

Muv Fitness North Spokane - Spokane

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Muv Fitness North Spokane - Spokane

MUV Fitness North Spokane: Your Comprehensive Guide

MUV Fitness in North Spokane, Washington, is not just a gym; it's a community hub that focuses on a blend of fitness, accessibility, and overall wellness. Whether you're a seasoned athlete or just starting your fitness journey, this facility offers an array of ****on-site services**** tailored to meet diverse needs.

Planning Your Visit

When planning your workout, consider the facilities available at MUV Fitness.

The gym features a **“basketball court”**, a sauna, a pool, and multiple workout areas equipped with state-of-the-art machines and free weights. **“Membership is required”** to access all these amenities, including the shower and hydro-massage beds that many members rave about as perfect post-workout recovery options.

Accessibility and Atmosphere

MUV Fitness prides itself on being a welcoming place for everyone. It has a **“wheelchair-accessible entrance”** and car park, making it convenient for all members. Additionally, a **“wheelchair-accessible toilet”** is available, ensuring that everyone can enjoy the facilities. The atmosphere is described as clean and well-maintained, contributing to a positive experience for all members.

Child Care and Amenities

For parents, MUV Fitness provides excellent **“child care services”**. The kid's zone is a fun and engaging space where children can play safely while parents focus on their workouts. With proper **“shower facilities”** and other key **“amenities”**, this gym caters to the whole family.

Group Classes and Personal Training

The variety of group classes offered allows members to explore different styles of fitness training, making workouts more enjoyable. Additionally, personal trainers are available on-site, providing expert guidance to help members achieve their fitness goals. Members have noted the friendly nature of trainers who will assist without being pushy, creating a comfortable environment.

Staff and Customer Service

Many reviews highlight the knowledge and professionalism of MUV Fitness staff. Employees like Precious and Alex have been praised for their welcoming attitudes and willingness to assist members with any inquiries. However, it's important to note that while many members appreciate the support, some have expressed concerns over inconsistent customer service experiences, particularly related to membership cancellations and follow-ups.

Final Thoughts

Overall, MUV Fitness North Spokane has the potential to be a fantastic fitness destination with its comprehensive amenities, supportive atmosphere, and dedicated staff. The facility caters to various fitness levels and needs, making it a great choice for individuals and families alike. While member feedback has varied, especially concerning gym management and customer service, the essential offerings and community-oriented approach remain strong attractions for those looking to commit to their health and fitness goals.

We are located at

603 E Holland Ave, 99218 Spokane, Washington - United States (US)

The contact line of the respective **Gym** is +1509-467-1500

And if you want to send a WhatsApp, you can do so at +1509-467-1500

Our public attention hours are:

Day Hours
Monday
5?AM–11?PM
Tuesday
5?AM–11?PM
Wednesday
5?AM–10?PM
Thursday
6?AM–8?PM
Friday
6?AM–8?PM
Saturday
5?AM–11?PM
Sunday
5?AM–11?PM

The website is MUV Fitness North Spokane

If necessary to alter any information that you feel is not accurate regarding this page, we ask send us a message and we will adjust it quickly. Thank you in advance we appreciate it.

Images



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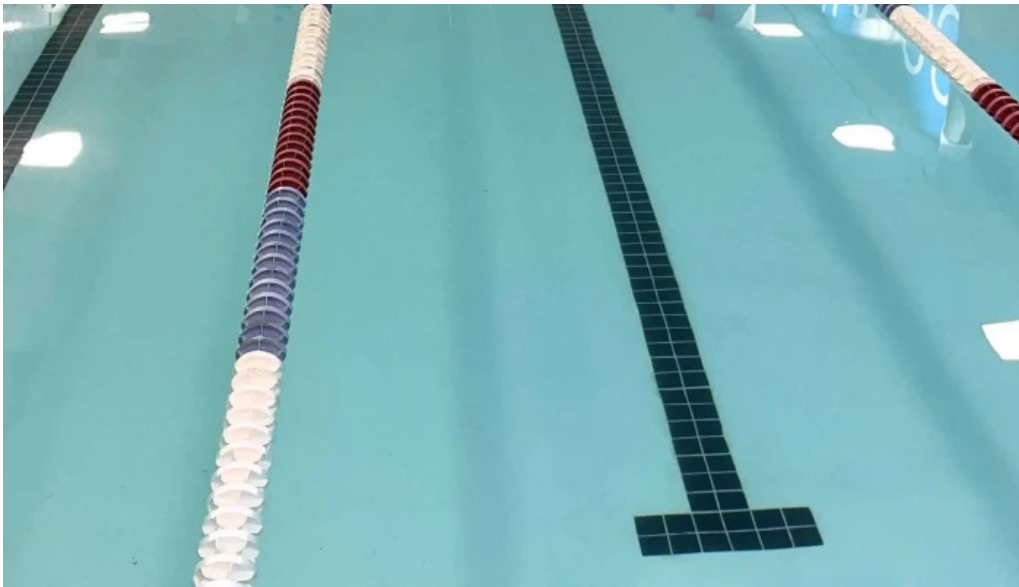
Muv fitness north spokane reviews



