

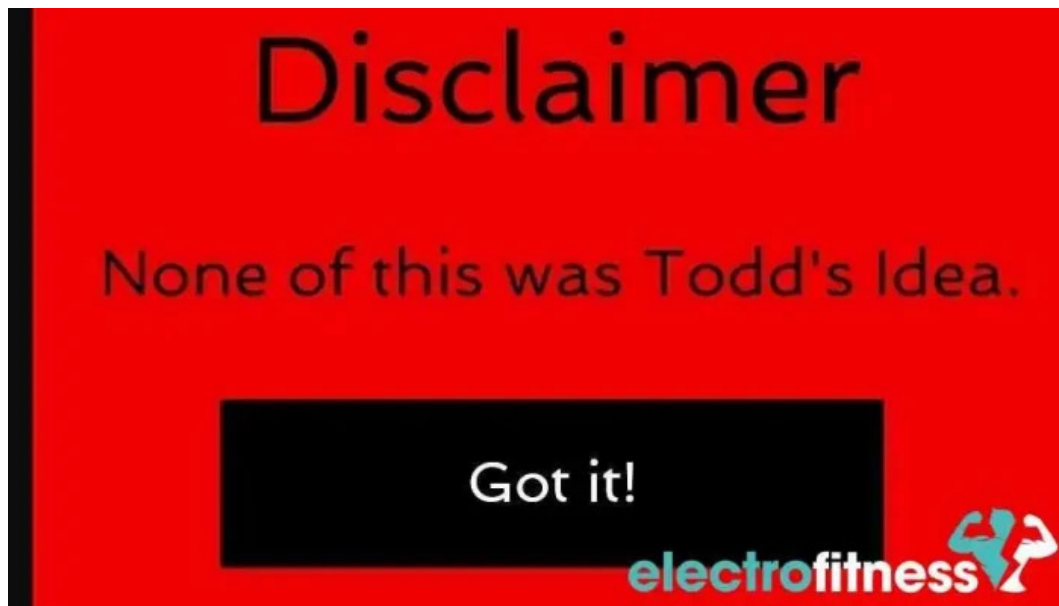
The Brick Shithouse Gym - Ticonderoga

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The Brick Shithouse Gym - Ticonderoga

The Brick Shithouse Gym: A Hidden Gem in Ticonderoga, New York

Nestled in the scenic landscape of Ticonderoga, New York, ****The Brick Shithouse Gym**** is more than just a fitness facility; it is a sanctuary for strength enthusiasts. This secluded gym has gained a reputation as one of the best training locations in the North East, particularly for those passionate about strength training and strongman competitions.

Wheelchair-Accessible Car Park

One of the standout features of The Brick Shithouse Gym is its

****wheelchair-accessible car park****. This commitment to accessibility ensures that everyone, regardless of mobility challenges, can enjoy the benefits of a fully equipped gym environment. The thoughtful design of the parking area demonstrates the gym's dedication to inclusivity, allowing all members to focus on their fitness goals without any barriers.

On-Site Services

The gym offers a variety of ****on-site services**** tailored to meet the needs of its diverse clientele. With a focus on strength training, The Brick Shithouse Gym provides specialized equipment and facilities that cater to both novice lifters and seasoned athletes. The staff is knowledgeable and ready to assist members in optimizing their training regimens, making it an ideal place for anyone serious about improving their strength.

Enhancing Accessibility for All

Accessibility is a priority at The Brick Shithouse Gym. The facility is designed to accommodate all members, ensuring that everyone can take advantage of its top-notch amenities. From the entrance to the workout area, the gym promotes an inclusive environment where individuals of all abilities can thrive.

Service Options Tailored to Your Needs

The Brick Shithouse Gym offers a range of ****service options**** to enhance the member experience. Whether you are looking for personal training, group classes, or simply a supportive environment to lift weights, this gym has something for everyone. Members often remark on the wealth of knowledge available from fellow athletes who train there, fostering a community of learning and growth.

A Unique Community

Members describe the gym as isolated yet filled with dedicated individuals who share a passion for strength training. With Todd, a highly experienced coach who has trained for nearly three decades, at the helm, the gym boasts an elite cadre of athletes willing to share their expertise. From strength competitions to casual training sessions, the camaraderie in this gym is unmatched. Don't forget to ask for a cup of gruel—a local favorite among the members! In conclusion, The Brick Shithouse Gym in Ticonderoga stands out not only for its excellent training facilities but also for its commitment to accessibility and community. Whether you are lifting for fun or aiming to compete, this gym has everything you need to succeed.

We are at

26 Warner Hill Rd, 12883 Ticonderoga, New York - United States (US)

Our service hours are:

