

Boise Studio of Self Defense - Boise

boise

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Boise Studio of Self Defense - Boise

Discover Boise Studio of Self Defense

Boise Studio of Self Defense offers a unique and inclusive environment for martial arts training located right in Boise, Idaho. This studio is not only geared toward traditional martial arts but also emphasizes self-defense, making it an ideal choice for families and individuals alike.

Accessibility Features

One of the standout features of Boise Studio of Self Defense is its

****wheelchair-accessible entrance**** and ****wheelchair-accessible car park****. The studio places a strong emphasis on ****accessibility****, ensuring that all students, regardless of their physical capabilities, can participate in martial arts training.

Service Options

The studio provides various ****service options****, including classes for both kids and adults, private lessons, and family training sessions. The adaptability of the training makes it suitable for beginners to advanced practitioners. Students can engage in specialized activities like sparring and fun events such as Nerf wars, enhancing their experience while building camaraderie.

On-Site Services

With ****on-site services**** ranging from personal instruction to additional activities like Ninja nights, Boise Studio of Self Defense creates a vibrant community for learners of all ages. Parents frequently express gratitude for the positive influence the instructors have on their children, promoting discipline, respect, and confidence.

Why Choose Boise Studio of Self Defense?

Parents consistently rave about Sensei Tyson and his team, describing them as patient, respectful, and committed to their students' success. The welcoming atmosphere fosters friendships among students, as many parents note how their children make friends during classes, enhancing their social skills. Moreover, students benefit from a well-rounded training approach that includes not just physical skills but also essential life lessons in respect and discipline. Parents have reported significant improvements in their children's self-confidence, body awareness, and overall coordination within just a few weeks of training.

A Family-Focused Environment

Boise Studio of Self Defense truly shines as a family dojo. Many families return for years, enjoying the supportive community and the shared journey of martial arts training. The studio values inclusivity and has developed programs that cater to all ages and skill levels, making it a perfect fit for anyone wanting to learn martial arts or self-defense. Whether you're looking to train yourself, enroll your child, or engage the entire family in martial arts, Boise Studio of Self Defense stands out as an exemplary choice in Boise, Idaho. Don't miss the opportunity to experience this vibrant community and its outstanding programs!

Our business is found at

10390 W Overland Rd, 83709 Boise, Idaho - United States (US)

The contact phone of said **Martial arts school** is +1208-375-5302
And if you want to send a WhatsApp, you can do so at +1208-375-5302

You can visit us at the following hours:

Day Hours
Monday
3:30–8:30?PM
Tuesday
3:30–8:30?PM
Wednesday
3:30–8:30?PM
Thursday
3:30–8:30?PM
Friday
3–6:30?PM
Saturday
9?AM–1?PM
Sunday
Closed

The website is Boise Studio of Self Defense

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Boise studio of self defense map



Boise studio of self defense location



Boise studio of self defense community



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Tags

Wheelchair-accessible entrance, Wheelchair-accessible car park, Service options, Accessibility, On-site services

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sports complex
sports medicine clinic
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supermarket
swimming instructor
swimming school
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yoga instructor
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