

My Gym - Walnut Creek

walnut creek

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walnut creek

My Gym - Walnut Creek

My Gym in Walnut Creek, California: A Perfect Place for Kids

If you are looking for a fantastic gymnastics center in Walnut Creek, California, look no further than **My Gym**. This facility not only provides a variety of classes but also ensures that children have fun while developing their physical abilities.

Planning Your Visit

From the moment you start planning your visit to My Gym, you can expect exceptional service. Parents have shared their experiences regarding how

well-organized parties and classes are. The staff members, such as Mr. D, Alex, and Becca, are known for their professionalism and enthusiasm. They assist in making every celebration memorable, whether it's a birthday party or a regular class.

Accessibility and Convenience

My Gym is committed to accessibility, featuring a ****wheelchair-accessible car park**** and a ****wheelchair-accessible entrance****. This ensures that all children, regardless of their needs, can enjoy the activities and have a great time.

Great for Kids

Parents rave about how My Gym is particularly ****good for kids****. The environment is safe, professional, and engaging. Instructors focus on keeping children busy and entertained through a variety of activities that promote gross motor skills and coordination. Many parents have noticed significant improvements in their children's strength and coordination since starting classes.

Membership Required

To ensure personalized attention for each child, a ****membership is required**** at My Gym. This allows for smaller class sizes and more focused instruction. Membership includes one-hour sessions twice a week, giving kids ample opportunity to learn and play in a structured environment.

Perfect for Celebrations

Birthday parties at My Gym are a hit among families. Organizers pay meticulous attention to detail during the ****planning**** stages, resulting in smooth, enjoyable experiences for everyone involved. With activities designed to engage young children, parents can rest assured that their kids will have a blast. In conclusion, My Gym in Walnut Creek is an outstanding choice for parents seeking a fun, safe, and accessible gymnastics center for their children. With dedicated instructors, exciting activities, and a strong focus on safety, it's no wonder parents are highly recommending this place.

You can visit us at the address:

2256 Oak Grove Rd, 94598 Walnut Creek, California - United States (US)

The phone of the mentioned **Gymnastics center** is +1925-952-9791

And if you want to send a WhatsApp, you can do so at +1925-952-9791

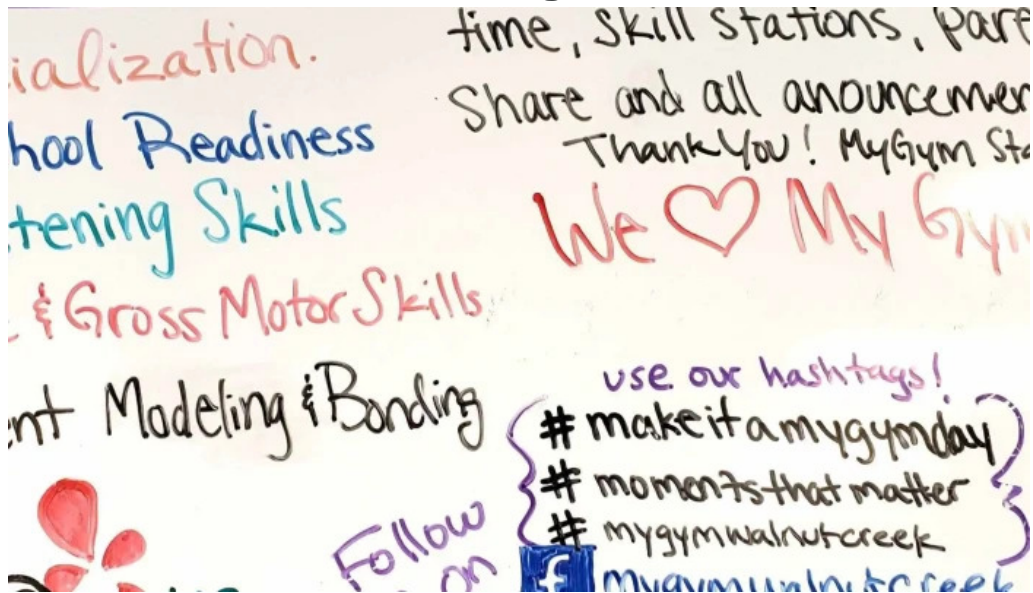
Our opening hours are:

