

## Athlos Training Grounds - Victorville

victorville

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*victorville*

## *Athlos Training Grounds - Victorville*

### **Discover Athlos Training Grounds in Victorville, California**

Athlos Training Grounds is rapidly becoming known as one of the best gyms in the High Desert region. With a focus on accessibility and an inclusive environment, this gym caters to fitness enthusiasts of all levels.

### **Accessibility for Everyone**

One of the standout features of Athlos Training Grounds is its commitment to accessibility. The **\*\*wheelchair-accessible entrance\*\*** ensures that everyone can enjoy their fitness journey without barriers. Additionally, the

**\*\*wheelchair-accessible car park\*\*** makes it easy for individuals with mobility challenges to visit the gym comfortably.

## **A Supportive Atmosphere**

Visitors often rave about the positive atmosphere at Athlos. Many members have shared their experiences, highlighting the great energy and professional staff that make training enjoyable. "I've tried different gyms in the past and could never come close to getting or seeing the results that I have gotten," one member stated, praising Coach Alex for his expertise and encouragement.

## **Expert Coaching and Personalized Attention**

The coaching staff at Athlos Training Grounds play a significant role in member success. Coaches like Alex and Hannah provide personalized guidance, making sure that participants perform exercises correctly to avoid injuries. "The coaches really pay attention to your needs and goals," noted a satisfied member, showcasing the individualized approach that enhances workout results.

## **Diverse and Effective Workouts**

Athlos offers a unique circuit training style boot camp that incorporates weight training. Members appreciate that "each day is a different workout," keeping sessions fresh and engaging. As one member emphasized, "If you want to get in shape while building muscles, this is the spot."

## **Community and Motivation**

The community at Athlos is welcoming and supportive, with members encouraging one another throughout their fitness journeys. "I've seen more results going to this gym than any other gym I've joined," remarked a member who feels motivated by the friendly environment.

## **Join the Athlos Family**

With its exceptional facilities and dedicated coaching staff, Athlos Training Grounds is truly a gym where everyone can feel at home. Whether you're a beginner or an experienced athlete, you'll find the support you need to achieve your fitness goals. Don't wait—stop by for a free pass and experience what makes this gym stand out in Victorville, California!

## **You can come to our business at**

*12180 Ridgecrest Rd STE 114, 92395 Victorville, California - United States (US)*

The contact phone of said **Gym** is +1760-261-1919

And if you want to send a WhatsApp, you can do so at +1760-261-1919

## Our opening hours are:

Day Hours

Monday

8:30–9:30?AM

Tuesday

Closed

Wednesday

6–7?AM 8:30–9:30?AM 4–8?PM

Thursday

6–7?AM 8:30–9:30?AM 4–8?PM

Friday

6–7?AM 8:30–9:30?AM 4–8?PM

Saturday

6–7?AM 8:30–9:30?AM 4–8?PM

Sunday

6–7?AM 8:30–9:30?AM 4–7?PM

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## Images



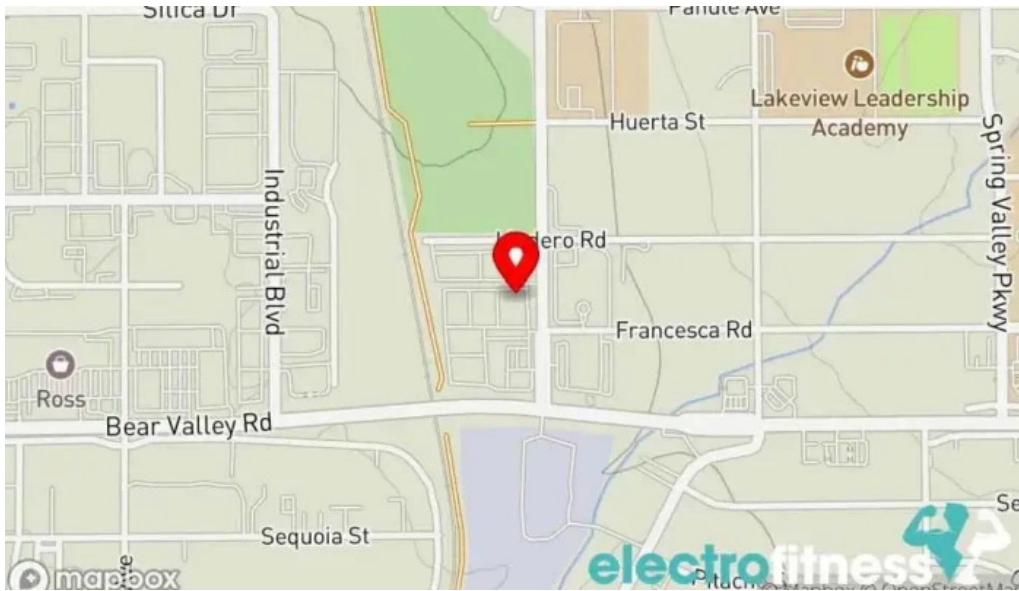
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## Tags

*Wheelchair-accessible entrance, Wheelchair-accessible car park, Accessibility*

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counselor
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day spa
dollar store
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karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
summer camp organizer
supermarket
swimming instructor



swimming school
tennis club
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vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
yoga instructor
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