

## Spokane Boxing Gym - Spokane

spokane

☐ I'm not a robot
 

Published on: 03/05/25	Hits: 1188
Comments: 0	See comments
Votes: 108	Score: 4.8

[https://www.electrofitness.com/gym/spokane/spokane-boxing-gym-spokane\\_258176.php](https://www.electrofitness.com/gym/spokane/spokane-boxing-gym-spokane_258176.php)



*spokane*

### *Spokane Boxing Gym - Spokane*

### *Spokane Boxing Gym: A Community Hub*

#### **Welcome to Spokane Boxing Gym**

If you're searching for a vibrant and inclusive fitness environment, look no further than **Spokane Boxing Gym** in Spokane, Washington. With its dedicated coaches and supportive community, this gym is not only a place to train but also a haven for personal growth.

#### **Accessibility and Inclusivity**

Spokane Boxing Gym prides itself on being an inclusive space for everyone, regardless of their background or experience level. The facility features a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, ensuring that all individuals can participate in the transformative power of boxing. This commitment to accessibility reflects the gym's core values of community and support.

## **Life-Changing Experience**

As many members attest, Spokane Boxing Gym is more than just a place to work out; it's a family. From the moment you step through the door, you're welcomed with open arms. One long-time member shares, "I found Rick Welliver and Spokane Boxing over a decade ago....and it was a gift!" This sentiment resonates throughout the gym, where members describe how they feel like they belong and are genuinely cared for by the coaches and fellow boxers.

## **The Coaching Staff**

Rick Welliver, the owner and lead coach, is a pillar of the Spokane community. Known for his dedication to teaching discipline and resilience, he provides guidance that extends beyond boxing. Members frequently mention how Coach Rick instills valuable life lessons and skills that apply both inside and outside the ring. One parent noted how their children gained hard work and confidence, saying, "This gym brought out another side of them and all thanks to the coaches that welcomed them from day zero."

## **A Positive Environment for All**

The atmosphere at Spokane Boxing Gym is one of encouragement and support. Whether you're a beginner or an experienced boxer, you'll find a welcoming community eager to help you achieve your goals. A first-time member expressed, "I have always felt welcome and supported," highlighting the gym's commitment to creating a judgment-free zone where everyone can thrive.

## **Getting Fit and Finding Community**

Many members find that training at Spokane Boxing Gym not only enhances their physical fitness but also fosters meaningful connections. One individual remarked, "You will not find a better group of people to surround yourself and family." As members work hard together, they build camaraderie that lasts beyond the gym walls.

## **Join the Movement**

Whether you're looking to improve your boxing skills, get fit, or simply want a place that feels like home, Spokane Boxing Gym is the perfect fit. With its accessible facilities, amazing community, and passionate coaching staff, you'll discover that this gym truly changes lives. Come join the family at Spokane Boxing Gym and experience the supportive atmosphere that so many have come to love!

**The business is situated at**

115 S Jefferson St, 99201 Spokane, Washington - United States (US)

The contact phone of this **Gym** is +1509-217-0731

And if you want to send a WhatsApp, you can do so at +1509-217-0731

**We open at the following schedule:**

Day	Hours
Monday	3:30–7:30?PM
Tuesday	3:30–7:30?PM
Wednesday	3:30–7:30?PM
Thursday	10–11:30?AM
Friday	Closed
Saturday	4:15–7:30?PM
Sunday	3:30–7:30?PM

The website is Spokane Boxing Gym

If you need to change any information that you feel is not correct about this page, we kindly request forward a message and we will adjust it at the earliest convenience. In advance we appreciate it.

## Images

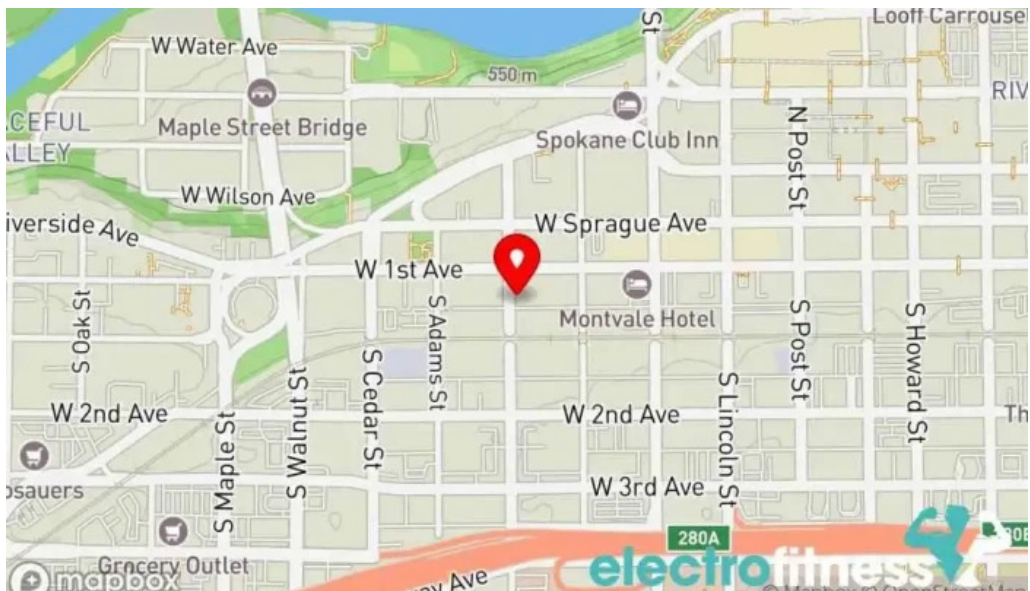


*Spokane boxing gym street view 360deg*



*Spokane boxing gym spokane*





*Spokane boxing gym map*



*Spokane boxing gym gym*



*Spokane boxing gym all*

## Tags

*Wheelchair-accessible entrance, Accessibility, Wheelchair-accessible car park*

## Related content

4.9 *	<i>Champion Boxing &amp; Fitness - Rockville</i>
3.9 *	<i>Oak Hills Boxing Club - Hesperia</i>
5.0 *	<i>S&amp;a Boxing Academy - Waldorf</i>
5.0 *	<i>Wise Choice Boxing Training &amp; Fitness - Exmore</i>
4.9 *	<i>Love's Boxing Club - Fall River</i>
4.8 *	<i>Title Boxing Club Clemmons - Clemmons</i>
4.9 *	<i>Urban Boxing Bethesda - Bethesda</i>
2.3 *	<i>Stoic Boxing - Highlands Ranch</i>
4.9 *	<i>Brave Boxing Club - Farmers Branch</i>
5.0 *	<i>Tty Boxing &amp; Fitness - Brentwood</i>

## Categories

academic department
acupuncture clinic

after school program
amusement center
amusement park ride
animal feed store
apartment complex
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler

food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist



physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer

wrestling school
yoga instructor
yoga studio
youth organization