

## Academy of Martial Arts - Altoona

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## *Academy of Martial Arts - Altoona*

### Discover the Academy of Martial Arts in Altoona, Pennsylvania

The **\*\*Academy of Martial Arts\*\*** stands out as a premier destination for martial arts enthusiasts of all ages in Altoona, Pennsylvania. With a focus on self-defense and personal development, this academy offers a positive and encouraging environment that fosters both mental and physical growth.

### Expert Instruction by Mr. Kattouf

Mr. Kattouf, a well-respected instructor with over a decade of teaching

experience, is known for his exceptional ability to engage students. One long-term student stated, "We have known Mr. Kattouf for longer than I have been alive and I've been going to classes with him for over 10 years!" His dedication extends beyond just martial arts; he emphasizes essential life skills such as respect and manners. This unique blend of martial arts training and personal development makes the Academy of Martial Arts a significant asset to the community.

## **A Variety of Martial Arts Disciplines**

At the Academy, students can explore various martial arts disciplines, including **Hapkido** and **Brazilian Jiu-Jitsu**. Mr. Kattouf's extensive background allows him to provide in-depth training that challenges students while ensuring they grasp the fundamental principles effectively. One student shared, "What I initially thought to be a simple class in self-defense turned out to be vigorous training in Jin Pal Hapkido."

## **An Engaging Experience for Kids**

Parents have praised the academy for its child-friendly atmosphere. As Rob, a proud parent, mentioned, "My daughter Brooke has been attending for a year now and she absolutely loves it. She **EARNED** her yellow belt 2 weeks ago." The instructors, including Miss Myers, are recognized for their kindness and patience, making learning enjoyable for young students.

## **A Community of Support**

The sense of community at the Academy of Martial Arts cannot be overstated. Many families attend classes together, sharing the experience as a bonding activity. One enthusiastic parent expressed, "Love going there with my two boys," highlighting the academy's ability to create lasting memories through martial arts training.

## **Conclusion**

The **Academy of Martial Arts** in Altoona, Pennsylvania, is more than just a place to learn martial arts; it's a nurturing environment where students grow physically and mentally. With dedicated instructors like Mr. Kattouf and Miss Myers, the academy continues to make a positive impact on the lives of its students. Whether you are a beginner or looking to enhance your skills, the Academy of Martial Arts is the perfect place to embark on your martial arts journey.

## **Our establishment is located at**

1510 12th Ave, 16601 Altoona, Pennsylvania - United States (US)

The phone of the mentioned **Martial arts school** is +1814-946-5425

And if you want to send a WhatsApp, you can do so at [+1814-946-5425](https://www.whatsapp.com/message/1814-946-5425)

**We look forward to seeing you at:**

Day Hours  
Monday

5–7:30?PM

Tuesday

Closed

Wednesday

12–1:30?PM

Thursday

Closed

Friday

Closed

Saturday

5–7:30?PM

Sunday

5–7:30?PM

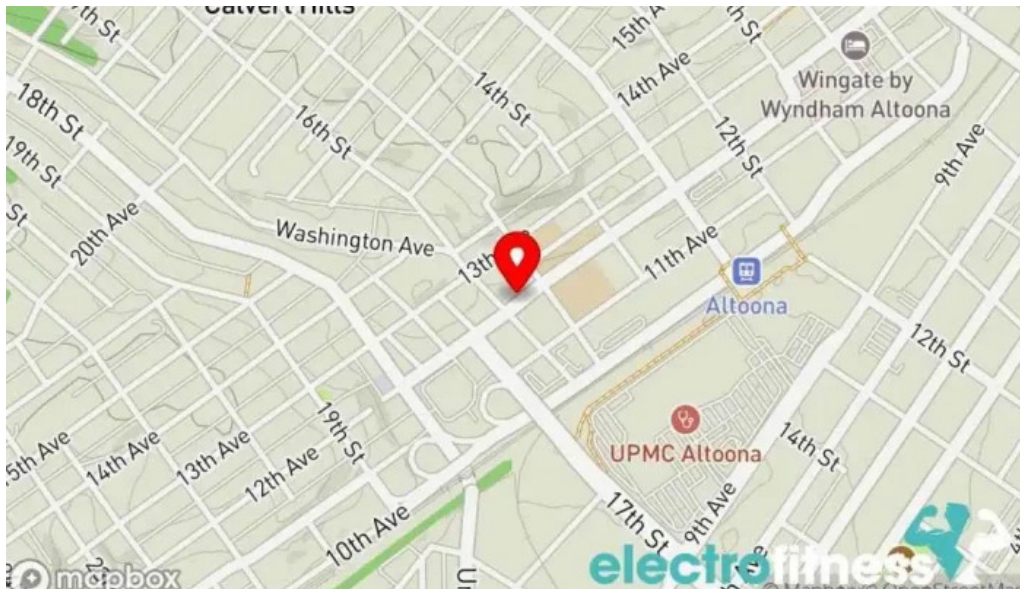
The website is [Academy of Martial Arts](#)

If you require to update any data that you feel is not accurate concerning this site, we kindly request forward a message so that we will handle it promptly. With anticipation thanks.

## Images



*Academy of martial arts street view 360deg*



*Academy of martial arts map*



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## Tags

*academy, kattouf, martial, defense, altoona, development, students, personal, environment, experience, community, pennsylvania*

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academic department

acupuncture clinic
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association / organization
athletic club
auditorium
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basketball club
basketball court
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body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe
children's party service
chiropractor
church
club
coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school

day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course

indoor lodging
jujitsu school
karate club
karate school
kenel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public library
public swimming pool
recreation center
rehabilitation center
resort hotel
restaurant

rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
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sports nutrition store
sports school
summer camp organizer
supermarket
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swimming instructor
swimming pool
swimming school
taekwondo school
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weightlifting area
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wellness program
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women's personal trainer
wrestling school

yoga instructor
yoga studio
youth center
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