

Dark Horse Gym - San Jose

san jose

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https://www.electrofitness.com/martial-arts-school/san-jose/dark-horse-gym-san-jose_329280.php



san jose

Dark Horse Gym - San Jose

Welcome to Dark Horse Gym: A Premier Martial Arts School in San Jose, California

Dark Horse Gym stands out as one of the best fight gyms in the South Bay, offering a welcoming environment for everyone—from beginners to seasoned professionals. With a focus on community and support, the gym has cultivated a culture that prioritizes mutual respect and encouragement.

A Welcoming Environment for All

One of the defining features of Dark Horse Gym is its inclusive atmosphere.

The gym identifies as Latino-owned and prides itself on being LGBTQ+ friendly. Its commitment to accessibility is evident with amenities such as **gender-neutral toilets** and a **wheelchair-accessible car park**, ensuring that everyone can participate without barriers.

Comprehensive Training Options

Whether you are interested in **online classes** or **on-site services**, Dark Horse Gym has it all. Classes are structured to cater to various skill levels, making it an ideal place for anyone looking to improve their martial arts skills. Conditioning workouts begin at 5 PM and are followed by technique sessions, ensuring a well-rounded training experience.

Outdoor Services for Fresh Air Training

For those who prefer a different training environment, Dark Horse Gym also offers **outdoor services**. This unique option allows members to enjoy their workouts in the fresh air while still receiving the guidance of professional trainers.

Top-Notch Amenities and Facilities

The gym features a huge matted space perfect for grappling and striking practices, alongside weapons training and self-defense classes. Reviewers consistently praise the facility, noting that it has everything needed for martial arts training and strength building.

Accessibility and Community Support

Accessibility goes beyond physical spaces at Dark Horse Gym. Members report an unparalleled sense of community where they feel supported and valued. Many have shared personal stories of overcoming struggles like anxiety and depression, crediting the gym as a safe haven where they can find encouragement and friendship.

Why Choose Dark Horse Gym?

With experienced coaches boasting over ten years in the fight game, Dark Horse Gym is equipped to help you achieve your fitness goals. From customized meal plans to personal training three times a week, the results are not just physical; they also provide mental strength and resilience. The blend of professionalism, a caring community, and excellent facilities makes Dark Horse Gym a top choice for anyone in San Jose. Don't just take our word for it—come check out the free class and see for yourself why so many people love training here! **In Conclusion**, if you're looking for a martial arts school that welcomes you as family, promotes an encouraging atmosphere, and provides outstanding training options, look no further than Dark Horse Gym in San Jose, California.

The business is situated at

190 N Montgomery St, 95110 San Jose, California - United States (US)

The contact phone of the respective **Martial arts school** is +1408-508-4496
And if you want to send a WhatsApp, you can do so at +1408-508-4496

Our public attention hours are:

| Day | Hours |
|-----------|---------------|
| Monday | 6–7?AM 4–7?PM |
| Tuesday | 6–7?AM |
| Wednesday | Closed |
| Thursday | Closed |
| Friday | 6–7?AM 4–8?PM |
| Saturday | 6–7?AM 4–7?PM |
| Sunday | 6–7?AM 4–8?PM |

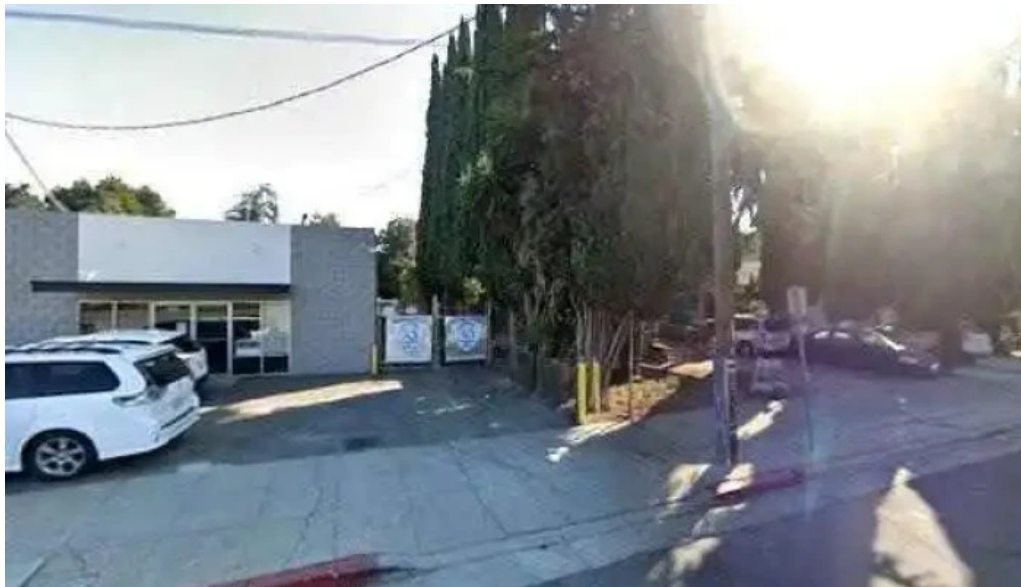
The website is Dark Horse Gym

If you wish to change any detail that you feel is not precise related to this web, we urge you to forward a message so that we will adjust it quickly. Thank you in advance thanks.

