

222 Trained - Waukon

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Discover 222 Trained: The Premier Gym in Waukon, Iowa

If you're looking for a gym that prioritizes ****accessibility**** and community, look no further than 222 Trained in Waukon, Iowa. This facility is not only equipped with top-of-the-line workout gear, but it also ensures that everyone, regardless of ability, can access it comfortably.

Wheelchair-Accessible Features

One of the standout features of 222 Trained is its ****wheelchair-accessible car park****. This thoughtful addition reflects a commitment to making fitness

accessible to all community members. Upon entering, visitors will find a ****wheelchair-accessible entrance****, ensuring that everyone can step into a space designed for fitness and wellness without barriers.

A Welcoming Atmosphere for All

Members rave about the clean and welcoming environment that 222 Trained offers. Many have shared their experiences: - "I've been loving working out at 222! The equipment is top of the line—everything is brand new and well-maintained, which really makes a difference in your workouts." - "The atmosphere is upbeat, the people are incredibly supportive, and it's a great place to work towards a healthier lifestyle." These testimonials highlight the inclusive and supportive culture fostered by both the staff and the community.

Expert Guidance from Jordan

At the helm of 222 Trained is Jordan, whose expertise is frequently praised by members. Her personalized approach encourages clients to push their limits while ensuring they feel safe and supported. Comments such as: - "Jordan's expertise and the personalized attention make all the difference in staying motivated and on track." - "Jordan is an amazing resource to have available while in the gym." These affirm her commitment to helping everyone achieve their fitness goals, regardless of prior experience or current fitness level.

A Life-Changing Experience

Joining 222 Trained has proven transformative for many individuals. From weight loss to increased confidence, members appreciate the life-changing programs available: - "Joining 222 is one of the best decisions I have ever made! No matter what your fitness level is or your age, this program is for you." - "Jordan's classes are the best I've ever experienced and have helped me to lose over 130 pounds!" It's clear that 222 Trained is more than just a gym; it's a community dedicated to health and well-being.

Conclusion: Join the Movement

If you're seeking a gym that offers excellent equipment, a ****wheelchair-accessible car park****, and a supportive atmosphere, 222 Trained is the place for you. Led by passionate professionals like Jordan, this facility is committed to making fitness accessible and enjoyable for everyone. Embrace a healthier lifestyle today and make 222 Trained your fitness home.

Our business is at

801 W Main St, 52172 Waukon, Iowa - United States (US)

The contact line of the mentioned **Gym** is +1563-568-8082

And if you want to send a WhatsApp, you can do so at +1563-568-8082

Our public attention hours are:

Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

The website is [222 Trained](#)

If you require to adjust any information that you feel is not precise related to this site, we ask deliver a message and we will correct it quickly. In advance thanks for your cooperation.

Images



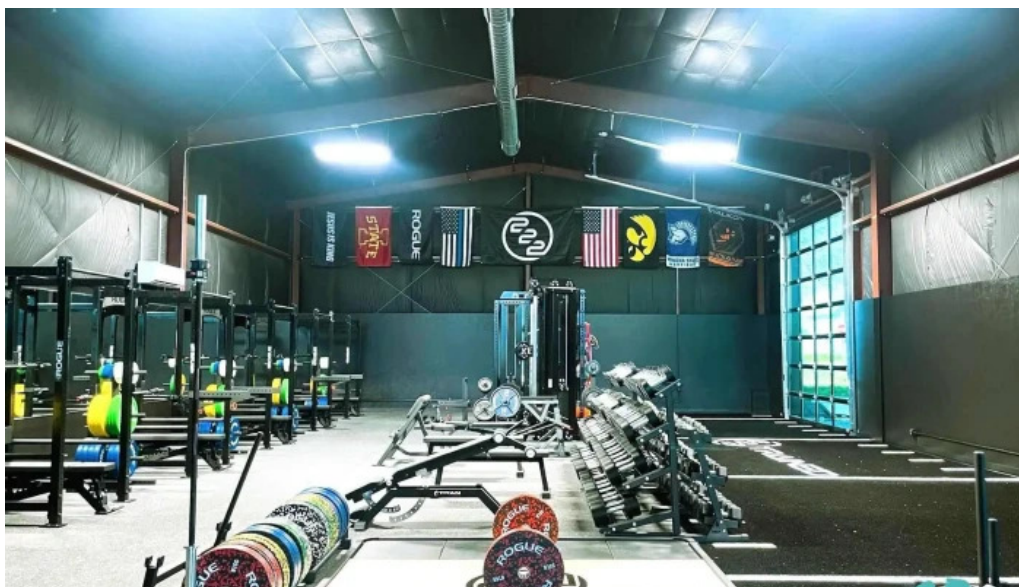
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Tags

Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible car park

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Comments

Harold Young	07-05-25 06:11
<p><i>This gym is absolutely fantastic! Jordan is incredibly helpful and her 10-week program has boosted my confidence in areas I previously had no knowledge of. I can't recommend 222 trained highly enough!</i></p>	

Grace Martin	07-05-25 06:13
<p><i>222 Trained is an exceptional establishment, spotless and inviting, providing a diverse array of weights, machinery, and various exercise gear. Jordan is an invaluable asset at the gym. The knowledge Jordan possesses seems boundless; participating in one of her classes is truly transformative and yields remarkable outcomes. I wholeheartedly endorse this gym with a perfect score! The ambiance exudes positivity, the community is immensely encouraging, making it an ideal setting to strive for a healthier way of life.</i></p>	

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disc golf course
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fitness
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karate school
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kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
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massage therapist
medical group
medical spa
meditation center
metaphysical supply store
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nutritionist
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