

## Total Fitness of West Union - West Union

west union

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*west union*

## Total Fitness of West Union - West Union

### Discover Total Fitness of West Union

Total Fitness of West Union is not just a gym; it's a community hub for fitness enthusiasts in West Union, SC. With **\*\*membership required\*\***, this gym offers an inclusive environment where everyone can work on their fitness goals, regardless of their level.

### Accessibility Features

One of the standout features of Total Fitness is its focus on **\*\*accessibility\*\***. The gym provides a **\*\*wheelchair-accessible car park\*\*** and a

**\*\*wheelchair-accessible entrance\*\***, ensuring that all members feel welcome and supported. This commitment to accessibility makes it easier for everyone to enjoy the vast array of offerings available.

## **A Variety of Offerings**

At Total Fitness, you will find a plethora of **\*\*offerings\*\*** that cater to various training styles and preferences. From Zumba to boxing and grappling classes, there's something for everyone, all included with your membership. The gym boasts a massive floor space and tons of equipment, so you'll never have to wait long for your turn. Additionally, members can enjoy the soothing sauna after a workout, providing a perfect way to relax and unwind.

## **Planning Your Visit**

As a **\*\*family-owned business\*\***, Total Fitness prides itself on fostering a friendly and supportive atmosphere. The gym is open 24/7, allowing you to plan your workouts at your convenience, whether early in the morning or late at night. Many members appreciate the presence of knowledgeable staff who are always ready to assist with any questions or equipment needs.

## **Why Choose Total Fitness?**

Total Fitness stands out for several reasons. The environment is described as welcoming and non-intimidating, making it an ideal place for women and beginners to work out without feeling uncomfortable. Moreover, the gym features specialized workout areas, including a cardio section, yoga studio, and heavy lift area. For those looking for additional services, they also offer tanning options at competitive prices, with multiple tanning beds available. Alongside the extensive equipment selection, this ensures that every member can find what they need to achieve their fitness goals effectively.

## **Final Thoughts**

In conclusion, Total Fitness of West Union is more than just a gym; it's a home for fitness seekers in the community. With its comprehensive facilities, friendly environment, and commitment to accessibility, it truly has something for everyone. If you're looking to get healthy in a welcoming and supportive atmosphere, this gym is definitely worth considering!

## **The address of our establishment is**

102 North, 102 SC-11, 29696 West Union, SC - United States (US)

The phone number of this **Gym** is +1864-401-3757

And if you want to send a WhatsApp, you can do so at +1864-401-3757

## **We open at the following schedule:**

Day Hours  
Monday  
*Open 24 hours*  
Tuesday  
*Open 24 hours*  
Wednesday  
*Open 24 hours*  
Thursday  
*Open 24 hours*  
Friday  
*Open 24 hours*  
Saturday  
*Open 24 hours*  
Sunday  
*Open 24 hours*

The website is [Total Fitness of West Union](#)

In case you want to update any detail that you consider is not correct related to this page, we ask deliver a message and we will handle it at the earliest convenience. With anticipation thank you very much.