Day Hours
Monday

4:30–7?PM

Tuesday

Closed

Wednesday

4–7?PM

Thursday

4–7?PM

Friday

4–7?PM

Saturday

4–7?PM

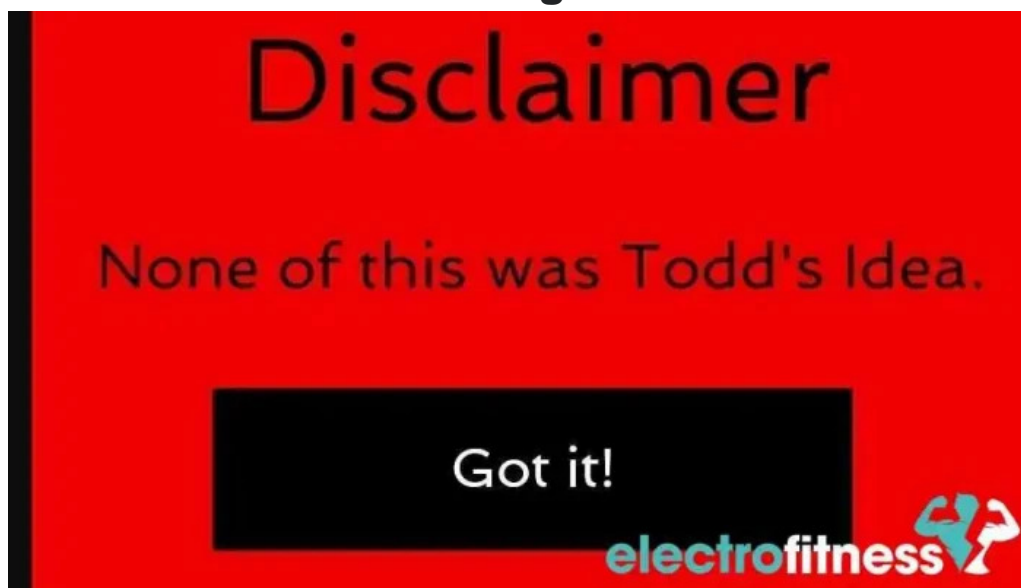
Sunday

4–7?PM

The website is [The Brick Shithouse Gym](#)

If necessary to adjust any data that you think is not correct regarding this page, please send us a message so we can we will adjust it promptly. With anticipation we appreciate it.

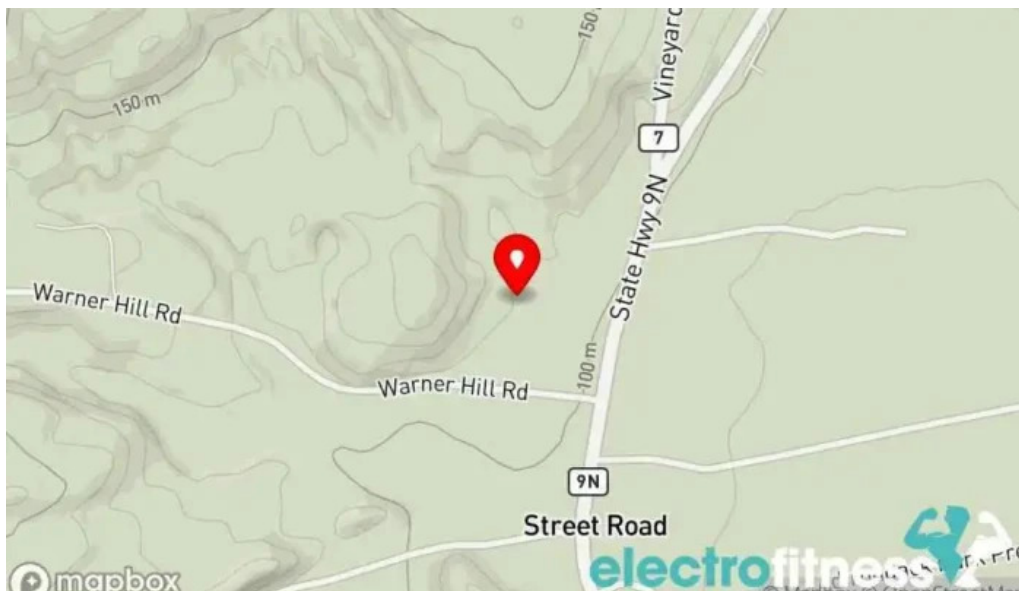
Images



The brick shithouse gym ticonderoga



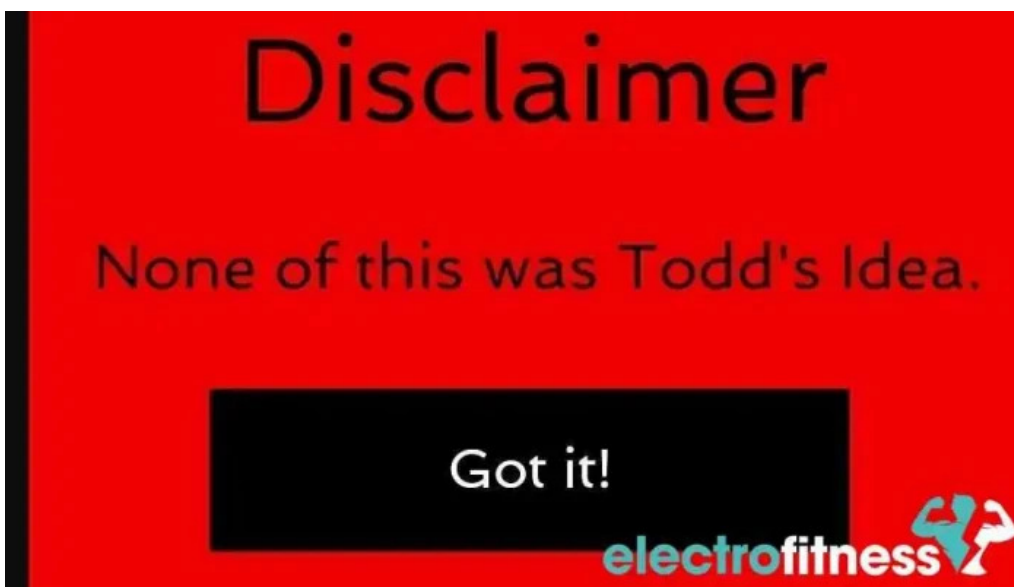
The brick shithouse gym street view 360deg



The brick shithouse gym map



The brick shithouse gym by owner



The brick shithouse gym all

Tags

Accessibility, Service options, On-site services, Wheelchair-accessible car park

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