

The Rec - Whitehouse

whitehouse

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Welcome to The REC: The Community Gym in Whitehouse, Texas

The REC offers a welcoming environment that's perfect for residents of Whitehouse, Texas, and beyond. With its **wheelchair-accessible car park** and **wheelchair-accessible entrance**, it ensures that fitness is accessible to everyone. This gym goes beyond just equipment; it provides a nurturing atmosphere for families and individuals alike.

Accessibility and On-Site Services

The REC is designed with **accessibility** in mind. Families can enjoy a range of **on-site services**, from fitness classes to childcare options. The **child care** available allows parents to focus on their health knowing that their children are being well cared for. For those interested in team sports, the gym features a **basketball court**, making it easy for members to engage in community activities.

Amenities and Planning

With 24-7 access, The REC provides flexibility for all schedules. Many members have praised the overall value for the **membership required**. Classes like Zumba and Silver Sneakers are a hit among users, with one member stating, "I love the silver sneakers class! The leader Anthony Johnson is amazing!" If you're planning your workout schedule, you'll be pleased to know that amenities include a weight room, cardio equipment, and even options for East Texas Historical Fencing.

Childcare and Family Atmosphere

One of the standout features of The REC is its commitment to family wellness. The after-school and summer programs for kids have received glowing reviews: "It's a great program with wonderful people running it! Such a value to our small community!" This space fosters a sense of belonging and encourages friendships as families participate in various activities together.

Community Feedback and Improvement

While many experiences have been overwhelmingly positive, some feedback points towards areas for improvement. An unfortunate incident with staff interaction was noted, but the gym's director took immediate action by addressing the concerns. It's clear that management is committed to ensuring a positive experience for all: "The director of the REC called and apologized... he said this was very unlike her." Such responsiveness highlights the gym's dedication to enhancing its community relationship.

Join the Community at The REC

If you're looking for a gym that feels like home, The REC in Whitehouse, Texas, is where you should be. Its blend of **service options**, community-centered planning, and inclusive facilities truly sets it apart. From fitness enthusiasts to families seeking a safe environment for children, everyone can find their place here. Join today and become part of a growing community focused on strength, health, and camaraderie!

Our establishment is located at

301 Terry St, 75791 Whitehouse, Texas - United States (US)

The phone number of said **Gym** is +1903-202-7181

And if you want to send a WhatsApp, you can do so at +1903-202-7181

Our business hours are:

Day	Hours
Monday	8?AM–6?PM
Tuesday	8?AM–6?PM
Wednesday	8?AM–6?PM
Thursday	8?AM–6?PM
Friday	Closed
Saturday	Closed
Sunday	8?AM–6?PM

The website is The REC

If necessary to adjust any detail that you think is not precise concerning this portal, we urge you to send us a message and we will handle it at the earliest convenience. With anticipation thanks for your cooperation.

Images



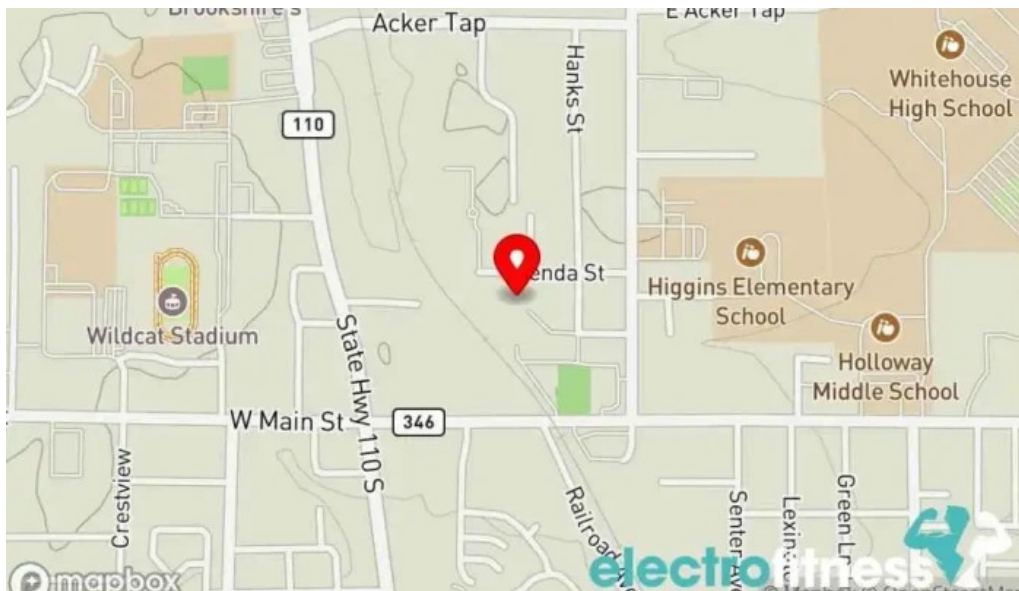
The rec whitehouse



The rec where



The rec street view 360deg



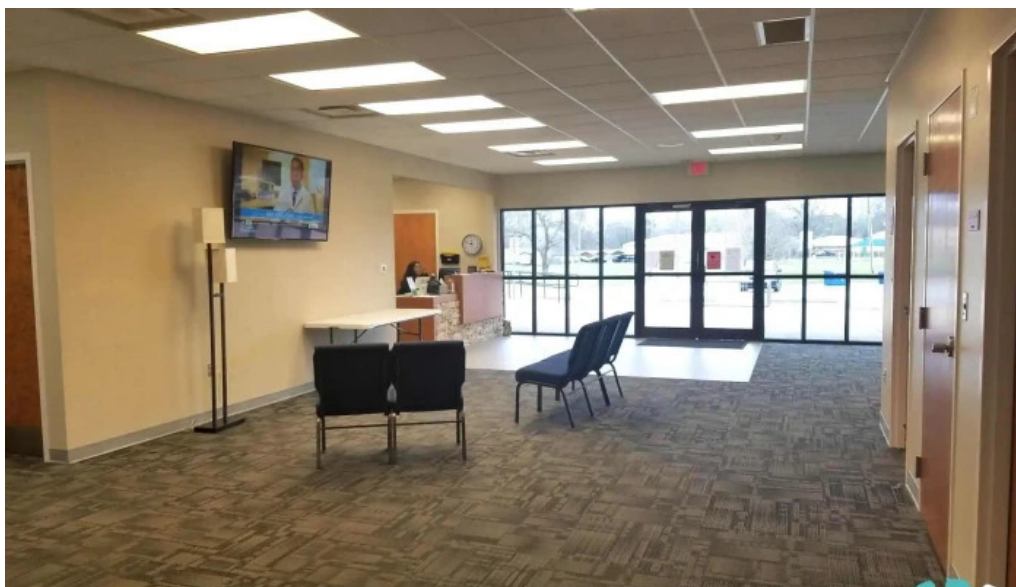
The rec map



The rec gym



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Tags

Wheelchair-accessible entrance, Amenities, Basketball court, Planning, Accessibility, Membership required, Child care, Service options, On-site services, Wheelchair-accessible car park

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gymnasium school
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indoor golf course
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karate club
karate school
kennel
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kinesiotherapist
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martial arts school
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