

## Orangetheory Fitness - Tuckahoe

tuckahoe

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## *Orangetheory Fitness - Tuckahoe*

### **Discovering Orangetheory Fitness in Tuckahoe, New York**

Orangetheory Fitness in Tuckahoe has garnered attention for its vibrant atmosphere and effective workout programs. Members are passionate about their experiences, praising the health club not only for its unique approach to fitness but also for its welcoming environment.

### **Welcoming Atmosphere and Staff Support**

When entering Orangetheory Fitness, you are greeted by a friendly front desk staff. Many members have noted how the team goes above and beyond to

make you feel welcome. One member expressed, "The front desk staff is always welcoming and helpful, making every visit a great experience from the start." This positive first impression is essential, especially for those just starting their fitness journey.

### **Accessible Facilities**

Accessibility is a crucial aspect of any gym, and Orangetheory Fitness in Tuckahoe prioritizes it. The facility features a **\*\*wheelchair-accessible entrance\*\*** and a **\*\*wheelchair-accessible car park\*\***, ensuring that everyone can enjoy their workouts without obstacles. Additionally, the gym offers a **\*\*wheelchair-accessible toilet\*\***, providing convenient amenities for all members.

### **Quality Workouts with Professional Coaches**

Orangetheory Fitness stands out for its high-energy classes led by knowledgeable coaches. Members rave about the quality of instruction, with one stating, "The coaches are amazing—motivating, knowledgeable, and genuinely invested in helping you reach your goals." The combination of scientific methods, technology, and personal attention ensures that each workout is both effective and enjoyable.

### **State-of-the-Art Amenities**

In addition to the fantastic coaching, Orangetheory Fitness boasts modern equipment and clean facilities. Recent reviews highlight the brand-new treadmills and easy-to-use lockers, which add to the overall gym experience. One visitor noted, "The bathrooms look clean," reflecting the staff's commitment to maintaining a pleasant environment.

### **Fitness Community and Support**

The sense of community at Orangetheory Fitness is palpable. Members support each other, creating an encouraging environment for everyone involved. A reviewer shared, "The trainers and staff know us by name, and they welcome us with enthusiasm and genuine encouragement." This camaraderie motivates members to push themselves further in their fitness journeys.

### **Additional Amenities**

While Orangetheory Fitness in Tuckahoe does not have a **\*\*swimming pool\*\***, it compensates with a variety of classes focused on cardio and strength training. The structured format helps participants maximize their workouts effectively. As one member stated, "It's better than working out with a personal trainer! Never the same workout, and I always feel like I have worked my entire body."

### **Conclusion**

Overall, Orangetheory Fitness in Tuckahoe, NY, offers a comprehensive

fitness solution that emphasizes accessibility, community support, and quality education. With a focus on inclusivity and exceptional service, it continues to attract members eager to achieve their fitness goals in a supportive environment. If you're considering a new gym, this location provides all the essentials you need to embark on your fitness journey successfully.

### **Our business is at**

150 Main St, 10707 Tuckahoe, New York - United States (US)

The contact phone of the mentioned **Gym** is +1914-771-5105

And if you want to send a WhatsApp, you can do so at +1914-771-5105

### **Our public attention hours are:**

Day	Hours
Monday	6:45?AM–12:45?PM
Tuesday	4:45?AM–8?PM
Wednesday	4:45?AM–8:30?PM
Thursday	4:45?AM–8?PM
Friday	4:45?AM–8:30?PM
Saturday	4:45?AM–6:15?PM
Sunday	6:45?AM–12:45?PM

The website is Orangetheory Fitness

In case you want to alter any information that you think is incorrect about this web, please forward a message so we can we will handle it as soon as possible. Thank you in advance thanks.