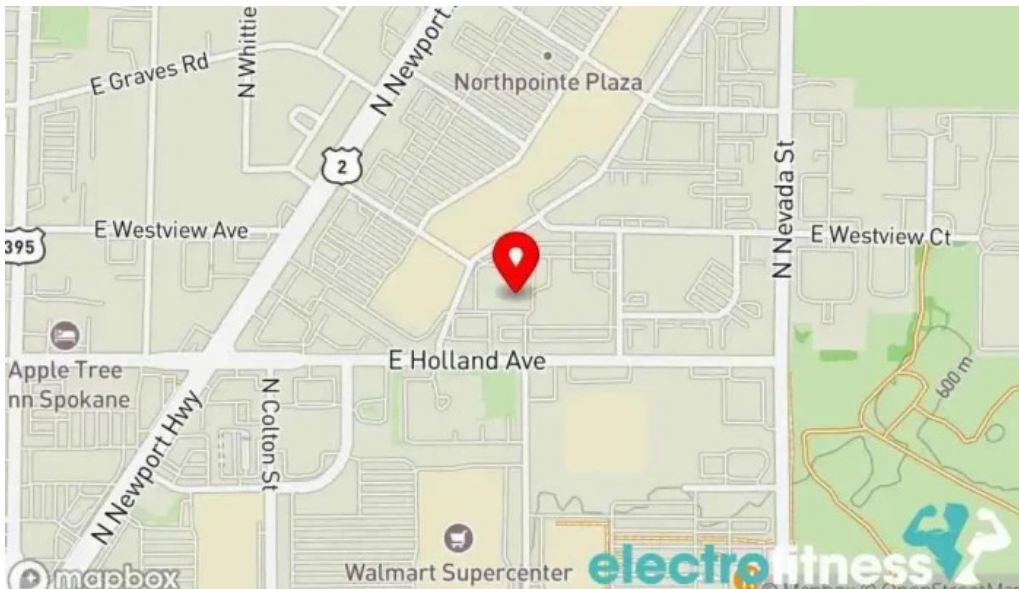
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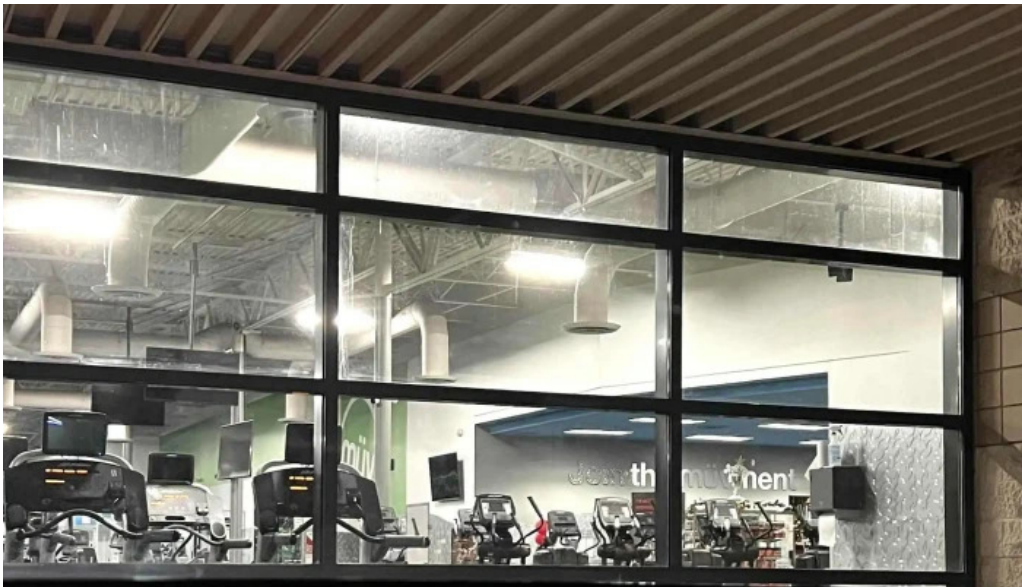
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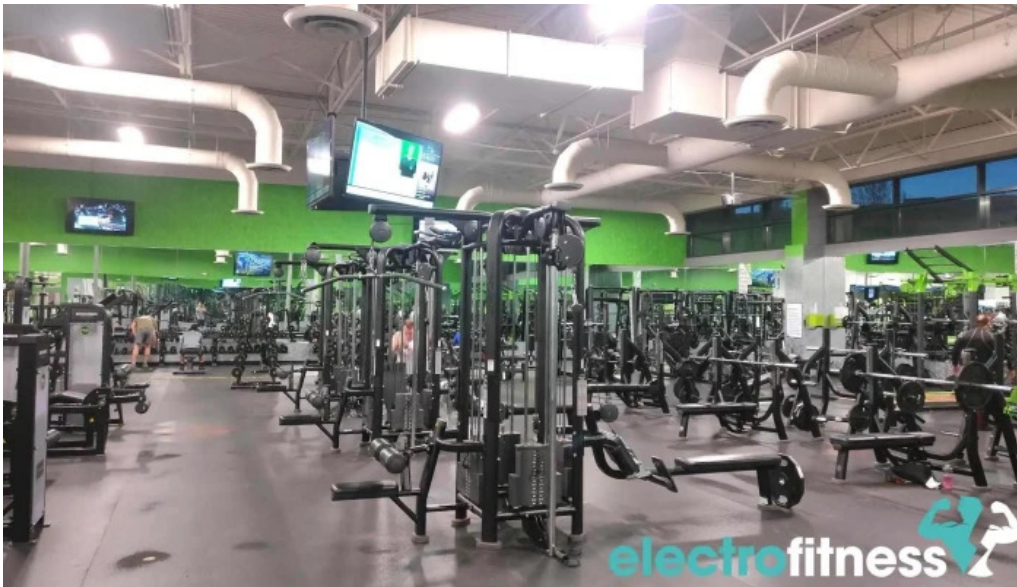
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Tags

Accessibility, Wheelchair-accessible car park, Membership required, Wheelchair-accessible entrance, Basketball court, Service options, Sauna, Planning, On-site services, Atmosphere, Shower, Wheelchair-accessible toilet, Child care, Amenities

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