

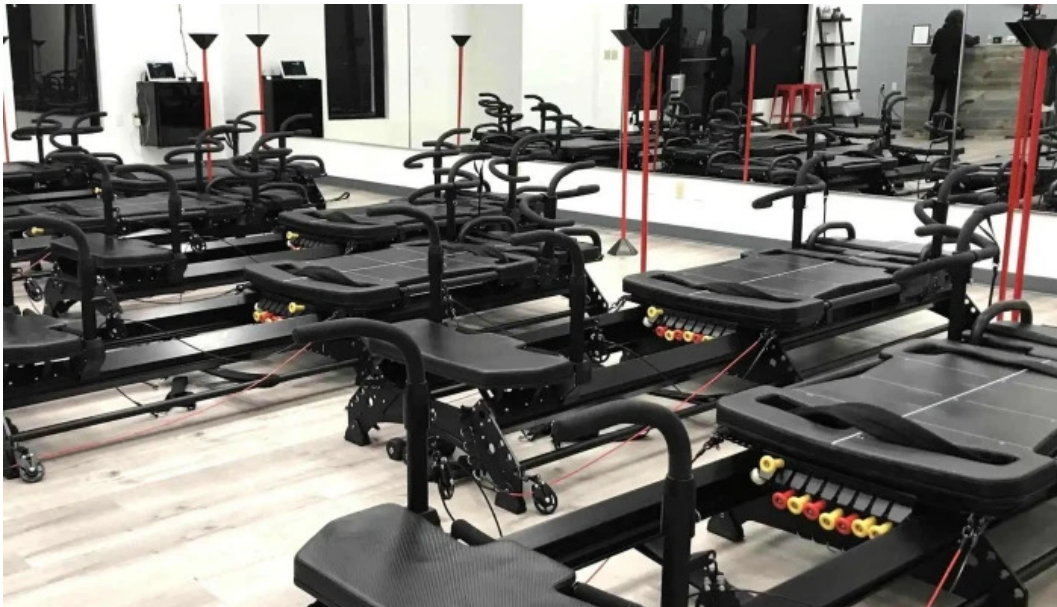
Cb Fit Walnut Creek - Walnut Creek

walnut creek

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walnut creek

Cb Fit Walnut Creek - Walnut Creek

Discover CB Fit Walnut Creek: Your Ultimate Fitness Destination

CB Fit in Walnut Creek, California, is not just a gym; it's a thriving community where fitness meets accessibility and encouragement. With a ****wheelchair-accessible car park**** and an inviting ****wheelchair-accessible entrance****, this studio is dedicated to providing a comfortable environment for everyone, ensuring that all individuals can join in the fun and reap the health benefits.

Service Options That Cater to Your Needs

At CB Fit, members can choose from a variety of **service options**, including invigorating **online classes** for those who prefer to sweat it out at home. The community vibe extends beyond the physical space, as the digital platform allows participants to stay connected and engaged with their fitness routines, all while enjoying the same motivational atmosphere.

Unmatched Accessibility

Accessibility is at the heart of CB Fit's mission. The well-designed **wheelchair-accessible entrance** ensures ease of access for all members. Feedback from clients emphasizes the importance of creating a supportive environment where no one feels judged, allowing participants at any fitness level to thrive.

A Unique Fitness Experience

The workouts at CB Fit are known for being challenging yet enjoyable. Many members rave about the **Lagree classes**, describing them as game-changers. With instructors like Chelsea and her team, each session is filled with motivating energy, great music, and a strong community spirit. Whether it's the fast-paced **Climb classes** or the intense Lagree sessions, members consistently report feeling empowered and accomplished after every workout.

The Power of Community

The sense of belonging at CB Fit is palpable. Clients appreciate how instructors remember their names and foster an encouraging atmosphere. Those who attend express gratitude for the support they receive, stating that it helps them stay committed to their fitness journey. This connection enhances the overall experience, making it more than just a workout—it's a lifestyle.

Invest in Yourself

CB Fit offers unique class formats that combine strength and cardio. The **Lagree method** focuses on core strength and low-impact movements, ideal for anyone looking to enhance their fitness without risking injury. With multiple workout options, including exciting online classes for those on-the-go, there's something for everyone to enjoy.

Your Invitation to Join

If you're looking to elevate your fitness journey, CB Fit in Walnut Creek is waiting for you! With exceptional instructors, a welcoming community, and a variety of workout options, including **online classes**, there's no better time to get started. Visit today and see firsthand why members say it's their favorite place to work out. You won't be disappointed!

The location of our business is in

1840 N Broadway ST, 94596 Walnut Creek, California - United States (US)

Our service hours are:

