

Boom Fitness - Stanley

stanley

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Discovering Gym Boom Fitness: A Hidden Gem in Stanley, North Dakota

If you're in search of a fitness solution in the small town of Stanley, North Dakota, **Gym Boom Fitness** might just be what you need. With its welcoming atmosphere and promising management improvements, it's becoming an essential part of the community.

Planning Your Visit

Before heading to the gym, it's important to note that a **membership is required** to access the facilities. While the process for signing up can

sometimes be slow due to limited staff availability, many members appreciate the effort from the management to create a friendly environment. If you're planning to join, keep in mind to check the operating hours to ensure someone is available to assist with your membership.

Accessibility Features

One of the key highlights of Gym Boom Fitness is its commitment to accessibility. The gym features a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, making it easier for everyone in the community to work towards their fitness goals. This inclusive approach ensures that all members have the opportunity to enjoy the facilities without barriers.

What to Expect Inside

Upon entering Gym Boom Fitness, you'll find a variety of equipment carefully arranged to maximize the limited space. Many patrons have noted that despite being small, the gym has managed to fit in a solid range of machines necessary for sculpting and shaping your body. However, some equipment, such as the treadmill, has been reported as needing maintenance, having been broken for over six months. Members have expressed mixed feelings about cleanliness; while recent management changes have led to improved hygiene, some areas, like the group fitness room, have been critiqued for slippery floors. Additionally, bring a full water bottle since the gym lacks a drinking fountain, although drinks are available through vending machines.

Atmosphere and Community

The overall environment at Gym Boom Fitness has received positive feedback, especially following the management switch in January. Members appreciate the cleanliness and friendly staff who strive to create a supportive atmosphere for workouts. Although some have remarked on the absence of music in the fitness area and issues with the radio system, many find the experience satisfactory for their needs.

A Local Hub for Fitness

Despite some drawbacks, Gym Boom Fitness stands out as the only gym within a 50-mile radius. Many locals value its presence, particularly as a place where they can pursue health and fitness goals. For those willing to navigate its quirks, it provides a solid workout environment tailored to meet the needs of its community. In conclusion, whether you're a seasoned gym-goer or a first-timer, Gym Boom Fitness offers a unique opportunity to engage in physical activity in Stanley, North Dakota. With some improvements still on the horizon, it's clear why the gym is respected and appreciated by many in the area.

You will find us at

901 Tami St, 58784 Stanley, North Dakota - United States (US)

The contact phone of this **Gym** is +1701-628-5704

And if you want to send a WhatsApp, you can do so at +1701-628-5704

We open at the following schedule:

Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

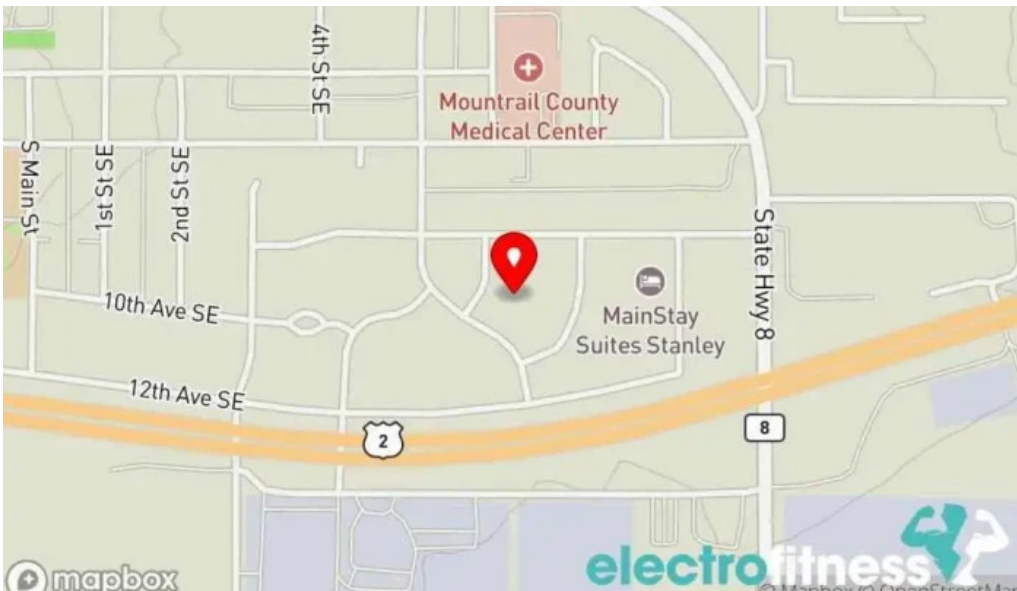
The website is Boom Fitness

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Images



Boom fitness stanley



Boom fitness map



Boom fitness all

Tags

Planning, Membership required, Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible car park

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