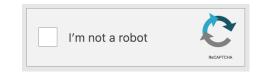


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#### **The Pound Martial Arts Center - East Wareham**

#### east wareham



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## The Pound Martial Arts Center - East Wareham

# The Pound Martial Arts Center: A Family-Friendly Dojo in East Wareham, Massachusetts

The Pound Martial Arts Center, located in East Wareham, Massachusetts, stands out as a premier destination for families seeking quality martial arts education. Recognized for its holistic approach to developing young minds, The Pound offers more than just martial arts training; it cultivates essential life skills such as \*\*respect\*\*, \*\*discipline\*\*, and \*\*confidence\*\*.

### Accessibility Features at The Pound Martial Arts Center

One of the key features that makes The Pound an inviting environment for all families is its \*\*wheelchair-accessible car park\*\* and \*\*wheelchair-accessible entrance\*\*. These thoughtful amenities ensure that everyone, regardless of physical ability, can participate in the enriching martial arts experience offered here. Accessibility is not merely a feature but a commitment to inclusivity, allowing families and individuals with varying needs to thrive in this supportive environment.

#### A Welcoming Atmosphere for All Ages

Families rave about the sense of community found within the dojo. Parents have shared positive experiences, noting how their children build friendships while learning valuable life lessons. \*\*"My son has been going for 6 years,"\*\* one parent said, highlighting the unexpected community support that comes alongside martial arts training. Instructors at The Pound focus on creating a village where each child feels valued and supported, further enhancing the sense of belonging.

#### **Building Life Skills Through Martial Arts**

The Pound emphasizes the importance of life skills in its curriculum. As many parents note, their children are not only learning karate techniques but also growing in areas such as self-control, focus, and resilience. One parent remarked, \*\*"It is so much more than kicking and punching, they teach respect, discipline, and perseverance."\*\* This well-rounded education prepares children for challenges both on and off the mat, fostering personal growth and confidence.

#### A Dedicated Team of Instructors

The instructors at The Pound are highly regarded for their expertise and dedication. Families appreciate that the teaching staff is not only knowledgeable in martial arts but also skilled in providing a nurturing atmosphere. \*\*"The owners teach all the classes themselves and get the bigger kids involved too!"\*\* reflects one parent's view on the commitment to quality instruction. Parents often comment on the tremendous changes they see in their children. From improved self-esteem to increased discipline, the impact of training at The Pound is profound. One proud parent stated, \*\*"The progress he's made during this past year... is unbelievable,"\*\* showcasing the transformative power of martial arts training.

#### **Community Engagement and Fun**

The Pound isn't just about martial arts; it's also about engaging with the local community. Various events and activities allow students and families to connect beyond the dojo. As one parent put it, \*\*"They also do fun stuff with the

community too! Great place & great family to be part of!"\*\* This emphasis on community building enhances the family-friendly atmosphere that permeates the dojo.

#### Conclusion

The Pound Martial Arts Center in East Wareham, Massachusetts, is more than just a martial arts school; it's a vibrant community dedicated to personal growth and development. With its \*\*wheelchair-accessible features\*\*, a focus on building life skills, and a warm, welcoming environment, The Pound is the perfect place for anyone looking to embark on a martial arts journey. Whether you're a child or adult, beginner or advanced, there's a place for you at The Pound.

#### You can find us at

3131 Cranberry Hwy, 02538 East Wareham, Massachusetts - United States (US)

The phone number of the respective **Martial arts school** is  $\pm 1774-678-0183$ And if you want to send a WhatsApp, you can do so at $\pm 1774-678-0183$ 

#### Our public attention hours are:

Day Hours Monday 3:30–8?PM Tuesday 8–10:30?AM Wednesday Closed Thursday 9?AM–12?PM 3:30–8:45?PM Eriday 9?AM–12?PM 3:30–8:45?PM Saturday 9?AM–12?PM 3:30–8:45?PM Sunday 9–11?AM 3:30–7:30?PM

