

## East Texas Adventure Boot Camp - Tyler

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## East Texas Adventure Boot Camp - Tyler

### Discover the Unique Experience at East Texas Adventure Boot Camp

Are you ready to transform your fitness journey? East Texas Adventure Boot Camp (ETABC) in Tyler, Texas, offers an innovative approach to fitness that is unlike any other. This boot camp style workout is designed to meet you where you are and propel you forward, regardless of your fitness level.

### Accessibility for Everyone

One of the standout features of ETABC is its commitment to **\*\*accessibility\*\***. The facility boasts a **\*\*wheelchair-accessible car park\*\***, ensuring that everyone

can participate in the boot camp experience. Whether you are a seasoned athlete or just starting out, the environment here is inclusive and supportive.

### **Expert Guidance from Melanie Edwards**

Owner and trainer Melanie Edwards is a key part of what makes ETABC exceptional. With years of experience and a wealth of knowledge, she provides more than just a workout; she offers a comprehensive fitness experience. Members rave about her ability to tailor workouts and meal plans to meet individual needs, making every session valuable. One member states, "With her guidance, I've had amazing success! I've been a member for 3 years and plan to be for many more!"

### **Diverse and Engaging Workouts**

At ETABC, boredom is simply not an option. Each workout is different, ensuring that participants stay engaged and motivated. As one enthusiastic member put it, "This Boot Camp is so fun. Always a different workout, never boring." The variety keeps members coming back for more, as they continually challenge themselves in a supportive environment.

### **A Holistic Approach to Health**

Melanie emphasizes a holistic approach to health and fitness, combining creative workouts with tasty meal plans and continuous motivation. Her dedication to member success is evident in the way she personalizes each experience. A satisfied member expressed, "Melanie helps with meal planning and modifications where you need them," highlighting the tailored support available at ETABC.

### **The Community Spirit at ETABC**

One of the most cherished aspects of East Texas Adventure Boot Camp is the community spirit. Participants come together to support and uplift one another, creating a welcoming atmosphere for all. New members often feel accepted right away, regardless of their starting point. As one member noted, "The whole camp is so accepting no matter what your level is coming in."

### **Conclusion: Join the Adventure Today!**

If you're looking to enhance your overall health and fitness while being part of an encouraging community, East Texas Adventure Boot Camp is the place for you. With accessible facilities, expert guidance from Melanie, and a variety of engaging workouts, there's no better time to start your journey. Join ETABC today and experience the transformation for yourself!

### **The location of our premises is**

4707 DC Dr, 75701 Tyler, Texas - United States (US)

The phone number of the mentioned **Gym** is +1903-330-8392  
And if you want to send a WhatsApp, you can do so at +1903-330-8392

### Our public attention hours are:

Day Hours  
Monday  
5–10?AM 6–8?PM  
Tuesday  
5–10?AM 6–7?PM  
Wednesday  
5–10?AM 6–8?PM  
Thursday  
5–10?AM  
Friday  
7–8?AM  
Saturday  
Closed  
Sunday  
5–10?AM 6–7?PM

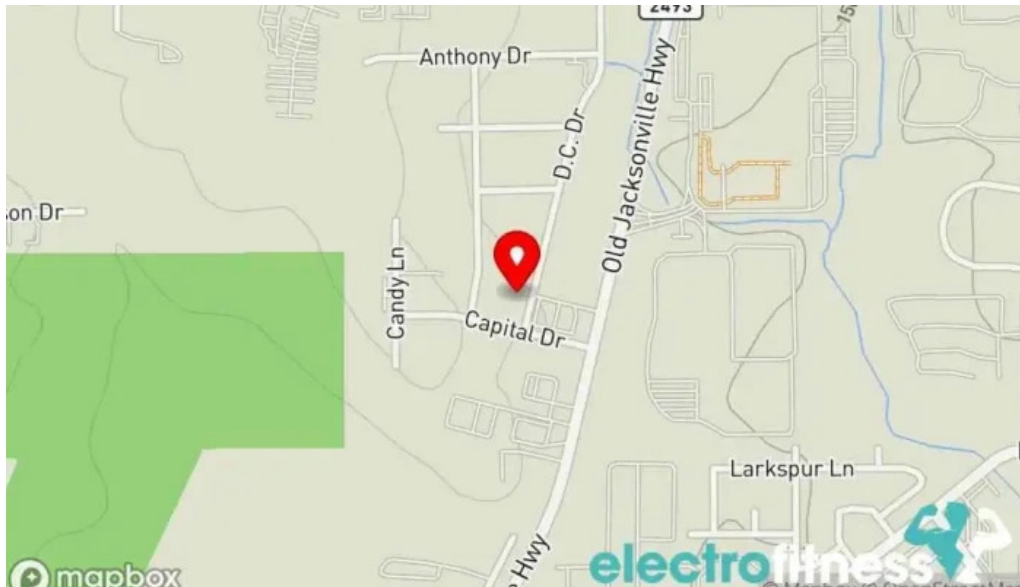
The website is East Texas Adventure Boot Camp

If you need to adjust any detail that you consider is incorrect regarding this portal, we urge you to send a message so we can we will correct it at the earliest convenience. In advance thanks.

### Images



## *East texas adventure boot camp tyler*



*East texas adventure boot camp map*



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## Tags

*Wheelchair-accessible car park, Accessibility*

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## Categories

academic department
acupuncture clinic
after school program
aikido school
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
assisted living facility
association / organization
athletic club
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
beauty salon
beer store
body shaping class
boot camp
boxing club
boxing gym

boxing ring
buddhist temple
cafe
children's party service
chiropractor
church
club
coffee shop
college
community center
community health centre
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
doctor
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community

golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop



outdoor sports store
outdoor swimming pool
pain control clinic
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
pregnancy care center
private golf course
psychotherapist
public educational institution
public library
public swimming pool
real estate developer
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex



sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
trade school
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization