

## Swansea Total Fitness - Swansea

swansea

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swansea

## Swansea Total Fitness - Swansea

### Swansea Total Fitness: Your Ultimate Gym Experience in Swansea, Massachusetts

If you're searching for a gym that prioritizes cleanliness, community, and top-notch amenities, look no further than **Swansea Total Fitness**. This gym is often praised for its friendly atmosphere and well-maintained facilities, making it an ideal choice for fitness enthusiasts at all levels.

### Amenities That Enhance Your Workout

Swansea Total Fitness offers a wide range of **amenities** designed to cater to all your fitness needs. Members have access to:

**State-of-the-art equipment** for weight training and cardio workouts **A sauna** to help you relax post-workout **Wi-Fi** throughout the facility, allowing you to stay connected A variety of **online classes** that you can join from the comfort of your home **Childcare services** for those who need assistance while working out

## **Accessibility and Convenience**

The gym prides itself on being **wheelchair-accessible**, ensuring that everyone can benefit from its services. The **wheelchair-accessible car park** and entrance make it easy for all members to navigate the facility. Moreover, planning your visit is simple, thanks to the extensive class schedules available each week.

## **Membership Options and Service**

While a **membership is required** to enjoy all the features of Swansea Total Fitness, many members rave about the affordability of the monthly fees. The gym provides various **service options**, including personal training sessions with experienced trainers who are dedicated to helping you achieve your fitness goals.

## **A Community-Centric Approach**

One of the standout features of Swansea Total Fitness is its sense of community. Many reviews highlight the friendly staff and supportive atmosphere, making it easy for newcomers to feel at home. The variety of classes offered ensures that there is something for everyone, from **Zumba** to strength training.

## **Final Thoughts**

Swansea Total Fitness is more than just a gym; it's a supportive environment where individuals can achieve their fitness goals together. With its clean facilities, diverse amenities, and a strong focus on accessibility, it's clear why so many members passionately recommend this gym. Whether you're just starting your fitness journey or are looking for a new place to call home, Swansea Total Fitness is the perfect choice.

## **Our business is located at**

*207 Swansea Mall Dr #2, 02777 Swansea, Massachusetts - United States (US)*

The phone of said **Gym** is *+1508-679-9793*

And if you want to send a WhatsApp, you can do so at [+1508-679-9793](https://www.whatsapp.com/business/collections/15086799793)

## We are open during the following hours:

Day Hours  
Monday  
5?AM–9?PM  
Tuesday  
6?AM–6?PM  
Wednesday  
7:30?AM–3?PM  
Thursday  
5?AM–9?PM  
Friday  
5?AM–9?PM  
Saturday  
5?AM–9?PM  
Sunday  
5?AM–9?PM

The website is [Swansea Total Fitness](#)

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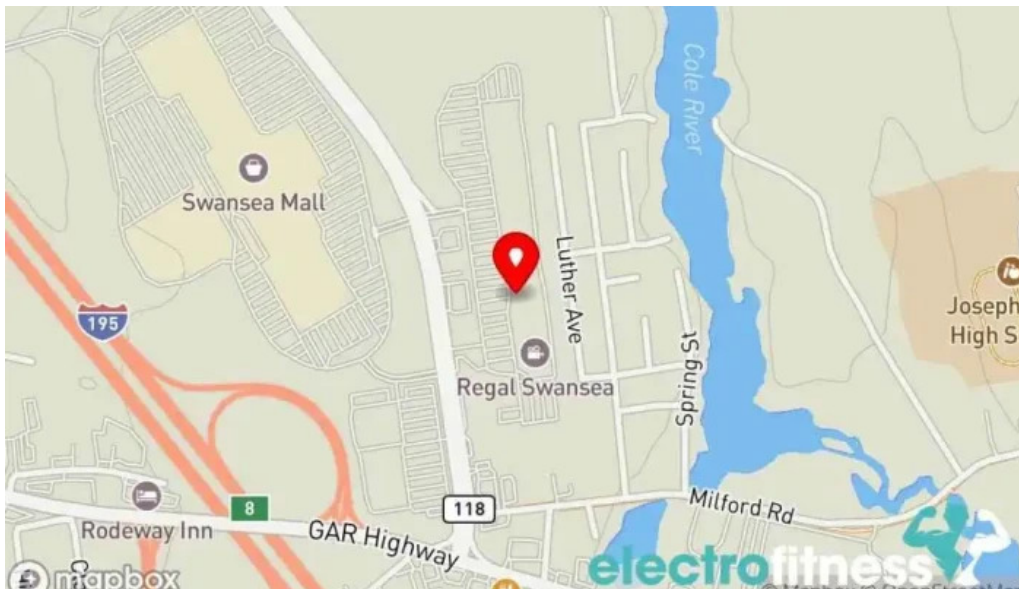
## Images



*Swansea total fitness swansea*



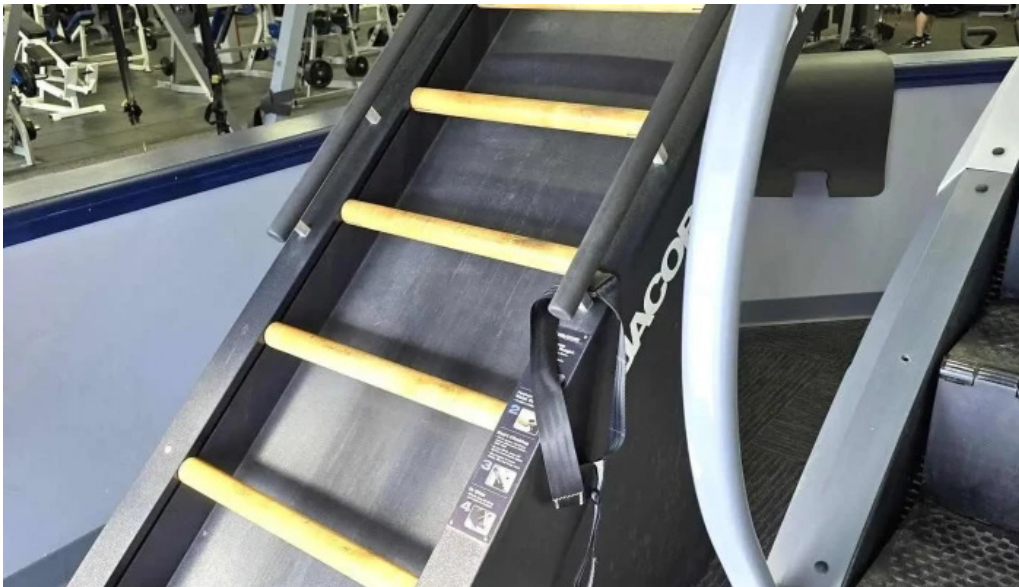
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## Tags

*Service options, Sauna, Accessibility, Planning, Amenities, Membership required, Wheelchair-accessible entrance, Wi-Fi, Wheelchair-accessible car park, Online classes*

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arena
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community center
convenience store
country club
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dollar store
elementary school
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fitness
fitness center
golf club
golf course
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hair salon
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indoor cycling
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karate school
kennel
kickboxing school
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kinesiotherapist
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martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapy clinic
pickleball court
pilates studio
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
swimming instructor
swimming school
tennis club
thrift store
vitamin & supplements store
wellness center
wellness program
yoga instructor
yoga studio
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