

Hernandez Mma & Fitness - Anna

anna

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https://www.electrofitness.com/kickboxing-school/anna/herandez-mma-fitness-anna_360495.php



anna

Hernandez Mma & Fitness - Anna

Welcome to Hernandez MMA & Fitness: The Premier Kickboxing School in Anna, Texas

At Hernandez MMA & Fitness, we pride ourselves on providing a welcoming and accessible environment for all fitness enthusiasts. Our kickboxing school is designed to cater to individuals of all ages and skill levels, making it an ideal choice for families looking to engage their children in healthy activities.

Accessibility and Amenities

Our facility is equipped with various ****amenities**** to ensure a comfortable

training experience. We understand the importance of ****accessibility**** for all our clients: - ****Wheelchair-accessible entrance****: We have made sure our entrance accommodates everyone. - ****Wheelchair-accessible car park****: Parking is convenient and accessible to all. - ****Gender-neutral toilets****: Inclusivity is a priority, and our restrooms reflect this commitment.

A Family-Friendly Environment

Hernandez MMA & Fitness is not just a kickboxing school; it's a community where kids thrive. Parents can rest assured knowing their children are in safe hands with our dedicated trainers. Rami, one of our standout instructors, is particularly praised for his ability to connect with young students. Comments from parents highlight how Rami has successfully motivated kids who may struggle with coordination, allowing them to improve while having fun.

Transformative Training Experience

Here at Hernandez MMA & Fitness, our programs are designed to be both challenging and rewarding. Many participants have emphasized how the ****six-week challenge**** has transformed their lives. Whether you're a teenager facing obstacles or an adult looking to regain your fitness, our tailored meal plans and intense workouts will help you achieve your goals. Participants have shared their journeys, noting remarkable weight loss, increased confidence, and improved physical abilities. As one satisfied client put it, "I feel like I'm in my mid-20s again!"

Why Choose Hernandez MMA & Fitness?

With a focus on personalized training and dedication, our kickboxing school offers: - ****Engaging classes for children****: Kids learn valuable self-defense techniques while developing discipline and patience. - ****Motivating and qualified trainers****: Rami has received praise for his professional yet approachable style. - ****Positive community atmosphere****: Our clients often mention the supportive environment, making their fitness journey enjoyable.

Join Us Today!

Whether you're seeking a new sport for your child, a personal fitness journey, or just a fun way to stay active, Hernandez MMA & Fitness is the place to be. With ****Wi-Fi**** available for parents waiting during classes and a team dedicated to your success, we invite you to become part of our growing family. Contact us today to get started on your kickboxing journey!

We are positioned at

2049 Hanakoa Falls Dr, 75409 Anna, Texas - United States (US)

The phone number of said **Kickboxing school** is +1469-756-3898

And if you want to send a WhatsApp, you can do so at [+1469-756-3898](https://www.whatsapp.com/business/contact?phone=14697563898)

We look forward to seeing you at:

Day Hours

Monday
8–11?AM

Tuesday
Closed

Wednesday
5:30–8?PM

Thursday
Closed

Friday
5:30–8?PM

Saturday
Closed

Sunday
5:30–8?PM

The website is [HERNANDEZ MMA & FITNESS](https://hernandezmma.com)

If you need to update any detail that you consider is not accurate concerning this web, we urge you to send us a message and we will correct it quickly.

Thank you in advance we appreciate it.

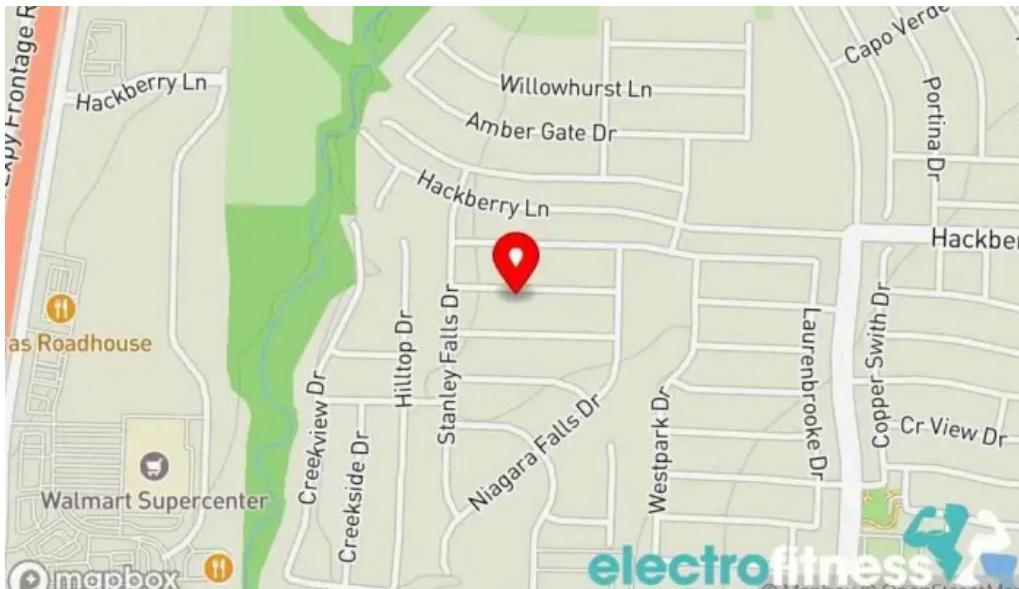
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Tags

Wheelchair-accessible entrance, Accessibility, Wheelchair-accessible car park, Gender-neutral toilets, Amenities, Good for kids, Wi-Fi, Children

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