## **Images**



*Total fitness of west union where*



*Total fitness of west union west union*



*Total fitness of west union street view 360deg*

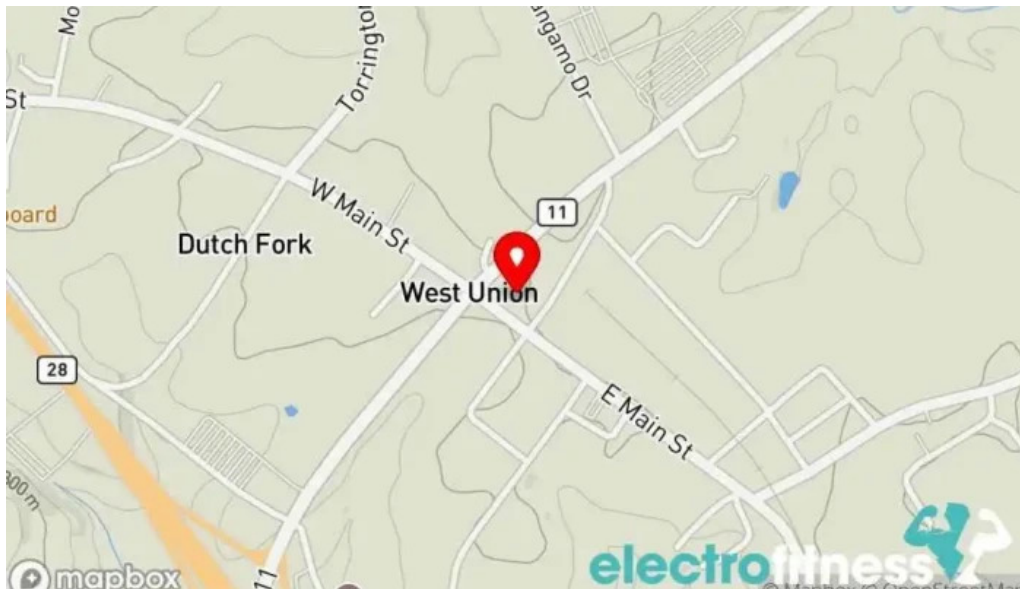




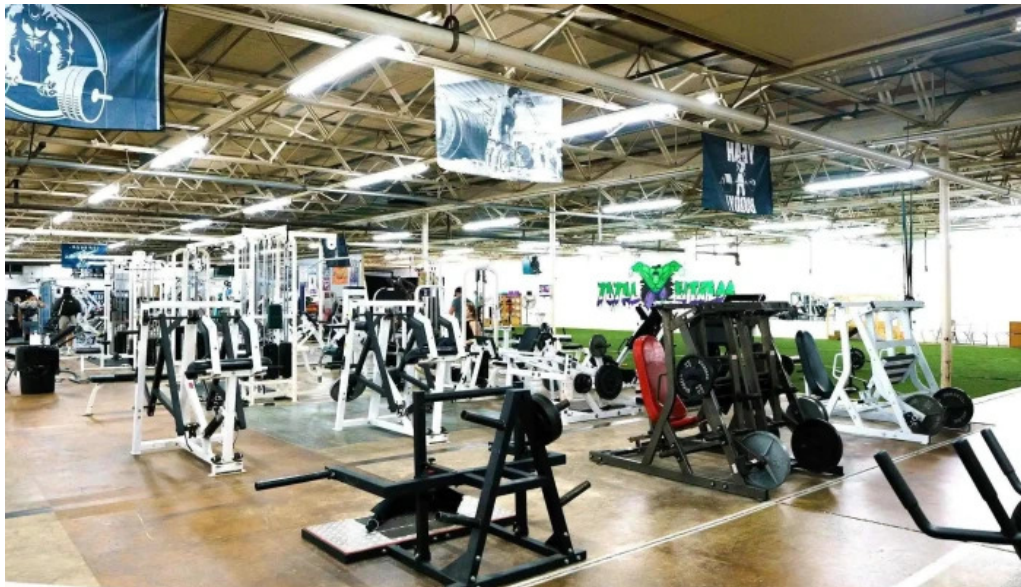
*Total fitness of west union photos*



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*Total fitness of west union map*



*Total fitness of west union location*

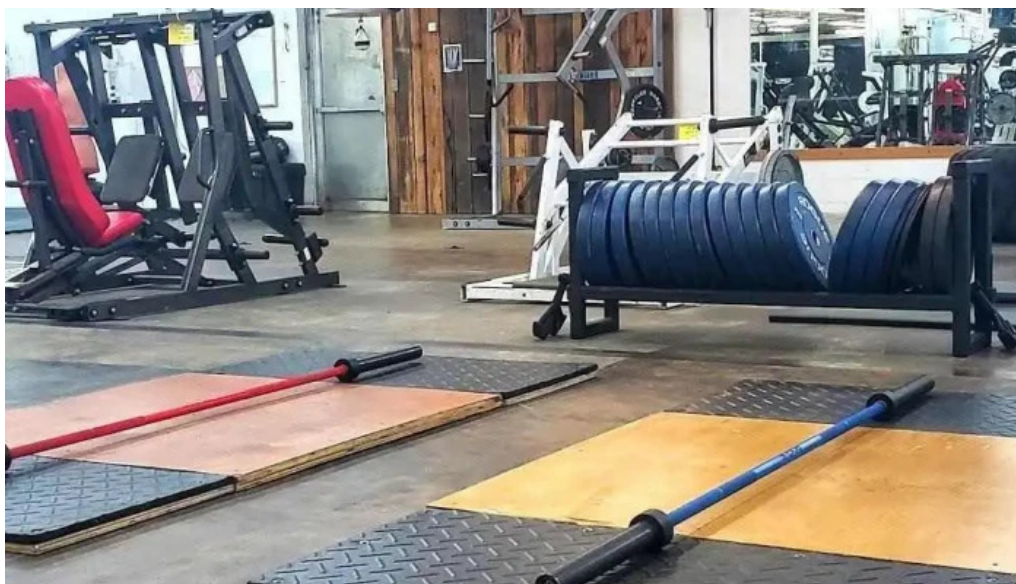


*Total fitness of west union how to get there*



*Total fitness of west union gym*





*Total fitness of west union by owner*



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## Tags

*Membership required, Sauna, Planning, Offerings, Wheelchair-accessible car park, Wheelchair-accessible entrance, Accessibility*

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academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
college

community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disability services and support organization
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school

karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school



senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
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swimming instructor
swimming pool
swimming school
taekwondo school
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weight loss service
weightlifting area
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wrestling school
yoga instructor
yoga studio
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