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Myofascial Release Works - Yakima

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Myofascial Release Works - Yakima

Discover Myofascial Release Works: A Premier Massage Therapy Experience in Yakima, Washington

Located in beautiful Yakima, Washington, **Myofascial Release Works** is a massage therapy practice that stands out for its commitment to accessibility and inclusivity. Identifying as a **women-owned** business, this practice prioritizes creating a welcoming environment for all individuals, including being **LGBTQ+friendly**.

Accessibility Features for All Clients

At Myofascial Release Works, the focus on **accessibility** ensures that everyone can benefit from their exceptional services. The facility features a **wheelchair-accessible entrance**, allowing easy access for those with mobility challenges. Additionally, the premises include a **wheelchair-accessible toilet** and **wheelchair-accessible seating**, making it a comfortable choice for all visitors.

Creating a Comfortable and Inclusive Atmosphere

The practice also offers **gender-neutral toilets**, further emphasizing its dedication to inclusivity. Clients have expressed their appreciation for Julia's approach, noting her outstanding ability to create a soothing environment that fosters healing and comfort.

A Multifaceted Approach to Healing

From the moment clients step into **Myofascial Release Works**, they experience Julia's expertise firsthand. As one client shared, "Julie has incredible knowledge and efficiency in this work." Her sessions are designed not just for relief but to encompass a holistic view of health—addressing the body, mind, and spirit. Julia's background spans various disciplines, including being a spiritual coach and personal trainer. This diverse experience enables her to tailor each session uniquely, helping clients tackle individual challenges. Another satisfied client remarked, "She really listened to my needs and has a gentle, healing touch."

Personalized Treatment Plans

Clients appreciate Julia's comprehensive approach to treatment. She not only works directly on pain relief but also empowers individuals with practical tips for wellness at home. "She taught me about simple stretches and exercises that I can do to maintain wellness," shared Noel Stockman, highlighting the lasting impact of her sessions.

Your Journey Towards Wellness Awaits

Appointments are required to experience the transformative benefits of Myofascial Release Works. With Julia's thoughtful planning and intuitive understanding, each session is maximally utilized to ensure clients receive the utmost care. As one reviewer noted, "Julia is very patient-oriented and makes maximum use of the appointment time."

For those seeking a deeply enriching and healing experience, **Myofascial Release Works** is the destination in Yakima, Washington. The unique combination of accessibility, inclusivity, and expert care makes it a top choice for anyone looking to enhance their well-being.

Book Your Appointment Today!

Don't miss the opportunity to improve your health and well-being. Reach out today to schedule your appointment at Myofascial Release Works, where a healthier, more balanced life begins!

The premises are located at

7107 W Lincoln Ave, 98908 Yakima, Washington - United States (US)

The phone number of this **Massage therapist** is <u>+1509-581-5434</u>
And if you want to send a WhatsApp, you can do so at<u>+1509-581-5434</u>

We open at the following schedule:

Day Hours
Monday
Closed
Tuesday
11?AM-7?PM
Wednesday
Closed
Thursday
11?AM-7?PM
Eriday
Closed
Saturday
11?AM-7?PM
Sunday
Closed

The website is Myofascial Release Works

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Images



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Myofascial release works by owner



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Tags

Gender-neutral toilets, From the business, Accessibility, Wheelchair-accessible entrance, Identifies as women-owned, LGBTQ+ friendly, Planning, Wheelchair-accessible seating, Appointment required, Amenities, Wheelchair-accessible toilet, Crowd

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