

E?S Fitness - Temecula

temecula

☐ I'm not a robot


ReCAPTCHA

Published on: 29/04/25	Hits: 6699
Comments: 0	See comments
Votes: 609	Score: 4.2

https://www.electrofitness.com/gym/temecula/e?s-fitness-temecula_235441.php



temecula

E?S Fitness - Temecula

Discover E?S Fitness in Temecula, California

E?S Fitness is a premier gym located in Temecula, California, known for its ****accessible facilities**** and vibrant atmosphere. Offering ****wheelchair-accessible entrances**** and a ****wheelchair-accessible car park****, E?S makes it easy for everyone to embark on their fitness journey.

Membership Requirements

Before diving into the various amenities, it's essential to note that a ****membership is required**** to access E?S Fitness. This membership opens the

door to an array of features tailored to cater to diverse fitness goals.

Atmosphere and Community

The energy at E?S Fitness is palpable. Members often describe the ****atmosphere**** as motivating and inclusive. The community spirit fosters a sense of belonging, making it easier to stay consistent and achieve personal fitness goals. As one member put it, "The only bad workout is the one that didn't happen." This sentiment encapsulates the encouraging vibe that fills the gym.

Outstanding On-site Services

E?S Fitness offers a variety of ****on-site services**** to enhance your experience, including well-maintained showers and a soothing sauna—an excellent way to unwind after a vigorous workout. The gym also provides convenient ****child care**** options, allowing parents to focus on their fitness while their children are cared for in a safe environment.

Amenities and Features

The facilities at E?S Fitness are designed to accommodate various fitness preferences:

- ****Basketball Court:**** A spacious area for those looking to enjoy some cardio through basketball games.
- ****Outdoor Services:**** Take advantage of functional training equipment set up in a designated outdoor area, perfect for fresh air workouts.
- ****Functional Equipment:**** With a wide range of machines and free weights, members can tailor their workouts to suit individual needs.

E?S also features a cinema room for cardio workouts, providing a unique twist to traditional exercises. Enjoy a movie while getting your heart rate up!

Accessibility and Convenience

Accessibility is a top priority at E?S Fitness. The ****wheelchair-accessible entrance**** and parking ensure that everyone can enjoy their services without hindrance. Furthermore, the facility maintains a clean environment, although there have been mixed reviews about the bathrooms and overall cleanliness during peak hours.

Group Classes and Personal Training

Members rave about the group fitness classes, highlighting the energy brought by instructors like Klaudia and Kelly. From Zumba to body pump sessions, these classes offer fun, engaging, and effective ways to work out. Personal trainers, such as Lucas and Jose, come highly recommended for their commitment to helping members achieve their fitness goals. Their expertise and personable approach make each session enjoyable and productive.

Final Thoughts

E?S Fitness in Temecula stands out not just for its extensive offerings but also for its welcoming environment and supportive staff. Whether you are just

starting your fitness journey or are a seasoned athlete, this gym has something to offer everyone. With amazing amenities, group fitness classes, and dedicated trainers, E?S Fitness is truly a great place to achieve your health and wellness goals!

Our business is at

32413 Temecula Pkwy Suite 400, 92592 Temecula, California - United States (US)

The contact line of said **Gym** is +1951-365-3181

And if you want to send a WhatsApp, you can do so at +1951-365-3181

You can visit us at the following hours:

Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

The website is E?S Fitness

If you require to alter any element that you consider is incorrect about this portal, please send a message so we can we will handle it quickly. Thank you in advance thank you very much.

