

Crystal Haven Wellness Living (previously Yoga Haven) - Littleton

littleton

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Explore Crystal Haven Wellness Living: Your Gateway to Healing

Crystal Haven Wellness Living, formerly known as Yoga Haven, is a sanctuary located in the heart of Littleton, Colorado. This meditation center offers a unique blend of yoga, sound healing, and community support for individuals seeking personal growth and relaxation.

Online Classes for Everyone

One of the standout features of Crystal Haven Wellness Living is its **online classes**. Whether you're a seasoned yogi or just starting your journey, there are options available for every skill level. The flexibility of online offerings allows you to participate in classes from the comfort of your own home while connecting with a vibrant community.

Service Options Tailored to Your Needs

This meditation center prides itself on providing various **service options** designed to enhance your experience. From Yin Yoga to Sound Healing sessions, each class is crafted to promote relaxation and mindfulness. Students have reported profound benefits from these classes, emphasizing how they help with mind-body synchronicity.

Accessibility for All

Crystal Haven Wellness Living is committed to making wellness accessible to everyone. The center features a **wheelchair-accessible entrance**, ensuring that all individuals can enjoy the space. Additionally, there is a **wheelchair-accessible toilet** and a convenient **wheelchair-accessible car park**. This thoughtful design makes it a welcoming environment for all guests.

Amenities That Enhance Your Experience

When visiting Crystal Haven, you will find several thoughtful **amenities** that enrich each visit. The studio is adorned with crystals and twinkle lights, creating a magical atmosphere that fosters healing. The ambiance, together with supportive instructors, makes every session feel like a nurturing embrace.

On-Site Services and Community Spirit

The sense of community at Crystal Haven Wellness Living is palpable. Visitors often describe it as a **sacred space** where individuals come together for mutual healing. With an array of **on-site services**, including various yoga classes that cater to all levels, students feel not only welcome but also part of a family.

Conclusion: A Healing Oasis in Littleton

Crystal Haven Wellness Living is more than just a yoga studio; it's a transformative space for healing and personal growth. With its wide range of classes, commitment to accessibility, and welcoming atmosphere, it stands out as a beacon of wellness in Littleton. Experience the magic for yourself and discover why so many have made this center an essential part of their healing journey. Namaste.

Our business is at

311 E County Line Rd A-10, 80122 Littleton, Colorado - United States (US)

The contact phone of the respective **Meditation center** is +1720-749-2145

And if you want to send a WhatsApp, you can do so at [+1720-749-2145](https://www.whatsapp.com/business/profile/17207492145)

We are available at these times:

Day Hours

Monday

Closed

Tuesday

Closed

Wednesday

11:45?AM–1:30?PM 3:45–5:30?PM 6:15–8:30?PM

Thursday

Closed

Friday

4:15–5:45?PM

Saturday

8:45?AM–5:30?PM

Sunday

Closed

The website is [Crystal Haven Wellness Living \(previously Yoga Haven\)](#)

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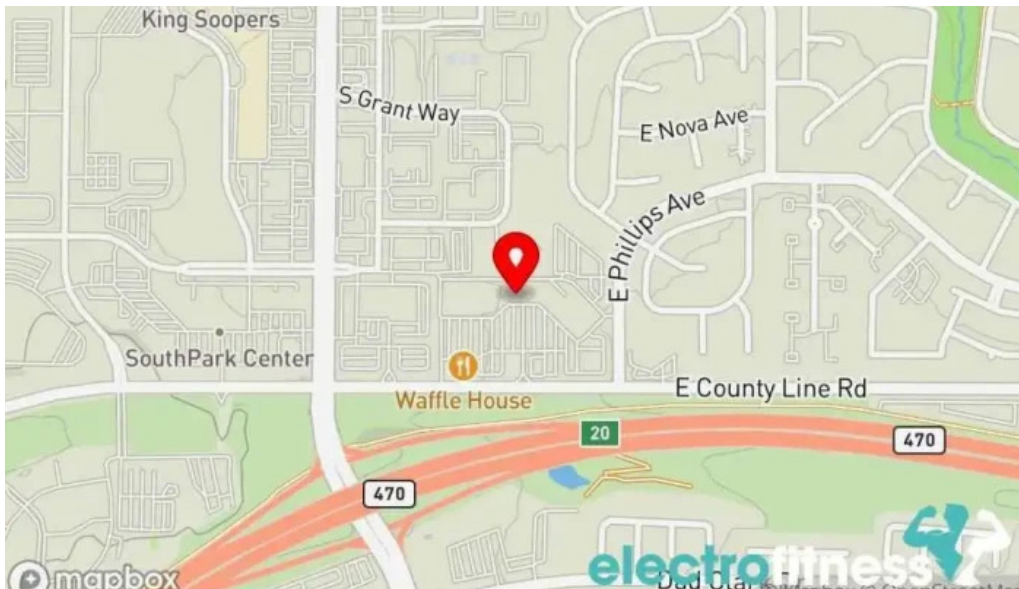
Images



Crystal haven wellness living previously yoga haven street view 360deg



Crystal haven wellness living previously yoga haven meditation center



Crystal haven wellness living previously yoga haven map



Crystal haven wellness living previously yoga haven littleton



Crystal haven wellness living previously yoga haven by owner



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Tags

Wheelchair-accessible car park, Wheelchair-accessible entrance, Amenities, Toilet, Online classes, Wheelchair-accessible toilet, Service options, Accessibility, On-site services

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gymnastics center
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shooting range
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
swimming instructor
swimming school
tennis club
thrift store
vitamin & supplements store
wellness center
wellness program
yoga instructor
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