

BodyFit - White Stone

white stone



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BodyFit Gym in White Stone, Virginia: A Comprehensive Overview

When considering a gym for your fitness journey, ****planning**** is crucial. BodyFit Gym located in White Stone, Virginia, is a popular choice among locals due to its unique features and offerings.

Accessibility for All

One of the critical factors for any gym is ****accessibility****. BodyFit Gym aims to be welcoming to everyone; however, some recent experiences indicate that improvements are needed. While the facility boasts a ****wheelchair-accessible**

car park** and a **wheelchair-accessible entrance**, there have been concerns about the availability of these spaces being misused by non-handicapped individuals. One patron expressed disappointment regarding the owner's attitude toward the situation, highlighting that it is vital for all gyms to prioritize this aspect of service.

Membership Required for a Great Experience

To fully enjoy the benefits of BodyFit Gym, a **membership is required**. This membership grants access to a variety of services, including 24-hour fitness options, which many members appreciate. The gym offers personal attention, ensuring that each client receives the support they need during their workout.

A Positive Environment

Despite the aforementioned concerns, many users praise the overall atmosphere at BodyFit Gym. Reviews commonly highlight the **friendly staff** and the well-maintained equipment. Numerous members have mentioned that the owner and trainers, such as Ramona, contribute positively to the gym's environment, making it a motivating place for workouts.

Variety of Classes and Personal Trainer Support

BodyFit Gym is known for its diverse workouts, including boot camp sessions that challenge participants every time. The variety of classes and personal trainer support cater to all ages and skill levels, making it an excellent choice for both beginners and seasoned athletes.

Conclusion

In summary, BodyFit Gym in White Stone, Virginia, offers a well-kept facility with 24/7 access and a friendly atmosphere. While there are areas needing improvement regarding **accessibility**, the positive feedback from members emphasizes the gym's commitment to providing a supportive fitness community. For those considering membership, BodyFit presents a great opportunity to meet fitness goals while enjoying a welcoming environment.

The location of our premises is

578 Chesapeake Dr, 22578 White Stone, Virginia - United States (US)

The contact phone of the mentioned **Gym** is +1804-436-2214

And if you want to send a WhatsApp, you can do so at +1804-436-2214

You can visit us at the following hours:

Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

The website is BodyFit

If you require to adjust any data that you believe is not correct regarding this portal, we ask send a message so that we will correct it at the earliest convenience. With anticipation thanks.

Images



Bodyfit white stone



Bodyfit street view 360deg



Bodyfit map



Bodyfit gym



Bodyfit by owner



Bodyfit all

Tags

Membership required, Wheelchair-accessible entrance, Accessibility, Wheelchair-accessible car park, Planning

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