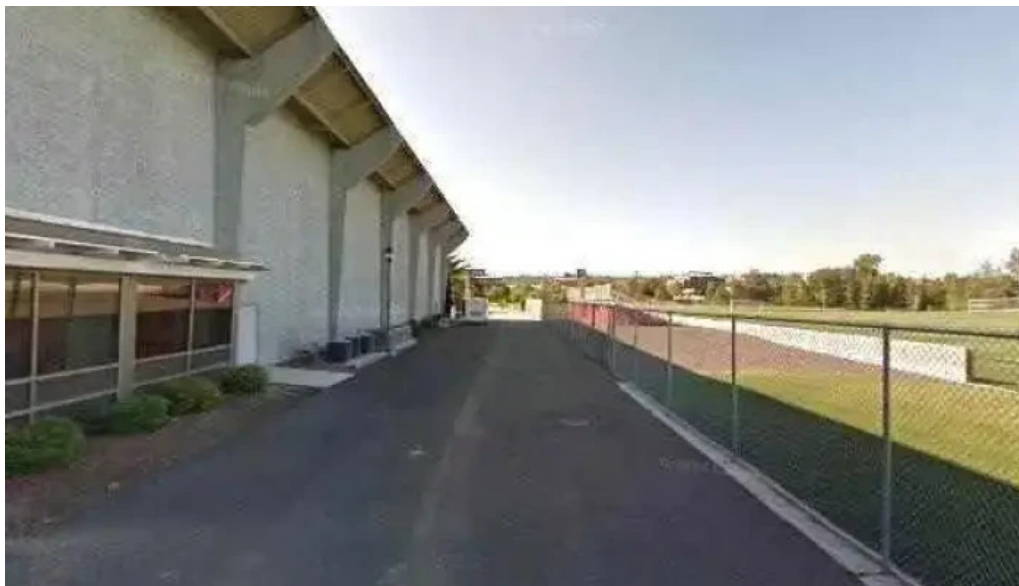
## Images



*Kermit m rudolf fitness center spokane*



*Kermit m rudolf fitness center map*



*Kermit m rudolf fitness center all*

## Tags

*Volleyball court, Basketball court, Planning, Wheelchair-accessible car park, Membership required, Amenities, Accessibility, Wheelchair-accessible entrance, Swimming pool*

## Related content

---

**4.3 \*** *Onelife Fitness - Rockville - Rockville*

---

**4.9 \*** *Nsu Fit Gym and Pool - Tahlequah*

---

**3.9 \*** *Onelife Fitness - Bethesda - Bethesda*

---

**4.3 \*** *Onelife Fitness - North Frederick - Frederick*

<b>4.3 *</b>	<i>Onelife Fitness - Crystal Park - Arlington</i>
<b>4.1 *</b>	<i>Onelife Fitness - Pike &amp; Rose - Rockville</i>
<b>5.0 *</b>	<i>Shine Basketball - Northglenn</i>
<b>4.0 *</b>	<i>Calabasas Community Center - Calabasas</i>
<b>4.4 *</b>	<i>Southern Prairie Family Fitness Center - Creston</i>
<b>4.4 *</b>	<i>Goodson Recreation Center - Centennial</i>

## Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment complex
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor



country club
coworking space
cultural center
dance company
dance school
day spa
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school

massage spa
massage therapist
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer

supermarket
swimming facility
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization