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Rio Combat Team - Alameda

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Rio Combat Team - Alameda

Discover Rio Combat Team: Your Go-To Martial Arts School in Alameda, California

Rio Combat Team offers an exceptional environment for martial arts enthusiasts of all ages and skill levels. This renowned school is not just about training; it's about building a community where everyone feels welcomed and supported.

Accessibility for Everyone

One of the standout features of Rio Combat Team is its commitment to

accessibility. The school prides itself on being inclusive, providing a
wheelchair-accessible car park and a **wheelchair-accessible entrance**.

This ensures that everyone, regardless of physical ability, has the opportunity to
experience the life-changing benefits of Brazilian Jiu-Jitsu (BJJ) and Muay Thai.

A Family-Oriented Environment

Training at Rio Combat Team is more than just physical exercise; it's a journey of personal growth. Many parents have expressed their gratitude for the positive impact the school has had on their children. One parent shared, "My son gained confidence, discipline, and knowledge with them." The supportive atmosphere encourages young students to train hard while instilling values of respect and camaraderie.

Expert Instruction

Under the guidance of the head instructor Diogo Gomes, who brings over 25 years of experience, students can access high-quality training tailored to various skill levels. Whether you are a beginner or a seasoned fighter, you will find welcoming instructors ready to help you excel. Students have praised the facility for its clean environment and well-maintained equipment, making it an ideal place to learn and grow.

Inclusive Community and Welcoming Atmosphere

The sense of community at Rio Combat Team is palpable. New members often mention how friendly and inviting the atmosphere is. "When I first arrived, everyone was friendly and welcoming," one student remarked. This camaraderie extends beyond training sessions, creating lasting friendships among members.

Commitment to Personal Growth

Students at Rio Combat Team appreciate the emphasis on personal development, both in and out of the dojo. Many have reported significant improvements not only in their fighting skills but also in their overall confidence and discipline. As one member stated, "This is the best thing I have done for myself."

Try a Free Trial Class Today!

If you've been considering martial arts training, now is the time to take action. Rio Combat Team invites everyone to "just come do a free trial class." With a variety of classes available, including gi and no-gi options, there is something for everyone at this exceptional school.

Conclusion: Join the Rio Combat Team Family

Whether your goal is to compete or simply learn a new skill while getting in

shape, Rio Combat Team offers a fantastic environment for you to thrive. With its accessible facilities, expert instruction, and strong sense of community, it's truly a place where everyone can feel at home. Don't miss out on the opportunity to transform your life—come visit Rio Combat Team in Alameda, California today!

You can reach us at

800 W Tower Ave bldg 40, 94501 Alameda, California - United States (US)

The contact line of said **Martial arts school** is <u>+1415-200-5597</u> And if you want to send a WhatsApp, you can do so at<u>+1415-200-5597</u>

Our business hours are:

Day Hours
10:30?AM-12?PM 5-8?PM
Tuesday
10:30?AM-12?PM 5-8?PM
Wednesday
10:30?AM-12?PM 5-8?PM
Thursday
10:30?AM-12?PM 5?PM-12?AM
Friday
12:AM-5?PM
Saturday
Closed
Sunday
10:30?AM-12?PM 5-8?PM

The website is Rio Combat Team

If you need to adjust any information that you feel is not precise related to this site, please deliver a message so we can we will handle it at the earliest convenience. Thank you in advance thank you very much.

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Rio combat team martial arts school



Rio combat team map



Rio combat team community



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Wheelchair-accessible entrance, Wheelchair-accessible car park, Accessibility

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