Images



E?s fitness temecula



Eos fitness videos



Eos fitness temecula



Eos fitness street view 360deg



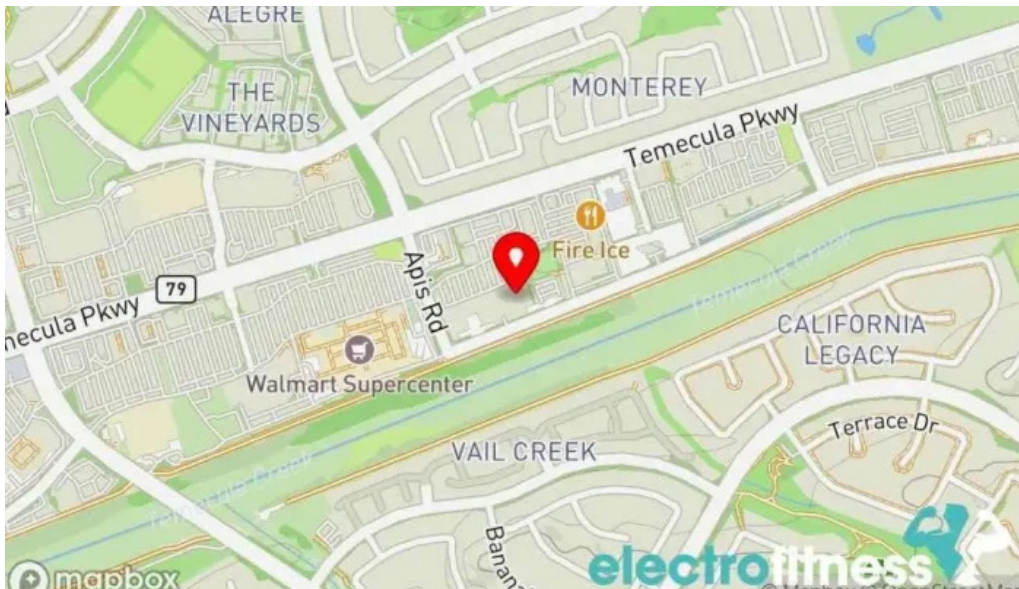
Eos fitness prices



Eos fitness phone



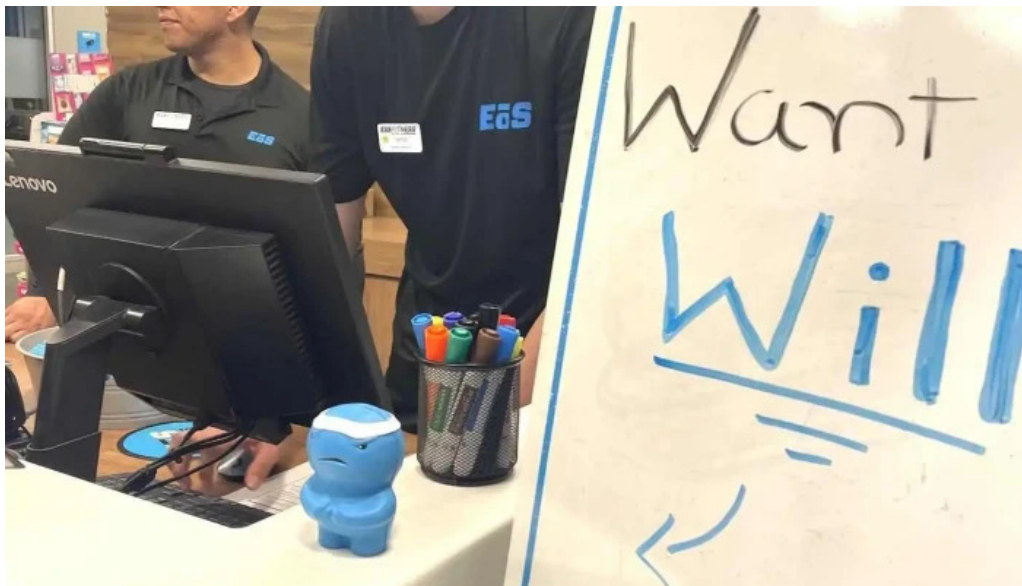
Eos fitness number



Eos fitness map



Eos fitness location



Eos fitness latest



Eos fitness instagram



Eos fitness gym



Eos fitness by owner



Eos fitness all

Tags

On-site services, Basketball court, Sauna, Atmosphere, Accessibility, Service options, Membership required, Child care, Planning, Wheelchair-accessible entrance, Shower, Amenities, Outdoor services, Wheelchair-accessible car park

Related content

4.3 * *Onelife Fitness - North Frederick - Frederick*

5.0 * *Shine Basketball - Northglenn*

4.4 * *Southern Prairie Family Fitness Center - Creston*

3.9 *	<i>Life Time - Westminster</i>
4.3 *	<i>Onelife Fitness - Crystal Park - Arlington</i>
3.0 *	<i>Life Time - Walnut Creek</i>
3.8 *	<i>Life Time - Dallas</i>
4.0 *	<i>Life Time - Broomfield</i>
3.9 *	<i>Life Time - Centennial</i>
4.0 *	<i>Vasa Fitness - Thornton</i>

Categories

academic department
acupuncture clinic
after school program
amusement park ride
animal feed store
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor
country club
coworking space

cultural center
dance company
dance school
day spa
dollar store
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
food producer
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization

nutritionist
park
parking lot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
rock climbing gym
sauna
school district office
self defense school
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program

women's personal trainer
yoga instructor
yoga studio
youth organization