Day Hours
Monday
10?AM-7?PM
Tuesday
9?AM-6?PM
Wednesday
8:30?AM-12:30?PM
Thursday
8:30?AM-12:30?PM
Friday
9?AM-1?PM
Saturday
9?AM-2?PM
Sunday
10?AM-1:20?PM

The website is My Gym

If you require to modify any data that you consider is not correct related to this portal, please deliver a message so we can we will handle it at the earliest convenience. In advance thanks.

Images



My gym website



My gym walnut creek



My gym street view 360deg



My gym schedule

A promotional poster for 'my gym'. On the left is a large, close-up photo of a young girl with dark hair, smiling, wearing a red t-shirt with the 'my gym' logo. To the right of the photo is a list of rules. Above the rules, there are four statistics in green boxes: 'active kids per day', '2,000,000 friendships made', '981,000 bouncing babies', and '3,000,000 proud happy parents'. The word 'Rules' is written in a large, blue, hand-drawn font. The list of rules includes: '1. No sick children in the gym!', '2. Siblings are not allowed on the gym floor during class.', and '3. Please schedule make-up classes...'.

active kids per day

2,000,000 friendships made

981,000 bouncing babies

3,000,000 proud happy parents

Rules

1. No sick children in the gym!
2. Siblings are not allowed on the gym floor during class.
3. Please schedule make-up classes...

My gym promotion



My gym map

CLASS SCHEDULE

FIRST CLASS IS ALWAYS FREE, ALWAYS FUN!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Waddlers 9 - 9:50	Gymsters 9 - 9:50			Terrific Tots 9 - 9:50
Gymsters 10 - 10:50	Terrific Tots 10 - 10:50	Waddlers 10 - 10:50	Terrific Tots 10 - 10:50	Gymsters 10 - 10:50
Mighty Mites 11 - 12	Waddlers 11 - 11:50	Gymsters 11 - 11:50	Waddlers 11 - 11:50	Gymsters 11 - 11:50
Practice & Play 12:15 - 1	Mighty Mites 12 - 1	Terrific Tots 12:30 - 1:20	Practice & Play 2 - 2:45	Practice & Play 12 - 12:45
	Practice & Play 1:15 - 2		Practice & Play 3 - 3:45	
			Gymsters 4 - 4:50	Gymsters 4 - 4:50
			Whir Kids	Mighty Mites

My gym gymnastics center



My gym exercise



My gym all

Tags

Membership required, Children, Planning, Wheelchair-accessible entrance, Good for kids, Accessibility, Wheelchair-accessible car park

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5.0 * *Gravity's Edge Tx, Llc - Abilene*

5.0 * *Aberdeen Gymnastics Association - Aberdeen*

4.8 * *MainStreet Commons - Absarokee*

4.8 *	<i>Firehouse Fitness - Abilene</i>
4.3 *	<i>Harry L. Coomes Recreation Center - Abingdon</i>
4.0 *	<i>Grit Fitness - Schererville - Schererville</i>
3.9 *	<i>Lisa's Gymnastics - Hobart</i>
4.1 *	<i>TruFit Gym Southern Pines - Southern Pines</i>
5.0 *	<i>Profiling Beauty Health and Wellness Center - Aberdeen</i>

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arena
association / organization
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body shaping class
boxing gym
boxing ring
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dollar store
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golf club
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health consultant
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kinesiologist
martial arts club
martial arts school
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personal trainer
physical fitness program
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recreation center
rock climbing gym
school district office
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sports club
sports complex
sports medicine clinic
sports school
tennis club
thrift store
vitamin & supplements store
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yoga studio