

iAMFit Studios - Temple

temple

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iAMFit Studios - Temple

Welcome to iAMFit Studios: Your Fitness Transformation Destination in Temple, Pennsylvania

If you're serious about getting fit and improving your life, **iAMFit Studios** is the place for you. Located in Temple, Pennsylvania, this gym is more than just a workout space; it's a community that emphasizes personal growth and holistic health. A **membership is required** to access its top-notch facilities, but the investment in your health is truly worth it.

Accessibility and Amenities

At iAMFit Studios, accessibility is a top priority. The gym features a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, ensuring that everyone can benefit from their services. The gym also proudly offers **gender-neutral toilets**, fostering an inclusive environment for all members.

Our amenities include state-of-the-art equipment and a welcoming atmosphere. The gym is always clean and well-maintained, providing you with a pleasant experience every time you visit. As one member stated, "This gym offers great machines and all the up-to-date modern gym essentials."

Personalized Training and Support

The heart of iAMFit Studios lies in its dedicated trainers who are committed to your success. With personalized training programs tailored to individual needs, trainers like Ernie and Michelle have helped numerous clients achieve their goals. One client shared, "Ernie is definitely the Transformation King! His approach combines diet planning and challenging workouts that pushed me to excel."

Whether you're looking to lose weight, improve your physical conditioning, or gain confidence, the knowledgeable staff will guide you through every step of your fitness journey. From meal plans sourced from local vendors to motivational support, they are committed to helping you succeed.

A Community Focused on Results

iAMFit Studios isn't just about physical transformation; it's about overall well-being. Clients frequently mention how the supportive environment helps them stay motivated. One member expressed, "It's not just a program; it's a lifestyle, and you definitely get out of it what you put into it." The trainers keep you accountable, which is essential for lasting change.

Why Choose iAMFit Studios?

Proven Results: Many clients have seen significant weight loss and improvements in their health. **Flexible Training Options:** Whether you prefer one-on-one sessions or group training, there's something for everyone.

Community Feel: iAMFit is known for its friendly and motivating atmosphere, making it easier for members to commit to their fitness journeys. **Accessibility:** The gym's design ensures that everyone, regardless of ability, can work towards their fitness goals.

Conclusion

iAMFit Studios in Temple, Pennsylvania, offers more than just a place to work out. With its focus on personalized training, accessibility, and a strong sense of community, it stands out as a premier destination for anyone looking to change their life through fitness. If you're ready to take your first step toward a healthier you, visit iAMFit Studios today!

We are found at

4701 N 5th Street Hwy, 19560 Temple, Pennsylvania - United States (US)

The contact line of this **Gym** is +1610-816-7753

And if you want to send a WhatsApp, you can do so at +1610-816-7753

Our public attention hours are:

Day Hours
Monday
6?AM–9?PM
Tuesday
6?AM–9?PM
Wednesday
6?AM–9?PM
Thursday
6?AM–9?PM
Friday
6?AM–7?PM
Saturday
8?AM–12?PM
Sunday
8?AM–12?PM

