

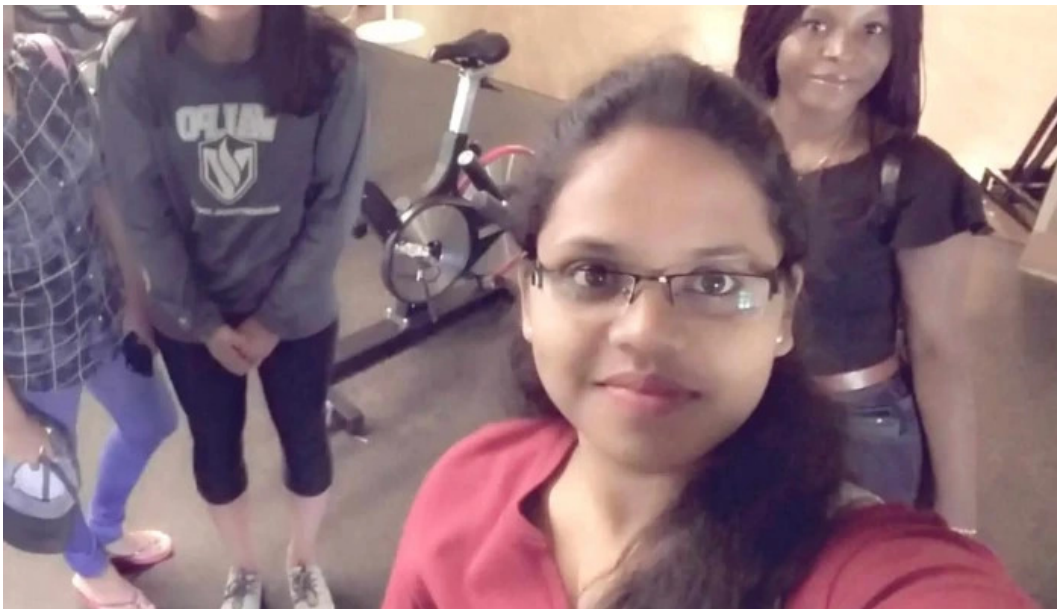
## Valparaiso University Fitness Center - Valparaiso

valparaiso

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## *Valparaiso University Fitness Center - Valparaiso*

### **Valparaiso University Fitness Center: A Hub for Wellness**

Located in Valparaiso, Indiana, the **Valparaiso University Fitness Center** offers a comprehensive array of fitness facilities designed to meet the needs of all members, including those with mobility challenges.

### **Accessibility Features**

The Fitness Center is equipped with a **wheelchair-accessible entrance**, ensuring that everyone can access the facilities with ease. This commitment to **accessibility** is a cornerstone of the center's mission to promote health and wellness for the entire community.

## **Planning Your Visit**

Before heading to the gym, it's crucial to consider your visit's **planning**. Make sure to check the operating hours and any special events that may affect availability. Additionally, understanding the membership requirements is essential for seamless access to the amenities.

## **Membership Required**

Please note that a **membership is required** to utilize the Valparaiso University Fitness Center. Various membership options are available, catering to students, faculty, and community members. It's advisable to review these options online or visit the center for further information.

## **Convenient Parking Options**

For those driving to the gym, the facility includes a **wheelchair-accessible car parking** area, ensuring convenient access for all visitors. This thoughtful design enhances the overall experience, making it easier for individuals with disabilities to engage in physical activities.

## **Conclusion**

The Valparaiso University Fitness Center stands out as a premier destination for fitness enthusiasts in Valparaiso, Indiana. With its commitment to **accessibility** and wellness, it welcomes all individuals to achieve their fitness goals in an inclusive environment.

## **Our business is located at**

*University Fitness Center, 1109 Union St, 46383 Valparaiso, Indiana - United States (US)*

The phone number of this **Gym** is +1219-464-5211

And if you want to send a WhatsApp, you can do so at +1219-464-5211

## **We are available at these times:**

Day Hours  
Monday  
6?AM–10?PM  
Tuesday  
6?AM–10?PM  
Wednesday  
6?AM–10?PM  
Thursday  
6?AM–10?PM  
Friday  
6?AM–8?PM  
Saturday  
10?AM–6?PM  
Sunday  
1–6?PM

The website is [Valparaiso University Fitness Center](#)

If you require to update any information that you consider is not accurate related to this portal, we ask send a message so we can we will fix it as soon as possible. With anticipation thanks for your cooperation.

## Images



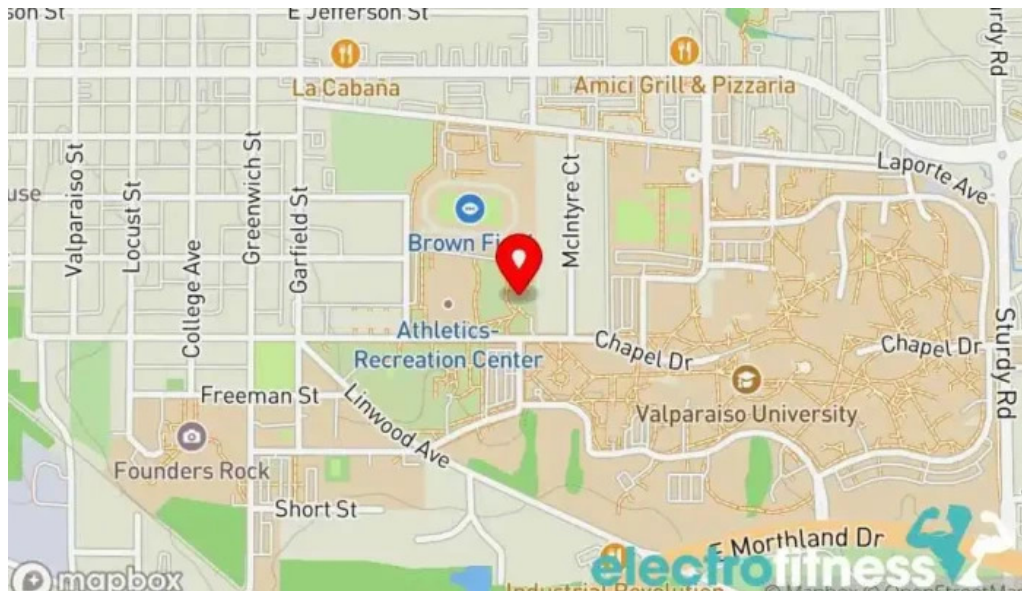
*Valparaiso university fitness center videos*



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## Tags

*Membership required, Wheelchair-accessible entrance, Accessibility, Planning, Wheelchair-accessible car park*

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5.0 \* *Vermilion Crossfit - Abbeville*

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martial arts club
martial arts school
non-profit organization
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physical fitness program
physical therapy clinic
pilates studio
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rock climbing gym
school district office
shooting range
sports complex
tennis club
thrift store
vitamin & supplements store
yoga studio