

8 Venoms Muay Thai - Teaneck

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8 Venoms Muay Thai - Teaneck

Discover 8 Venoms Muay Thai Boxing Gym in Teaneck, New Jersey

If you're looking for a place to train Muay Thai that combines rigorous training with a supportive community atmosphere, look no further than ****8 Venoms Muay Thai**** in Teaneck, New Jersey. This gym is recognized for its ****LGBTQ+ friendly**** environment and commitment to inclusivity, making it an ideal location for practitioners of all backgrounds.

A Family-Like Community

At **8 Venoms**, the sense of community is palpable. Members describe the gym not just as a place to train, but as a family. The camaraderie among students ensures that everyone feels welcomed, whether you're a novice or have prior experience. Many reviews highlight how the instructors, including Kru Gian and Kru Joe, provide individual attention and support, fostering personal growth both in technique and character.

Suitable for All Ages

One standout feature of **8 Venoms** is its commitment to catering to all age groups. They offer classes that are **good for kids**, allowing children to learn self-discipline, respect, and effective self-defense techniques in a safe environment. Students have expressed gratitude for the emphasis on character development, making it an exceptional choice for parents seeking an active outlet for their children.

Training Experience

Training at **8 Venoms** goes beyond physical fitness; it's about mental resilience and personal empowerment. Students routinely mention how the workouts push them to improve while maintaining a fun and engaging atmosphere. The gym features top-notch equipment and a **wheelchair-accessible entrance**, ensuring that all individuals can feel comfortable and included during their sessions.

Membership and Appointments

While there is a **membership required** to join the gym, many members note that the value they receive far exceeds their expectations. Newcomers are encouraged to schedule an **appointment** for a trial class, which often leads to immediate sign-ups due to the invigorating experience that 8 Venoms offers.

Focus on Accessibility

Accessibility is a priority at **8 Venoms Muay Thai**. The facility boasts a clean training area and regular maintenance of equipment to ensure a safe environment for all members. Reviews consistently praise the cleanliness and organization of the gym, highlighting that it provides a conducive space for learning and skill advancement.

Why Choose 8 Venoms Muay Thai?

Many students express that joining **8 Venoms Muay Thai** has been a transformative decision in their lives. Not only does it facilitate physical fitness and martial arts training but also builds confidence and helps alleviate stress. Whether you're looking to enhance your skills, participate in sparring, or get into shape, this gym meets diverse needs, making it a top choice in the area. In summary, **8 Venoms Muay Thai** stands out in Teaneck, NJ, not just for its high-quality training but for its welcoming culture, accessibility for all, and

dedication to fostering a sense of community. If you're ready to embark on an exciting journey in martial arts, don't hesitate to take that first step and visit 8 Venoms!

The premises are located at

444 Cedar Ln 2nd floor, 07666 Teaneck, New Jersey - United States (US)

The contact phone of this **Muay Thai boxing gym** is +1201-658-0504
And if you want to send a WhatsApp, you can do so at +1201-658-0504

Our service hours are:

Day	Hours
Monday	Closed
Tuesday	9?AM–9?PM
Wednesday	7?AM–9?PM
Thursday	9?AM–9?PM
Friday	7?AM–9?PM
Saturday	9?AM–9?PM
Sunday	9?AM–9?PM

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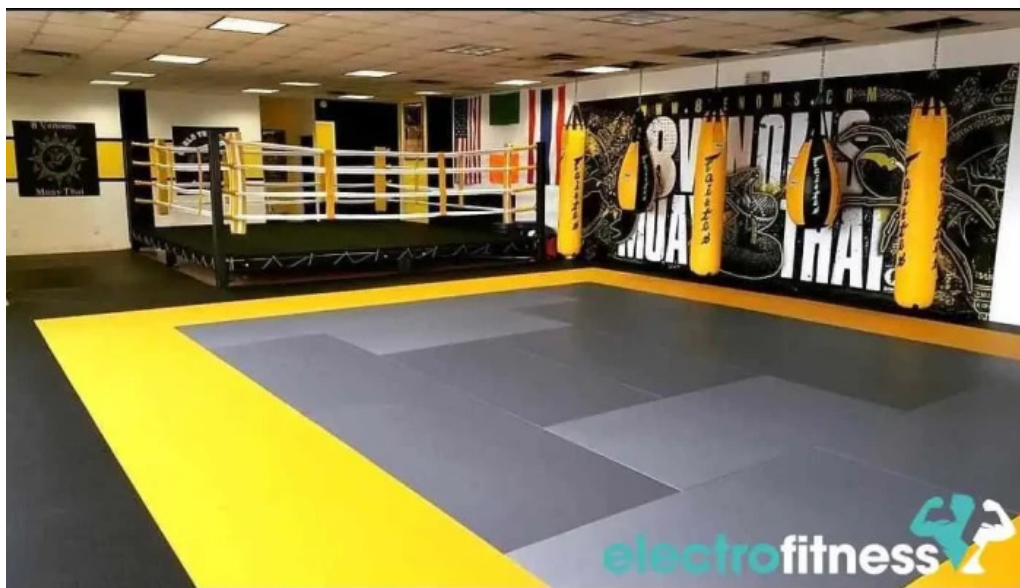
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Wheelchair-accessible entrance, Membership required, Good for kids, Crowd, Accessibility, Children, Planning, Appointment required, LGBTQ+ friendly

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