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Images



lamfit studios videos



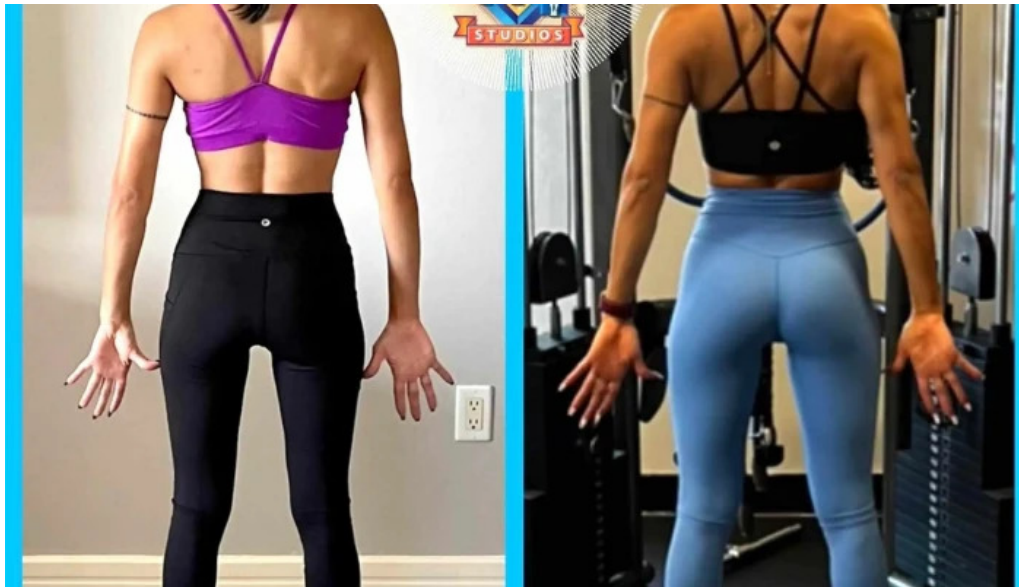
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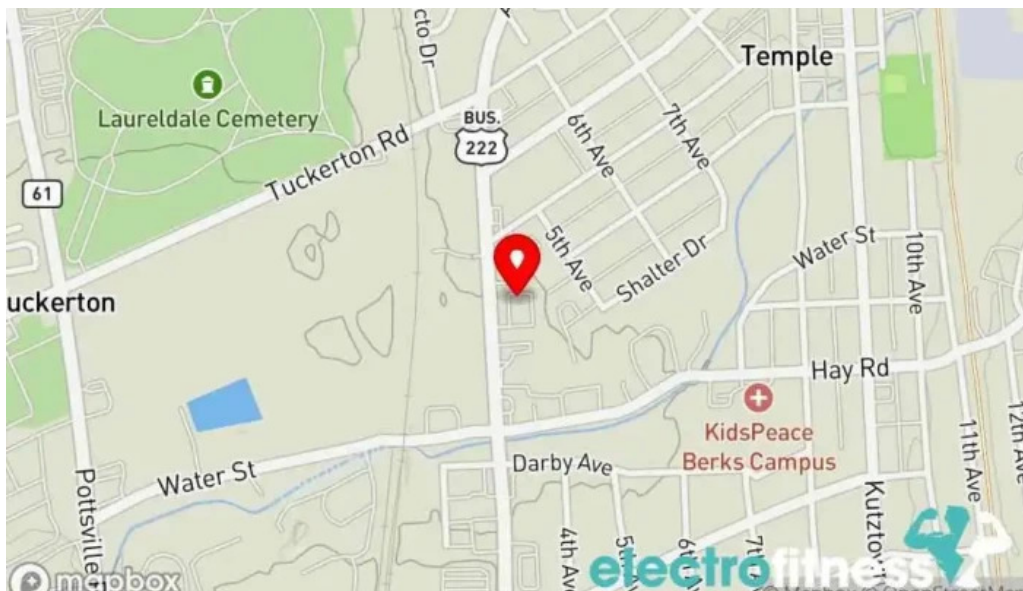
lamfit studios street view 360deg



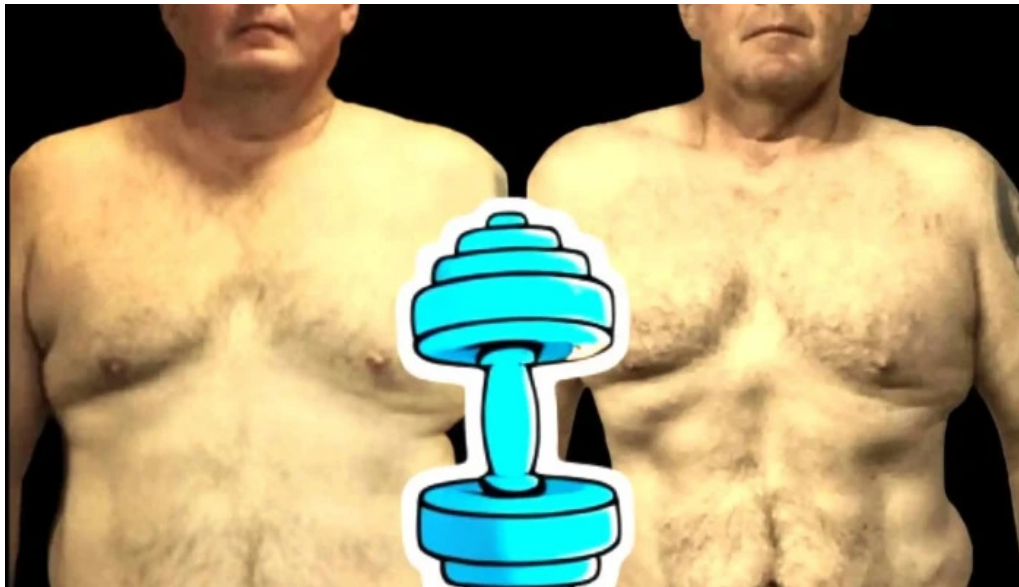
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lamfit studios map



lamfit studios location



lamfit studios gym



lamfit studios exercise machine



lamfit studios by owner



lamfit studios area



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Tags

Accessibility, Wheelchair-accessible car park, Gender-neutral toilets, Wheelchair-accessible entrance, Amenities, Planning, Membership required

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bar
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basketball court
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boot camp
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boxing gym
boxing ring
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church
club
coffee shop

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counselor
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coworking space
cultural center
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educational institution
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golf club
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golf instructor
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gym
gymnasium school
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public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall

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