Images



Dark horse gym videos



Dark horse gym street view 360deg



Dark horse gym score



Dark horse gym san jose



Dark horse gym promotion



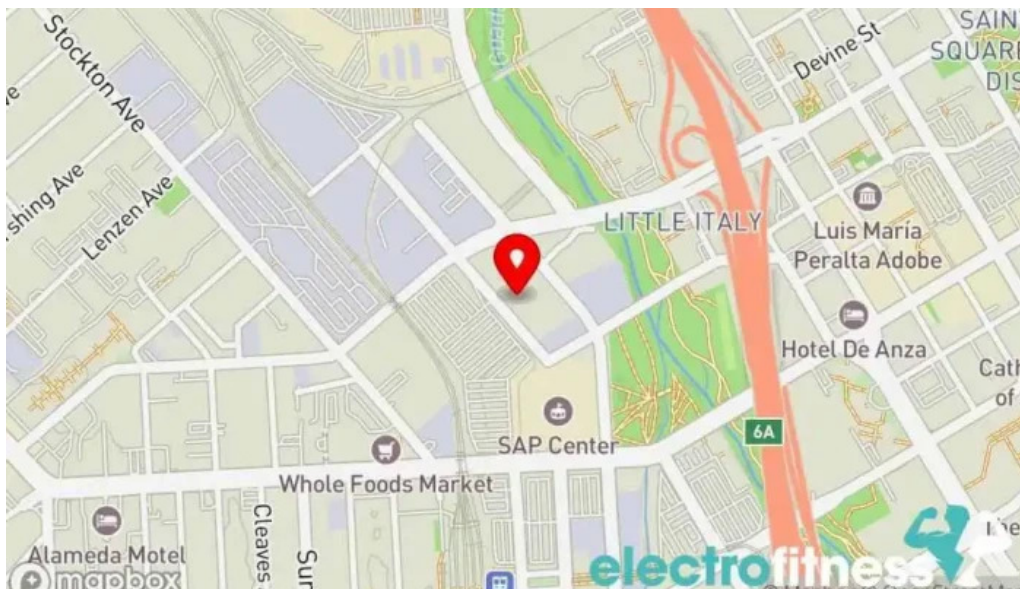
Dark horse gym prices



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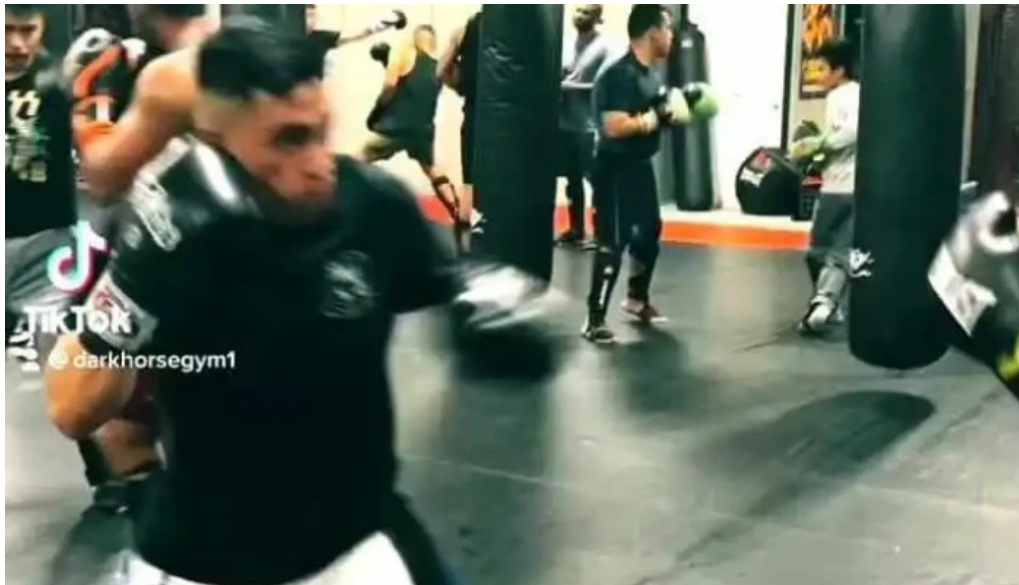
Dark horse gym martial arts school



Dark horse gym map



Dark horse gym how to get there



Dark horse gym by owner



Dark horse gym all

Tags

Crowd, Service options, Gender-neutral toilets, Online classes, Outdoor services, Amenities, Wheelchair-accessible car park, Wheelchair-accessible entrance, From the business, Identifies as Latino-owned, LGBTQ+ friendly, Accessibility, On-site services

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| animal feed store |
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| apartment complex |
| aquatic centre |
| arena |
| art gallery |
| association / organization |
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| bar |
| barber shop |
| basketball club |
| basketball court |
| batting cage center |
| body shaping class |
| boot camp |
| boxing club |
| boxing gym |
| boxing ring |
| buddhist temple |
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| church |
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| counselor |
| country club |
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