

## Recovery in Fitness - Cumberland

cumberland

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*cumberland*

## *Recovery in Fitness - Cumberland*

### **Recovery in Fitness: A Beacon of Hope in Cumberland, Maryland**

In the heart of Cumberland, Maryland, **Recovery in Fitness** stands out as a leading non-profit organization dedicated to promoting health and wellness for all individuals. This organization focuses on providing accessible fitness opportunities for those with disabilities, ensuring that everyone can engage in physical activities that enhance their quality of life.

## Commitment to Accessibility

One of the core principles of Recovery in Fitness is its strong commitment to **accessibility**. The facility is designed to cater to the diverse needs of its community members, ensuring that no one feels left out when it comes to fitness and rehabilitation.

## Wheelchair-Accessible Car Park

The **wheelchair-accessible car park** at Recovery in Fitness is a testament to this commitment. It provides convenience and ease for individuals with mobility challenges, allowing them to focus on their fitness journey without the added stress of finding suitable parking.

## A Community-Focused Approach

Recovery in Fitness actively engages with the local community, offering programs that are tailored to various needs. From adaptive exercise classes to specialized equipment, the organization ensures that every member has the tools they require to succeed.

## Conclusion

As a prominent non-profit organization, Recovery in Fitness exemplifies how accessibility can transform lives. By providing wheelchair-accessible facilities and fostering an inclusive environment, they continue to inspire many in Cumberland, Maryland, to embark on their recovery and fitness journeys.

## You can reach us at

113-115 Baltimore St Suite 203, 21502 Cumberland, Maryland - United States (US)

The contact phone of this **Non-profit organization** is +1240-580-3555

And if you want to send a WhatsApp, you can do so at +1240-580-3555

## We open at the following schedule:

Day Hours  
Monday

Closed

Tuesday

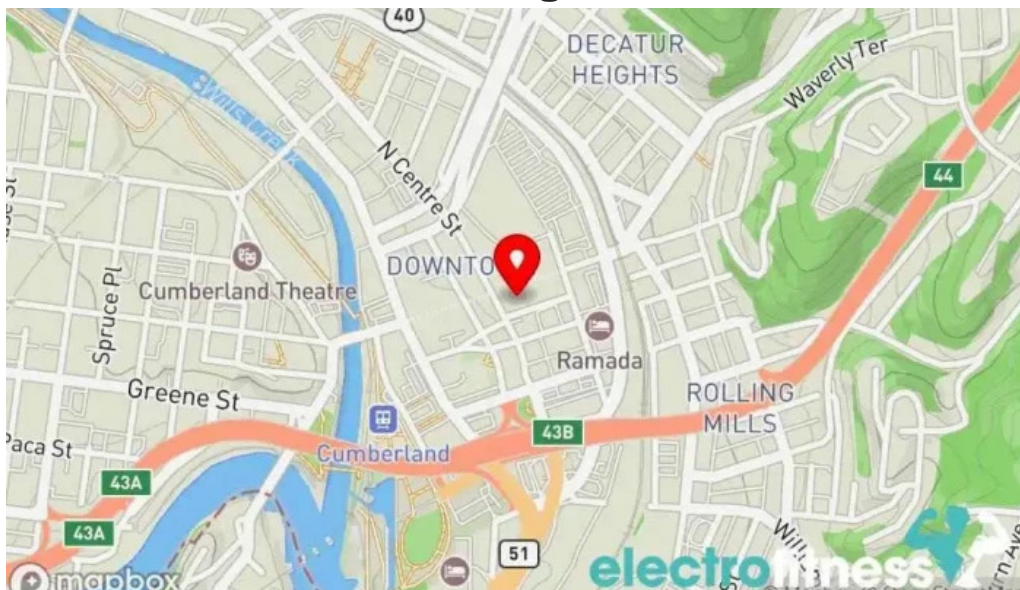
9?AM–5?PM

Wednesday  
9?AM–5?PM  
Thursday  
9?AM–5?PM  
Friday  
9?AM–5?PM  
Saturday  
9?AM–5?PM  
Sunday  
Closed

The website is [Recovery in Fitness](#)

In case you want to alter any information that you feel is not precise about this portal, we ask send us a message so that we will handle it as soon as possible. In advance thanks.

## Images



*Recovery in fitness map*



*Recovery in fitness cumberland*



*Recovery in fitness all*

## Tags

*Wheelchair-accessible car park, Accessibility*

## Related content

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**4.4 \*** *Cumberland Ymca (Riverside) - Cumberland*

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**5.0 \*** *Asclepius Fitness And Recovery - Yakima*

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**5.0 \*** *Bam Fitness and Nutrition, Llc - Cumberland*

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**4.8 \*** *Planet Fitness - Cumberland*



<b>4.7 *</b>	<i>Elements Wellness Spa and Fitness Center - Cumberland</i>
<b>5.0 *</b>	<i>Sbg Maryland - Cumberland</i>
<b>5.0 *</b>	<i>Sculpted Md Training and Recovery - Highlands Ranch</i>
<b>1.0 *</b>	<i>Rise Paralysis Recovery Center - Walnut Creek</i>
<b>4.7 *</b>	<i>Life Fitness Management - Cumberland</i>
<b>5.0 *</b>	<i>Iron 24 Fitness + Recovery - Greencastle</i>

## Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment complex
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor

country club
coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist

martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
software company
spa
spa and health club
sporting goods store

sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization