

Lehigh Valley Parkour Academy - Allentown

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Lehigh Valley Parkour Academy - Allentown

Discovering Lehigh Valley Parkour Academy in Allentown, Pennsylvania

Lehigh Valley Parkour Academy (LVPA) is a fantastic place for children and adults alike to explore the exciting world of parkour. Nestled in Allentown, Pennsylvania, this academy has quickly become a favorite among local families seeking a dynamic and supportive environment for their kids.

Accessibility and Convenience

One of the standout features of LVPA is its **accessibility**. The facility includes a **wheelchair-accessible car park**, ensuring that everyone can enjoy the benefits of parkour training, regardless of physical ability. Families appreciate the ease of access, allowing parents and guardians to focus on their children's training without concern.

Positive Experiences from Parents and Kids

Parents have shared wonderful experiences about their children's time at LVPA. One parent remarked, "Both my kids have started Parkour in the last week, both have had great experiences so far!" This sentiment is echoed by many who find that the coaches are not only knowledgeable but also incredibly supportive, helping kids build confidence as they learn new moves and techniques.

Coaching Excellence

The coaching staff at LVPA is frequently praised for their attentiveness and ability to engage with each child. As one parent noted, "The coaches are attentive and observant," striking a balance between challenging students and respecting their limits. This individualized attention helps children to flourish in a safe environment where they can develop their skills at their own pace.

A Welcoming Atmosphere

LVPA creates a welcoming environment that encourages participation from all skill levels. Many parents have commented on how their children, even those who typically struggle with structured activities like soccer or karate, find joy in parkour. One parent shared, "Parkour turns out to be great for him; it's more free-form and gets his energy out." This flexibility allows each child to thrive, promoting both fun and personal growth.

Building Confidence Through Parkour

The journey at LVPA goes beyond just physical skills; it's about building confidence and resilience. Parents have reported seeing improvements in their children's strength, balance, and self-esteem. As one mother stated, "My son has improved in strength, control, and mental toughness," highlighting the broader impact of the training on children's lives.

Conclusion: A Community Gem

Lehigh Valley Parkour Academy has established itself as a beacon of positivity and skill development in Allentown. With its emphasis on accessibility, expert

coaching, and a nurturing atmosphere, it's no wonder families are driving an hour to attend classes here. For anyone considering introducing their children (or themselves) to the world of parkour, LVPA is a highly recommended option that promises not just fun, but valuable life lessons as well.

The premises are located at

1639 W Washington St, 18104 Allentown, Pennsylvania - United States (US)

The phone number of the mentioned **Parkour spot** is +1610-849-2001

And if you want to send a WhatsApp, you can do so at +1610-849-2001

Our opening hours are:

Day Hours

Monday
4–8?PM

Tuesday
4–8?PM

Wednesday
Closed

Thursday
Closed

Friday
4–8?PM

Saturday
4–8?PM

Sunday
4–8?PM

The website is Lehigh Valley Parkour Academy

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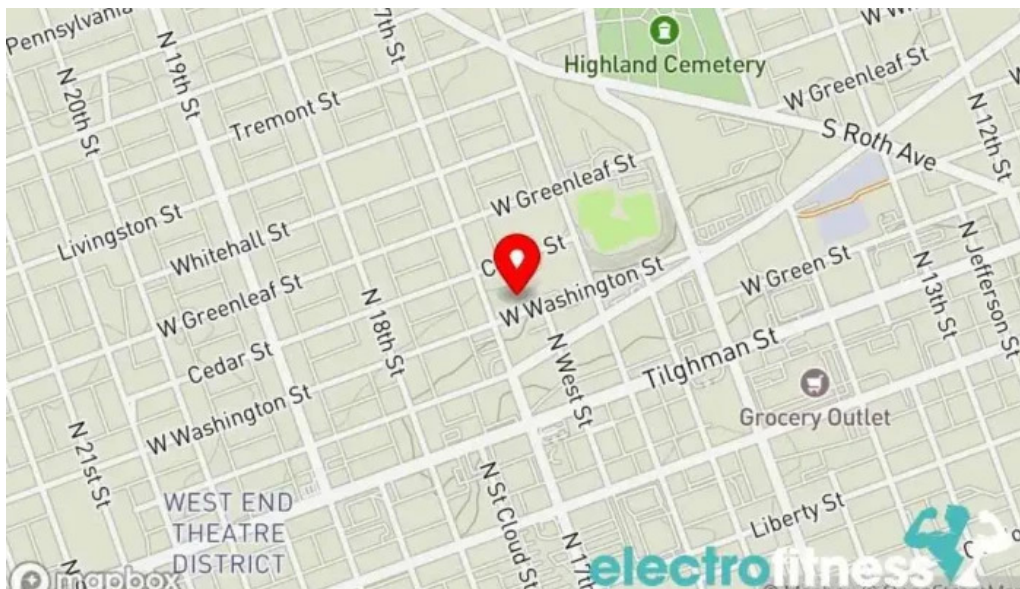
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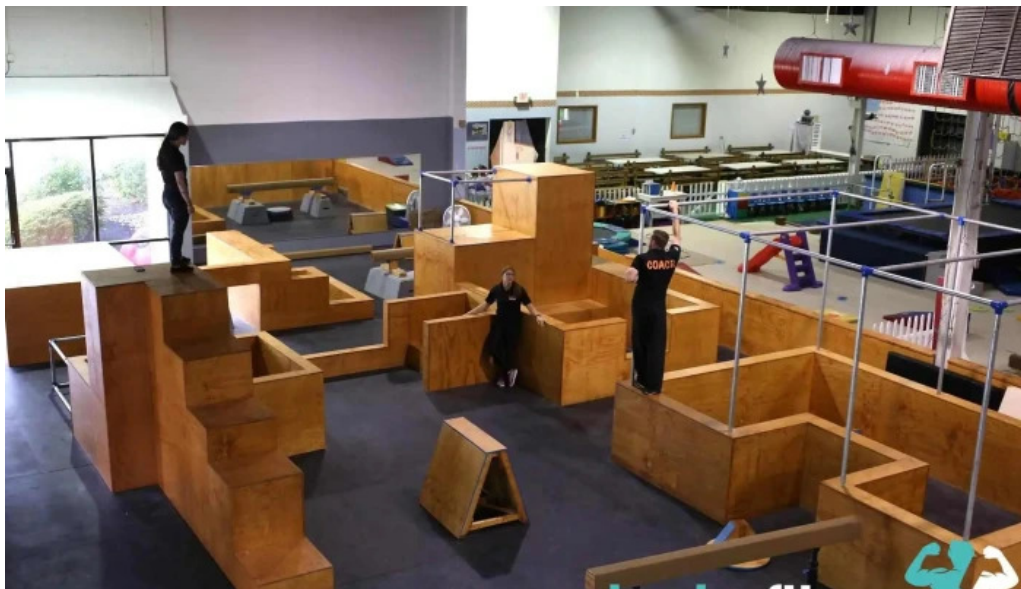
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Lehigh valley parkour academy parkour spot



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Accessibility, Wheelchair-accessible car park

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