Day Hours

Monday

6–11?AM 4:15–7:15?PM

Tuesday

6–11?AM 4:15–6?PM

Wednesday

7?AM–12?PM

Thursday

8?AM–1?PM

Friday

6?AM–1?PM 4:15–7:15?PM

Saturday

6–11?AM 4:15–8:15?PM

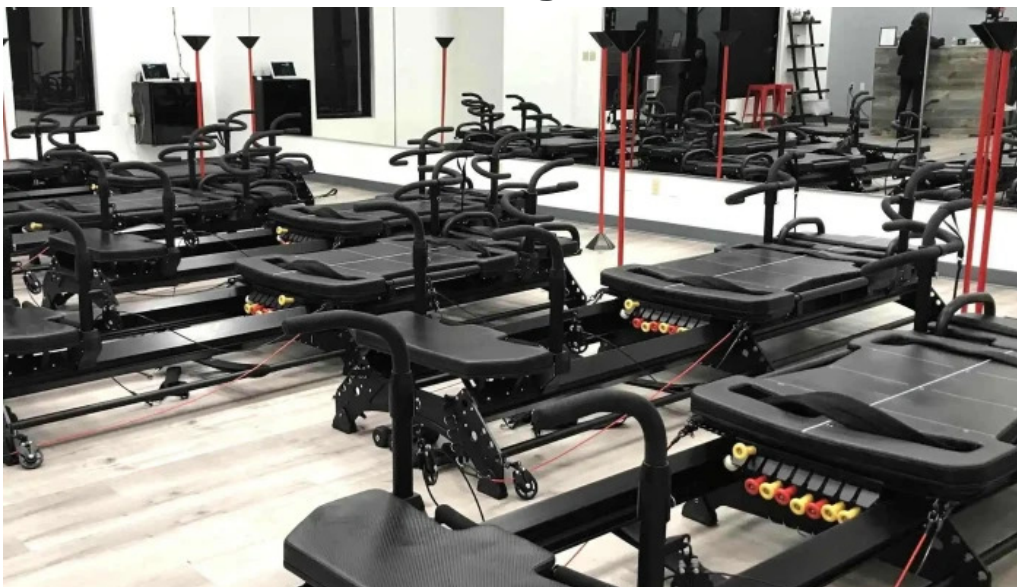
Sunday

6–11?AM 4:15–7:15?PM

The website is [CB Fit Walnut Creek](#)

If you wish to modify any information that you consider is not precise concerning this site, please send us a message so that we will adjust it promptly. Thank you in advance thanks for your cooperation.

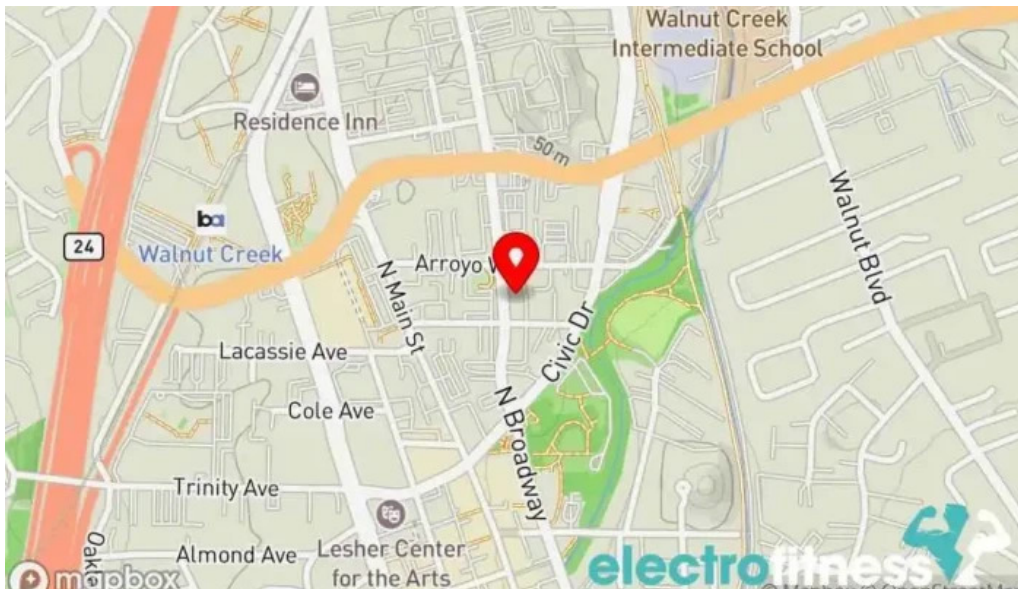
Images



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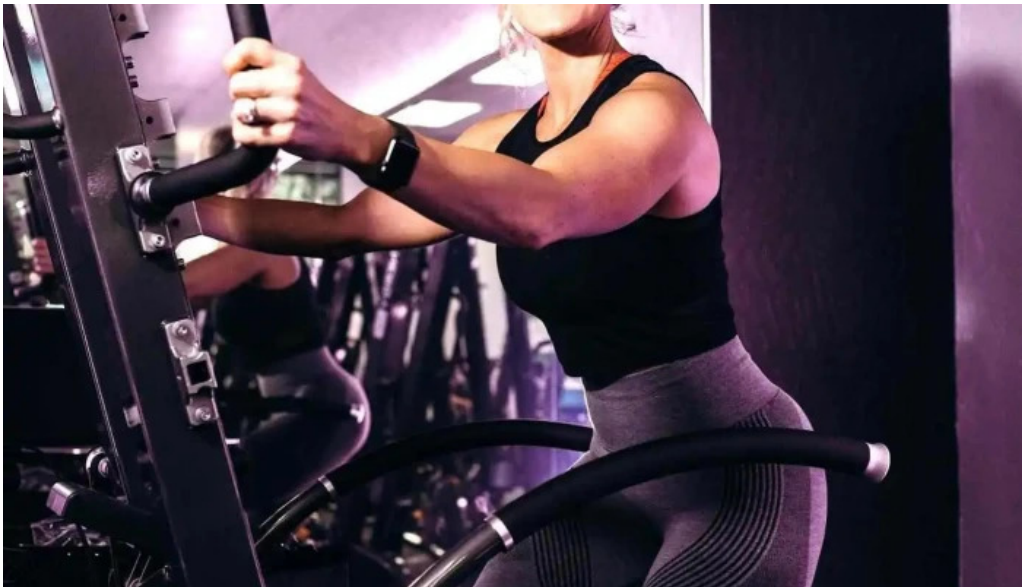
Cb fit walnut creek street view 360deg



Cb fit walnut creek map



Cb fit walnut creek gym



Cb fit walnut creek by owner



Cb fit walnut creek all

Tags

Accessibility, Online classes, Wheelchair-accessible entrance, Service options, Wheelchair-accessible car park

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