## **Images**

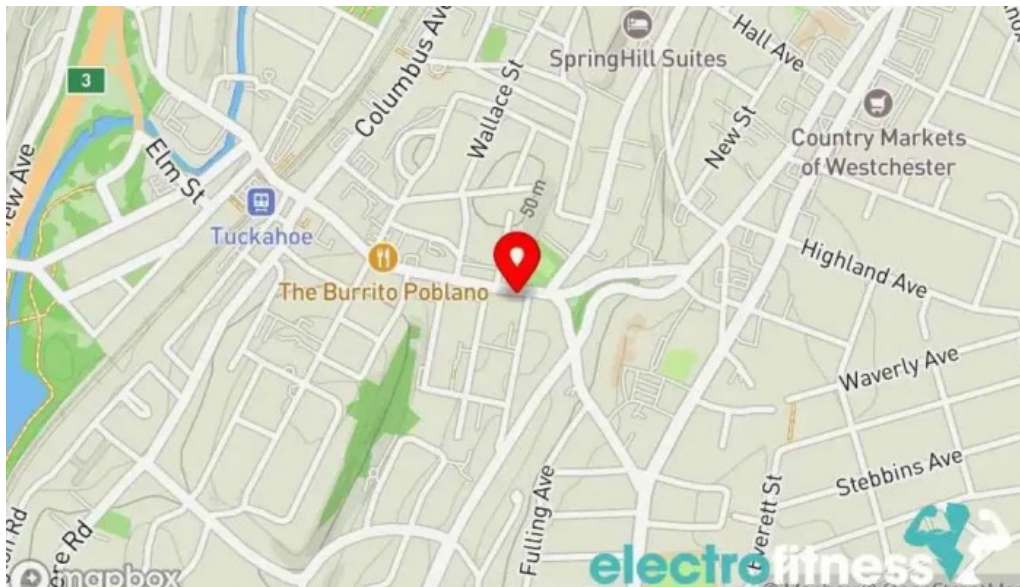


*Orangetheory fitness tuckahoe*



*Orangetheory fitness street view 360deg*





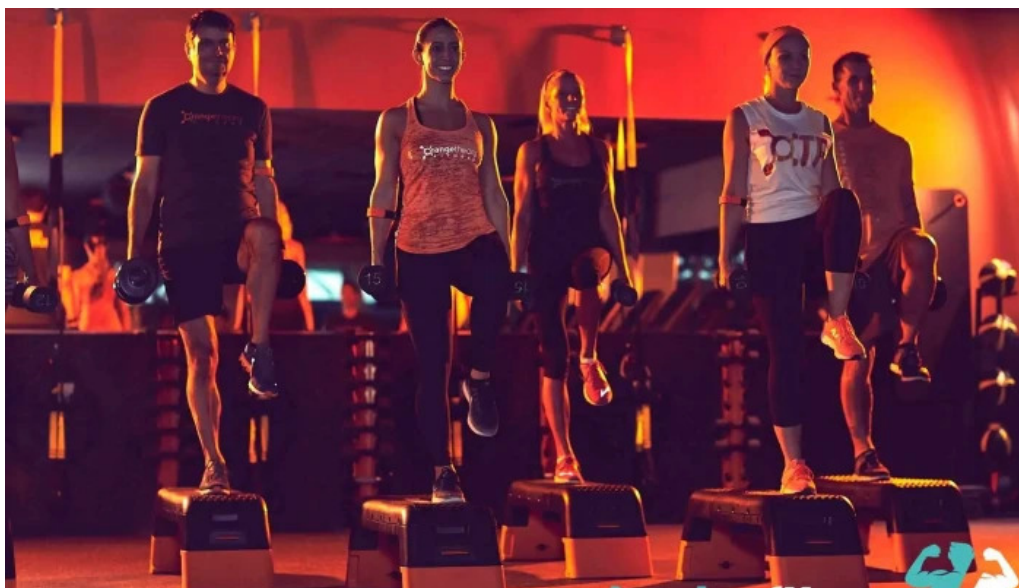
*Orangetheory fitness map*



*Orangetheory fitness gym*



*Orangetheory fitness exercise machine*



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## Tags

*Swimming pool, Amenities, Wheelchair-accessible toilet, Wheelchair-accessible car park, Wheelchair-accessible entrance, Accessibility, Toilet*

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basketball court
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chiropractor
church
club
coffee shop
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community center
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country club
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cultural center
dance club
dance company
dance school
day spa
disability services and support organization
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educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
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massage therapist
medical group
medical spa

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metaphysical supply store
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outdoor swimming pool
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parking lot
parkour spot
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pharmacy
physical fitness program
physical therapist
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pickleball court
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private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
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