

Perpetual Motion - Walnut Creek

walnut creek

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walnut creek

Perpetual Motion - Walnut Creek

Discover Gym Perpetual Motion: Your Ultimate Fitness Destination in Walnut Creek, California

If you are looking for a gym that breaks the mold of traditional fitness centers, **Gym Perpetual Motion** (PMPT) in Walnut Creek is the place to be. Known for its welcoming atmosphere and varied **service options**, PMPT offers a unique experience for individuals of all fitness levels.

Amenities That Enhance Your Experience

At PMPT, members enjoy an array of **amenities** designed to improve their overall wellness journey. The facility features:
Wheelchair-accessible entrance to ensure everyone can participate. A **wheelchair-accessible car park** for convenience. **Gender-neutral toilets** that promote inclusivity. On-site services that cater to various fitness needs.

Planning Your Fitness Journey

Effective **planning** is key to achieving your fitness goals. With a variety of classes offered, including HIT, strength training, and foundation training, there is always something new and challenging to keep you motivated. Members rave about the **online classes** available, making it easier than ever to fit workouts into your schedule.

Accessibility and Inclusivity

Gym Perpetual Motion prioritizes **accessibility** for all members. The **appointment required** system ensures personalized attention, while small class sizes foster a community atmosphere filled with supportive peers. As one member put it, “It’s a complete and total workout no matter what shape you are in.”

Community and Support

The sense of community at PMPT is unparalleled. With fantastic instructors like Rich Edgren and Elyse Petterson, workouts are not only effective but also **FUN**. The presence of the adorable gym dog, Frank, adds an extra layer of enjoyment. Members appreciate the opportunity to learn and grow together, stating they feel better in their 40s than ever before.

Join Gym Perpetual Motion Today!

If you are ready to take your fitness journey to new heights, consider joining Gym Perpetual Motion in Walnut Creek, California. With its diverse **service options**, supportive community, and inclusive amenities, you’ll find everything you need to thrive. Don’t wait – get in shape and get out of pain at PMPT!

You will find us at

1133 Bont Ln, 94596 Walnut Creek, California - United States (US)

The phone number of the respective **Gym** is +1925-289-9741

And if you want to send a WhatsApp, you can do so at +1925-289-9741

Our service hours are:

Day Hours

Monday
5:30?AM–7:30?PM

Tuesday

5:30?AM–7:30?PM

Wednesday

9?AM–12?PM

Thursday

9?AM–12?PM

Friday

5:30?AM–7:30?PM

Saturday

5:30?AM–7:30?PM

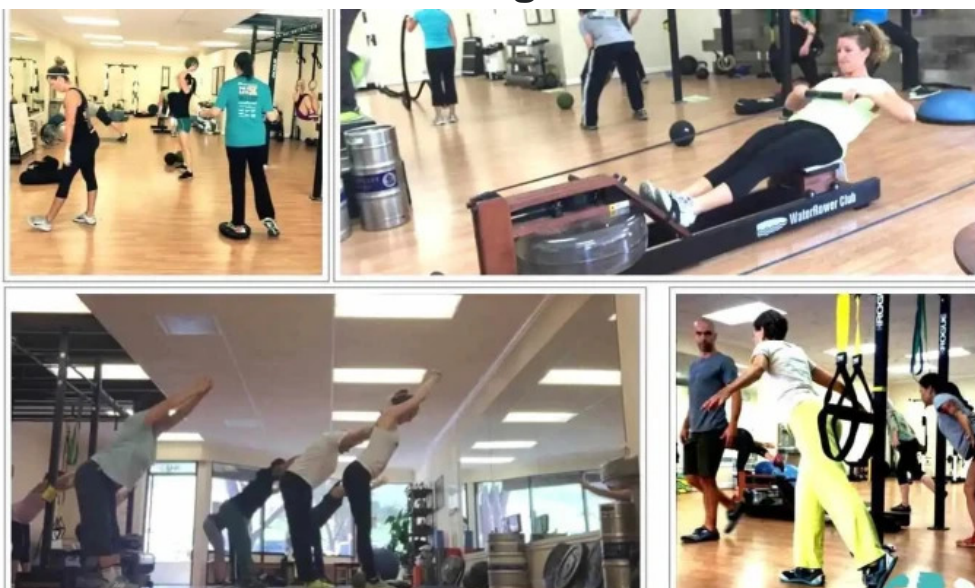
Sunday

5:30?AM–7:30?PM

The website is [Perpetual Motion](#)

In case you want to update any information that you think is not accurate concerning this site, we kindly request send us a message so that we will correct it quickly. Thank you in advance thanks for your cooperation.

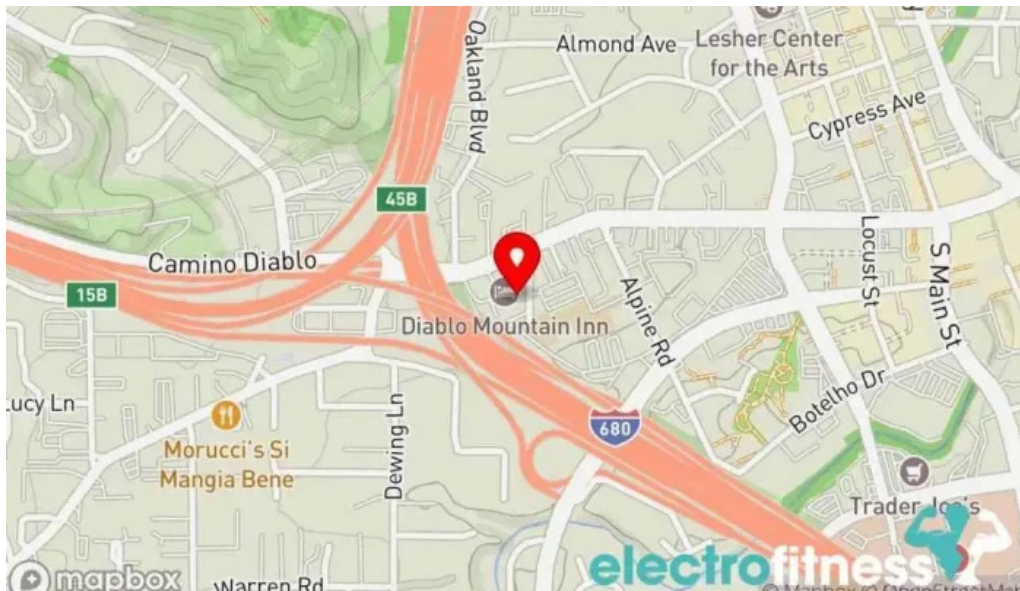
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Perpetual motion map



Perpetual motion gym



Perpetual motion by owner



Perpetual motion all

Tags

On-site services, Online classes, Wheelchair-accessible car park, Planning, Gender-neutral toilets, Accessibility, Service options, Amenities, Appointment required, Wheelchair-accessible entrance

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