The website is The Pound Martial Arts Center

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## Images



The pound martial arts center videos



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## Tags

Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible car park

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| hiking area   |
| hospital  |
| hotel   |
| indoor cycling  |
| jujitsu school  |
| karate club   |
| karate school   |
| kennel  |
| kickboxing school   |
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| martial arts club   |
| martial arts school   |
| massage therapist   |
| meditation center   |
| non-profit organization   |
| nutritionist  |
| park  |
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| •   |
| personal trainer  |
| personal trainer<br>pharmacy  |
| personal trainer<br>pharmacy<br>physical fitness program  |
| personal trainer<br>pharmacy<br>physical fitness program<br>physical therapy clinic   |
| personal trainer<br>pharmacy<br>physical fitness program<br>physical therapy clinic<br>pickleball court   |
| personal trainer<br>pharmacy<br>physical fitness program<br>physical therapy clinic<br>pickleball court<br>pilates studio   |
| personal trainer<br>pharmacy<br>physical fitness program<br>physical therapy clinic<br>pickleball court   |
| personal trainer<br>pharmacy<br>physical fitness program<br>physical therapy clinic<br>pickleball court<br>pilates studio<br>public educational institution   |
| personal trainer<br>pharmacy<br>physical fitness program<br>physical therapy clinic<br>pickleball court<br>pilates studio<br>public educational institution<br>recreation center<br>rehabilitation center   |
| personal trainer<br>pharmacy<br>physical fitness program<br>physical therapy clinic<br>pickleball court<br>pilates studio<br>public educational institution<br>recreation center  |
| personal trainer<br>pharmacy<br>physical fitness program<br>physical therapy clinic<br>pickleball court<br>pilates studio<br>public educational institution<br>recreation center<br>rehabilitation center<br>rock climbing gym  |
| personal trainer<br>pharmacy<br>physical fitness program<br>physical therapy clinic<br>pickleball court<br>pilates studio<br>public educational institution<br>recreation center<br>rehabilitation center<br>rock climbing gym<br>school district office<br>self defense school   |
| personal trainer<br>pharmacy<br>physical fitness program<br>physical therapy clinic<br>pickleball court<br>pilates studio<br>public educational institution<br>recreation center<br>rehabilitation center<br>rock climbing gym<br>school district office  |
| personal trainer<br>pharmacy<br>physical fitness program<br>physical therapy clinic<br>pickleball court<br>pilates studio<br>public educational institution<br>recreation center<br>rehabilitation center<br>rock climbing gym<br>school district office<br>self defense school<br>shooting range   |
| personal trainer<br>pharmacy<br>physical fitness program<br>physical therapy clinic<br>pickleball court<br>pilates studio<br>public educational institution<br>recreation center<br>rehabilitation center<br>rock climbing gym<br>school district office<br>self defense school<br>shooting range<br>shopping mall  |
| personal trainer<br>pharmacy<br>physical fitness program<br>physical therapy clinic<br>pickleball court<br>pilates studio<br>public educational institution<br>recreation center<br>rehabilitation center<br>rock climbing gym<br>school district office<br>self defense school<br>shooting range<br>shopping mall<br>spa<br>spa and health club  |
| personal trainer<br>pharmacy<br>physical fitness program<br>physical therapy clinic<br>pickleball court<br>pilates studio<br>public educational institution<br>recreation center<br>rehabilitation center<br>rock climbing gym<br>school district office<br>self defense school<br>shooting range<br>shopping mall<br>spa   |
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| personal trainer<br>pharmacy<br>physical fitness program<br>physical therapy clinic<br>pickleball court<br>pilates studio<br>public educational institution<br>recreation center<br>rehabilitation center<br>rock climbing gym<br>school district office<br>self defense school<br>shooting range<br>shopping mall<br>spa<br>spa and health club<br>sporting goods store<br>sports club |

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| ennis club                  |
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| vitamin & supplements store |
| vellness center             |
| vellness program            |
| /oga instructor             |
| /oga studio                 |
| outh organization           |
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