


## Crunch Fitness - Taylor - Taylor

taylor

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## Crunch Fitness - Taylor - Taylor

### Crunch Fitness Taylor: An Inclusive Fitness Hub

Located in Taylor, Michigan, **Crunch Fitness** offers a variety of amenities that cater to diverse fitness needs, making it a popular choice among locals. The gym is known for its welcoming atmosphere and commitment to accessibility.

#### Accessibility Features

For those requiring special accommodations, Crunch Fitness provides a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**,

ensuring that all members can navigate the facility with ease. This aspect greatly enhances the overall **accessibility** for individuals with mobility challenges.

## **Amenities That Elevate Your Workout Experience**

The gym boasts multiple **amenities** designed to enhance your workout routine. Members can enjoy:

- **Sauna**: A much-loved feature among gym-goers, though cleanliness has been brought into question by some. Regular maintenance could ensure a healthier experience.
- **Showers**: Clean and well-maintained showers are available to freshen up after a workout.
- **Wi-Fi**: Free Wi-Fi access ensures you can stay connected while focusing on fitness.

While the gym features a range of machines and free weights, feedback indicates that cleanliness in specific areas, especially the sauna and locker rooms, needs attention.

## **Personal Training Offerings**

As mentioned in reviews, many members have benefited from personal training sessions. Trainers like **Steven Glenn** have received acclaim for their tailored approaches, helping individuals recover from injuries and build strength. The importance of **planning** personalized workouts cannot be understated, particularly for seniors and those with previous injuries.

## **The Crunch Difference: Membership and Atmosphere**

To use the facilities, a **membership is required**, which many find reasonable considering the extensive offerings. The atmosphere at Crunch Fitness is generally described as supportive and motivating, with friendly staff providing assistance and encouragement. Despite some negative comments regarding customer service and maintenance, it's evident that the gym attracts a loyal clientele, highlighting the community feel that Crunch fosters.

## **Conclusion: A Gym Worth Considering**

Overall, Crunch Fitness in Taylor combines essential fitness provisions with a community vibe that many find attractive. With better regular maintenance and more focus on cleanliness in shared spaces, it could easily elevate its reputation even further. **Consider joining** to experience firsthand the range of classes and supportive environment that Crunch has to offer.

### **You can reach us at**

21604 Ecorse Rd, 48180 Taylor, Michigan - United States (US)

The contact phone of this **Gym** is +1734-234-6670

And if you want to send a WhatsApp, you can do so at +1734-234-6670

## Our business hours are:

Day	Hours
Monday	5?AM–12?AM
Tuesday	5?AM–12?AM
Wednesday	5?AM–11?PM
Thursday	7?AM–9?PM
Friday	7?AM–9?PM
Saturday	5?AM–12?AM
Sunday	5?AM–12?AM

The website is [Crunch Fitness - Taylor](#)

If you need to adjust any detail that you believe is not accurate related to this site, we urge you to send a message and we will correct it promptly. In advance we appreciate it.

## Images



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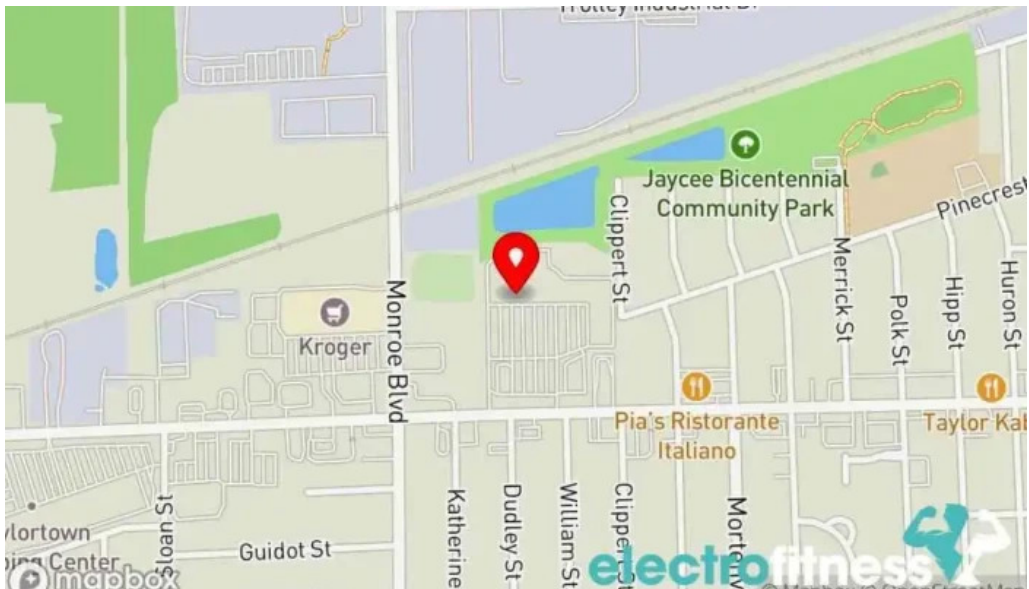
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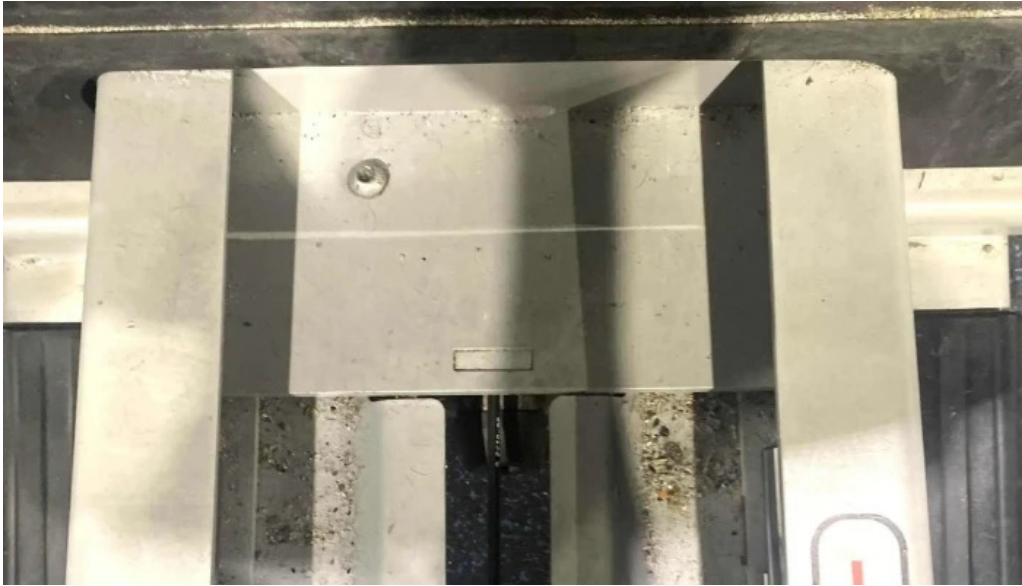
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## Tags

*Wheelchair-accessible car park, Sauna, Planning, Shower, Wi-Fi, Atmosphere, Accessibility, Offerings, Amenities, Wheelchair-accessible entrance, Membership required*

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day spa
disability services and support organization
disc golf course
dollar store
educational institution

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exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
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golf club
golf course
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gymnastics center
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